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The thyrde and last

parte of the Secretes of the reuerende Maister Alexis of Piemont, by him collected out of diuers excellent Authours, with a necessary Table in the ende, conteyning all the matters treated of in this present worke Englished by Wyllyam Warde.

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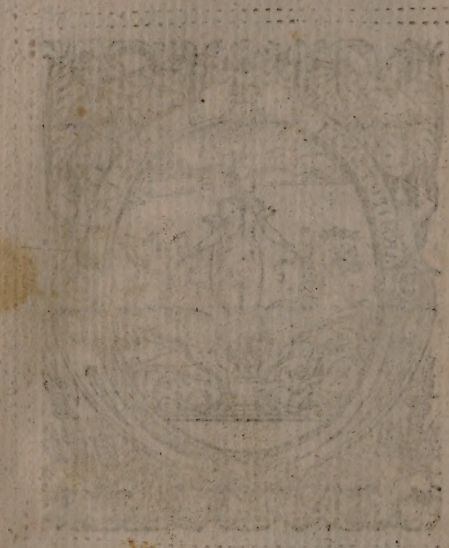

Secretes and soueraigne re- 1.

ceptes well experimented and tryed by diuers Authours.

Agaynst euery greese or payne of the head, except the Pockes.

TAke red Roses, Camomill flowres, Melilot, Calamint, Sothernwood, of eche two handfulles, seeth them in fourtye pounde of water & good wyne, vntil half be consumed. And with this beyng hote let the Patient washe his legges euerye nyghte and morynge, from the knees downewarde, and hys armes from the elbowe downewarde. Also he must not haue hys stomacke full.

A preseruatiue agaynste the fallynge syckennesse or epilepsia.

TAke the beste castoreum, that you can fynde, and assa fetida, of eche halfe a Dragme, rootes of Ptony wel beaten into pouder a dragme, aromaticum rosatum two dragmes, of all these beynge well mirte and mingled together with Syrope of Pynte, make seuen Pilles, to be taken twyse or thryse a weeke when you goe to bed. It hath been often proued.

Agaynst the fallynge syckennesse.

THe Patient beynge tourmented with this disease it is good to make hym smell burnte Fethers, or olde Shoes, for that reuiueth and maketh them come to them selues.

Another soueraygne remedye for the same.

TAke a hundred Swallowes, an vnce of castoreum, as much Wyne as shall suffice, & of the best that can be found. Distil all together and geue the Patient drynke thereof thre Dragmes fastyng. This water is also verye good for men that be apoplectique yf they be washed with it.

Agaynste the Palsey.

TAke myrrhe, mastir, of eche two dragmes franken sence a dragme and a halfe, Cloues, Synamome, Nuttmegge, Lignum Aloes, Mace of eche a dragme. Beate all these into very fine pouder. And the pouder beyng sprinkled with aqua vite, and dried againe you muste yet once sprinkle it againe, and continuinge so sprinkling and drieng it fyue tymes. Then beate it smal againe. And with this pouder parfume a fore skin laieng two dragmes therof vpon quick coles to the intent that the parfume be receyued through oute all the skynne, and so laied vpon the member that is infected. Or els (whiche is better) let the skinne poudered with the sayde pouder, be layed whote vpon the paraliticke member and so worne: And you shall see a merueylous effecte.

Another waye.

TAke a pounde of Aqua vite, the roote of iua, the roote of acorus, ye roote of Isope, of ech two dragmes blacke Peper, Cloues, Nutmegge, of eche a dragme, Mace half a dragme: All this you must stampe well, & bynde it in a fyne lynnen clothe and let it stiepe in Aqua vite thre hole dayes, then drene oute the water, of this water take halfe an vnce: water of iua and of Endiue of eche three dragmes: geue it the Pacient to drincke in the breake of the daye, and let him not eate in sixe houres after. The Pacient shall feele a greater effect if the same day that he drinketh the water, he also washe the sore member with it.

Agaynst the fransey.

THe bodye beinge purged, it is good to shaue the head, and to laye vpon the seame of the crowne of the head quicke Pigeons (hauing first clefte them in the backe, and drawen out the entrayles) leauynge them so vpon his head vntill they ware colde: or els litle whelpes of a moneth olde their garbishe pluckt out: or if you will the lunges or lightes of a sheepe or wether hote. But because one of the principall causes of the fransie is the tourment of watchinge, you must labour

bour to prouoke slepe as much as you can, by remedies mete therefore: as with washing his legges from the knees downewarde, and his armes from the elbowe downewarde, with the decoction of violet flowers, of Nenuphar, of the ryne of Mandragore rootes, and annoyntynge his temples, the toyntes of the arme euen to the hande, and of the legge vnto the foote with the oyle of Nenuphar and poplar mirt together.

A tryed remedye agaynste the greate payne, ryngynge and defnesse of the eares.

TAke the oyle of Castoreum two vnces, oyle roset, and oyle of better Almondes of eche an vnce, of Aqua vite two vnces, mingle al together and seeth it vntill the Aqua vite be consumed. Than euery night at euen whan he goeth into his bedde, droppe foure droppes into his eares, and stoppe them with Cotton sauourynge some what of Muske. It is a thynge proued.

Another remedye well knowen and tryed.

SEeth in some potte a pounde of Walnut oyle, and whan it smoketh, make the smoke enter into the pacientes eares by a fonnell.

A remedye to stenche the bleedyng at the nose.

TAke the iuyce of Plantaine, Rose water, and the best Vinaigre you can, of eche foure vnces: yelkes of Egges well beaten two vnces: of acatia mirte with the sayde thynges halfe an vnce: mingle al together, and annoynte your forehead with it and your throte with some cloth.

Another for the same well proued, and of a merueylous strength.

THe Pacient shall take the water of panis porcinus as much as shal neede, ꝑ which he shal take vp at the nose, & incontinent he shal feele him selfe holpen.

Another soueraygne remedye.

TAke the blood of a man (that is to say that bleedeth at the nose) an vnce or two: and burne it vpon some plate of iron, then make it into fine pouder, & blow it into his nostrelles, and he shalbe well.

Another for the same.

TAke of the best Vinagre you can get, Plantayne water of eche two pounde, wete certayne lynnen clowtes in it, and laye them to the soules of hys feete, and palmes of hys hands, and agaynst the lyuer, and the bloode shal furthwith stent.

For the tooth ache, a remedye proued.

Hiera Picra a medicine to purge fleme and collor.

TAke halfe an vnce of Hierapicra: two Dragmes of Mythridate, and halfe an vnce of Aqua vite, and with all these mingled together, you shal often times a daye annoynte the tooth that aketh and rounde the gomme that he standeth in: for this is singular yf the ache comme of cold.

Another remedie whether the ache be by cold or heate.

TAke stronge whyte Wyne halfe an vnce, of the rootes of Iusquiame in Englyshe whyte Henbane, an vnce: Let all be well sodden together, vntyll the thyrd part or half of the wyne be consumed, w̄ this hote wyne wash al the gomme of that tooth that aketh and keepe it a good whyle in your mouth, on the syde where the tooth is.

Another for the same.

TAke Sage flowers, Rosemary, Betony, Sticados arabic, Marioram, of eche a handefull and a halfe: of Nigella or melanthium in Englyshe Geth, of perythrum in Englishe Pelytorye of eche two Dragmes. Let all this bee sodden together, in a sufficient quantitie of whyte wyne vntil the halfe be consumed: then straine it and stampe these herbes, and make thereof a plaister and laye it vpon the Jawe of the akynge tooth, & kepe the wyne that is strained out in your mouth as whote as you maye endure it.

Another remedie.

ALso, if the sayde tooth be hollowe, mire halfe an vnce of Triacle together with Negella and pyrethrum of eche halfe an vnce, and a Dragme of Aqua vite.

And

And of this mixture fyll vp the hole of the tooth. But yet if all this (after you haue proued it) helpe you but a lytle or nothyng, put to eche of these remedies two or three graynes of the iuice of Poppye, called in Latyn Opium, and laye all as is sayde vnto the griefe that troubleth you.

A remedye for the stynkynge of the mouth and nose.

TAke a pounde and a halfe of Rose water, a pounde of Violet water, halfe a pounde of Marioram water, beate into pouder Nutmegges, Lignum aloes, Synamom, Galingale, Zedoaria, of eche two Dragmes, mixe all with these waters, and fyll it in a Limbecke. This done, parfume the water with eyght graynes of fyne Muske. The head beynge purged with this water, that is to saye, takyng it vp euery daye at the nose into the head: but yet fastynge, and the nose fyrst well purged, you shal see a meruelous effect.

Another for the same.

IT is a thing proued and tryed, and very good to take fastyng euery daye at the beginning of dinner, or els from day to daye an Alephangine pille.

A verye good gargarisme or gargellynge of the throte agaynst the Quinsey.

TAke two pounde of Lycorous water, the iuyce of Plantaines, the sucke of Mulberies, the sucke of Myrtelberries, of eche two vnces: all this mixte together, seeth it well: than straine it and let it coole agayne, and than let the Patient gargle & washe his throte slightly withall.

For the same.

IT is a remedye proued and tryed, to blowe wyth a Reede in hys throte fyne pouder of Plantayne leanes dryed.

Another for the same.

IT helpeth muche also to annoynt the soore wyth the oyles of Camomille, of Violetts, of swete Almonds,

and

and of the greafe of a Henne, as much of the one as of the other, mixing it al together, and to annoynt therewith the foore place, with the application of newe fhorne or vnwafhed wulle.

An excellent plaifter to foften or rype an impoftume in the throte.

TAke of Swallowes neftes a pounde, and make thereof a plaifter with as muche Oyle of fweete Almondes, and of Camomille as fuffifeth to make it, and laye it hote to the Pacientes throte.

Againft fpytynge of bloode commynge of the Lunges or Lyghtes.

TAke the fucke or iuyce of Purfelane and Plaintayne of eche an vnce: beate into pouder a Dragme of redde Corall, and halfe a Dragme of the ftone Hematites in Engliſhe bloodſtone: and all beyng mixte together geue it to the Pacient at all tymes when he fpitteth bloode.

For the fame another remedy tryed and proued.

MAke into very fmall pouder gumme Arabic, Tragacantha, Hartes horne burned, of a bloodſtone burned, and redde Corall burned, of eche halfe a Dragme, and of Bole armenicke two fcruples: mixe all with the yelke of a rawe Egge, and geue it the Pacient when he fpitteth bloode.

Another remedy founde very fyngular.

ROſte well two Dragmes of Rubarbe, together with the feede of Purfelane and Coriander prepared, of eche a Dragme, make all into verye fmall pouder, and mingle a Dragme of this pouder with as muche iuyce of Purfelane as fhall fuffice, and geue it to the Pacient whan he fpitteth bloode.

Another remedy of merueylous great vertue.

TAke of the iuyce of Wilfoyle two vnces, of a bloodeſtone burned, and well beaten into pouder two Dragmes

Dragmes, and geue it to the patient colde.

Another secrete for the same, certayne and experimented and good at all houres.

TAke the shelles of some rawe Egges, take awaye the lytle skinne that is within, and drye them so that they maye be made into pouder verye fyne. Than mire two Dragmes of this pouder with three vnces of Plantayne water, and geue the patient of it euer whan he voydeth bloode, and you shall se that the Lunges wil be sounde. But if you wil that this medicine worke with more speede, and greater efficacie, mire it with two Dragmes of the sayde pouder, with halfe an vnce of syrop of drye Roses, halfe an vnce of Purselane, and as muche of syrop of Myrtell, whiche thing you shal geue ỹ Patient fiue dales together. And this thus taken he may be wel assured that from thence forwarde the payne wyll neuer breake more.

For the same.

IT is a remedie most certayne and proued as well to heale this sickennes chaunced to a man, as for to preserue one from it before it come, to eate euerye morning fasting a scruple of Rubarbe rost.

Another for the same.

EUerye daye at nyghte whan the Patiente woulde slepe, let hym suppe a sponefull of mundified Barley. For, at the last, the effect is very great, as well to preserue him, as to heale hym of it.

Agaynst the vlceration of the Lunges or Lightes, and spettell full of matter and corruption.

TAke a pounde of the tayles of riuer Creuices, and foure pounde of Cowe or Ewes mylke: and seeth all together vntil halfe the mylke be consumed. And than stampe well the tayles of the Creuices or Crabbes, and dissolue them in good mylke, putting to them halfe a handfull of Barley flower, and asmuch

of amylum, of ſweete Almonde milke foure vnces, the yelke of a newe layed egge, and foure vnces of Sugre very whyte: mengle all together, and ſet it on the fyre to ſeeth, ſturring it alwayes ſoftly, vntil it be wel ſodden. This doen let the ſicke man eate of this compoſition at morynge and euenynge as muche as he ſhall thinke good: and he ſhall fynde hym ſelfe very wel.

Another for the ſame.

TAke vi. Dragmes of white Poppy ſede, of Endiue ſede a dragme & a halfe, & as much Sorrel ſede, kernels of Quinces made cleane two Dragmes, the ſeedes of Melons, Gourdes, Cytrons, Cowcumbers, of eche an vnce and a halfe, of Gomme Arabick, Tragacantha, of amylū, of eche a dragme, of ỳ iuyce of Licorous two Dragme, of the Lunges of a Fore a Dragme and a halfe, Yenides the waighte of the whole, myre and burne al ſlightlye: Than make it into a fyne pouder, wherof you ſhal take two Dragmes, mingling it with an vnce and a halfe of the ſyrop of Iuiubes, & thre vnces of the water of Snayles diſtilled. Than geue thys drinke luke warme to the Pacient in the breake of the daye.

Another for the ſame.

MIngle halfe an vnce of verye whyte Sugre with fyre vnces of the mylke of an Aſſe newe mylked, and take a lytle of it at the breake of the morynng, ſlepinge a lytle vpon it, and at nighte whan you go to bedde, continuynge ſo a moneth at the ſpryngе, and twentye dayes together in Haruеſt.

A remedye for ſhort wynded men.

TAke an vnce and a halfe of Licorous made cleane, with as much Cetrac the graines or cornes being taken away, Iuiubes, & Sebeſten or Myra of eche tenne, the roote of Emula campana, purified or made clean halfe an vnce, the roote of Foole foote or Horſe hooke, called of the Apoticaries Vngula caballina, two Dragmes

let al

let al seeth in a sufficient quantitie of water, vntil the halfe be consumed, than straine it, and dissolue with that which is strayned three vnces of the best Manna, or elles an vnce and a half of the flowers of Acesis, and geue it to the Pacient at the fyrst tyme when the pain taketh him, it is a thing tryed, so singuler that it wyll heale the sicke man, so that the Phisition shall bee no more troubled with him.

A drynke for the same disease, to be taken euerye daye thryse.

SEeth wel and longe two vnces of the Jupce of Emula campana, with as much of the Jupce of Jsope, and a pounde of the water of Foole foote or Horse hoofe: and make thereof a syrope with as muche Sugre as shalbe necessarye, of the which the Pacient shal take in the morning two vnces without water, and as muche as at noone, and whan he entreth into his bedde: and as longe as the paroxisme and fitte of his payne, it is good to put amonge it foure droppes of gomme Armeniack, with two vnces of Oximel simple, and giue the Pacient drynke of it.

Oximel honny and vinaigre sodden together.

Another tryed secret good for poore folke.

MIxe a pounde of wylde Mallowe or marche Mallowe rootes dried in the shadowe, with foure pounde of sodden honnye well scommed: sturre it vpon the fyre vntill it be lyke an Electuarye, whereof let the Pacient take often tymes, and he shal fynd him selfe eased.

For the same, and good also for the poore sorte.

TAke of cleare condite water two pounde, of Leeks chopped very smal three vnces, of freshe butter two vnces, of the best Sugre an vnce and a halfe, and the yelks of an Egge. All this being very well beaten and syrred by the fyre, shalbe geuen to the Pacient at dinner and supper.

A remedy agaynst the pluresye.

IT is a thing wel tried that at the first assault or comming of the payne of the syde, it is verye good to be let bloode in the vayne called Basilica, of the opposite arme: but if the blood be let out at the fourth accesse or comming, or soone after, the Pluresie wyll by and by voyde away: notwithstanding you muste neuer let the Pacient blood but his bellye must fyrste be purged and losed, either with taking some cassia at the mouth, or els with some soft glister.

A decoction for the stomacke, verye good agaynst the Pluresye.

BEing let blood, as it appertayneth, take the sucke or iuyce of Isope, capilorum Veneris, Figges, Dates, Sebesten, dried Reasynges, mundified Barley, Licorous made cleane, of eche half a handful: seeth all in water as much as may suffice, & put for to dissolue in it thre vnces of grained Manna. But if the Pacient be a poore man take an vnce and a half of Pulpa cassiæ, whiche is the inner part of it called also Medulla, in stede of Manna, and giue this drinke. xxiiii. houres after hys letting bloode, and very earlye in the morning, it is a thing certaine that in prouing this the Pacient shalbe healed, although he were not let blood but a litle before the fourth accesse, because the matters and substaunce that nourished the disease in the larger condites are purged awaye.

Another remedye moste certayne agaynst all Pluresyes, as proued as diuine, for to preserue a man that he dye not of it.

MAke an oyntment of two vnces of Dialthea mirte with half an vnce of swete Almondeoyle, wherwith being hote annoynt the sore syde, castynge vpon it the pouder of halfe an vnce of Commin stamped very small and boulted. That doen, heate a Cabbedge leafe vpon the hote coales, and spreade with old Butter but not salt, laying it hote vpon the griefe: the payne will cease meruey lously, and will resolue into matter

matter of an impostume, so that at the laste you shal haue the honour of it, and the Pacient health. Yet you must note that this remedie must not be vsed but at the fourth accesse, or els after. This remedy may also serue in euery great griefe dispersed thorowe oute al the bodye beneth the head.

An oyntment to rotte or rype the pluresye.

TAke two vnces of Mucilage or Mucago of the sede of Cabedge, with as muche Mucago of the sede of Marche Mallowes, Mucago of Figges an vnce, of Cowe milke thre vnces, of fresshe Butter two vnces, oyle of sweete Almondes two vnces and a halfe: mire al this together, sturryng it allwayes vpon a smal fyre and make thereof a soft oyntment with as much ware as shal neede. This doen, spreade it vpon newe shorne and vnwashed Wulle, and laye it vpon the griefe, renewyng it in foure and twentie houres three or foure tymes.

A playster for the same.

STampe well in a morter foure vnces of the rootes of wylde Mallowes well sodden, putte to it an vnce of Butter, an vnce and a halfe of honny, of Pigeons dunge two Dragmes: Mingle all together, and laye it hote right vpon the payne, and soone after the corruption wil breake.

For the same.

IT is a remedy well proued, although it be not much vsed, to geue ỹ pacient in. xxiiii. houres foure tymes foure vnces of the water Tartarum terrestre hoate. For in so doyng, the cure shalbe so fayre that you shall see the impostume broken and purged from all corrupte and rotten bloode. And more ouer he shall be preserued from spitting bloode, and from the consumption of the Lunges.

Agaynst the hote cogh, that is to say, when the pacient is so vexed with it, that he can not well slepe.

TAke a dragme of the Pilles of cynoglossa (in English houndes tongue, with syrope of Roſes, and make thereof fyue Pylles, whereof the Pacient ſhall take one euery daye at the entryng into his bedde.

Agaynſt the ſame, if his voyce be hoarſe with it.

TAke Diacodion, and of the pouder of Tragacanke cold, Penides, of eche. ii. dragmes, Bole armenick a Dragme: Make all this into a very fyne pouder, and with the ſyrop of Myrtle make Pilles lyke Peaſon, of the which whan the Pacient goeth to his bedde he ſhall holde one vpon his tongue, and he ſhalbe wel.

A tryed electuary for the ſame.

TAke Diapenidion without ſpecies. Loch ſani & experti, of eche an vnce, of Penides. ii. vnces, & ẅ as much ſyrop of Iſope, as ſhall ſuffice for to incorporate all: make thereof an Electurye: whereof the ſicke man ſhall holde ſome in hys mouth lickynge it.

Agayne for the cogh.

TAke a pounde of freſhe butter without ſalte, thre yelkes of newe layed Egges, two vnces of the flowre of Amylum, and an vnce of Sugre melted in the water of Violets: Mingled all together, and ſtyrre it alwayes vntil it be well ſeaſoned and of a good taſt. It is a good remedy whiche maye ſerue you as well in ſteade of meate, as of medicine.

Pylles for the cogh.

TAke two Dragmes of Agaricke prepared, & myre it with a Dragme and a halfe of Frankenſcence made into pouder, and with the iuyce of Iſope, ſo make thereof ten Pilles, of the which the Pacient ſhal take one euery night whan he goeth to bedde. It is a remedye verye good, as well for yonge children, as for olde folke.

An oyntment for the lame.

Take

TAke olde Butter that is not salte, the Oyle of swete Almondes, and of whyte Lylies of eche an vnce, halfe an vnce of Mucelago of the seede of wylde Mallowes, with as muche of Mucilago of the seede of Mallowes, and half a scruple of Saffron: mire all together, and make thereof an oyntment with a litle Ware: wherewith beinge hote, you shall annoynt your breaste.

Agaynst the tremblyng and payntyng of the hearte. This is verye good, but especiallye for women, which are much subiect therevnto.

TAke the Pilles of dryed Cytrons, Zedoariæ, Doronici, calami aromatici of eche a Dragme, of Grami Paradisi, halfe a Dragme, of the rootes of Bugloss dryed two Dragmes, of fyne Muske halfe a Scruple, Epithimi halfe a Dragme: Let al be made into pouder as wel as is possible, and the pouder after sifted: whereof beynge mingled with the water of Turmentill, the Patient shall take a Dragme and a halfe, at the breake of the daye, and in the euenynge whan he wyll slepe a Dragme. And he shall see him selfe ryd and quit of his pain within seuen dayes.

A remedye agaynst the same, and verye good to restore the strength, beynge weakened with to great heate of agues.

TAke two Dragmes of the best Synamom, halfe a Dragme of Mace, of Hyacinthes, Smaragds of Rubies of eche halfe a Dragme, of perced or vnperced pearles, of eche a Scruple, of Golde and Siluer beaten into pouder, of eche a Dragme: Let al together be made into a verye fyne pouder, whereof tyrring it with Sugre dissolued in Rose water, you shal make litle Balles of two Dragmes a peece. I haue seene my selfe that many haue been with this confection preserued from the plague in a very daungerous tyme.

Another

Another remedie, wherewith I haue alwayes founde my selfe verye well.

MAke a drynke with two vnces of the sucke of Buglosse purged on the fyre, and two Dragmes of very whyte sugre mixte together, and drynke it luke warme euerye nyght whan you go to bedde, and before ten dayes be past you shalbe cured.

An Epitheme agaynst the same payne.

Epithema is a medicine layed to the region of the hart or lyuer to cole it.

TAke Rose water, Borage water, the water of Melissophylum, in Englythe Baulme, Sorrel water of eche fyue vnces, of Sandall whyte and rede, and of the sede of redde Roses, of eche a Dragme and a half, Lignum aloes, of the flesshe of the hart of a Bucke, and of Hartes horne burned, of eche a Dragme, of red Corall, of Ben whyte and redde, of eche halfe a Dragme, of the flowres of Buglosse, and of Borage, of eche a handefull. Let that be made into pouder that can be, and let all seeth together vntill the thyrde parte of the water be consumed: Than put to it three vnces of the best Malmesey, and two vnces of the best whyte Vinegre with a scruple of Saffron: mingle al this together and laye it whote vpon the sicke mans hearte, with a linnen clothe cleane dyed in grayne, early in the morning and at nyght before supper. For admit that than he feele his griefe or not: yet neuertheless this is a thing experimented and very good.

An oyntment very good for poore folke, that are not able to bye the forelayde medicine or nourishment.

TAke three vnces of yellowe Nenuphar, two Dragmes of the pouder of the same flowres of Nenuphar, of redde Sandall, of redde Coral, and of Sorrel seede, of eche a scruple, of Perles, of Lignum aloes of the flesshe of the hart of a Bucke, of eche halfe a scruple, three graines of Camphyre, of whyte ware washed in the water of Nenuphar, Cytryn or yellowe as much as shall nede. That which must be made in pouder, being so made, make thereof a softe oyntment, where-

with

with you shall annoynt the patient mornyng and euenyng aboute the heart, before his meales, and he shall be well.

Another composition very good in the tyme of a plague as well to preserue as to heale.

TAke an vnce of the best Triacle, halfe vnce of the iuyce of Lemons, a scruple of Saffron, of the two sortes of Pearles, of redde Corall, and of Sorrell seede, of eche halfe a Dragme: two Graynes of Camphyre: mingle all together very wel with two or three droppes of odoriferous whyte wyne, and make thereof an oyntment: a certayne quantitie whereof you shal spreade vpon a crymson silke cloth, laying it hote vpon the Pacientes hearte, renewynge it mornynge and euenynge.

Another oyntment verye good, and principally for chyldren that are troubled with wormes.

TAke halfe an vnce of aloes epaticum, a scruple of Saffron, two Dragmes of the iuyce of Cytrons, a Dragme of pleasaunt whyte wyne: mire all well together, and spreade it vpon some linnen clothe, and lay it vpon his heart.

A remedye agaynst the wormes in yonge children.

TAke ℈ flowre of bitter Lupines, aloes epaticū of eche thre Dragmes, of the iuyce of wormewodde two Dragmes, all wel mired together, let it be spredde vpon some cloth or cloute, and laye it vpon the chyldes Nauell.

A remedy agaynste the payne of the stomacke.

TAke two vnces of the cromme of the bread of Bran sprinkle it with the wyne of Pomegranettes betwene swete and sowre, and plaintaine water of eche foure vnces: presse that harde, and giue the wine tempered with the sayde water, vnto the Pacient: If the paine come of the continuall and great burnyng of an ague, take this drinke an houre before it comme and

you ſhal finde it of a merueylous vertue. But if ỹ pain be exceedinge, it ſhalbe good to geue vnto the Pacient this Bolus folowing, at what houre ſo euer it be that the payne taketh him.

Take thre Dragmes of the Electuarie of Succo roſarum, two ſcruples of Philonium romanum: Myre them and make thereof a Bolus, whiche ſhal greatly profite him.

Another remedye for the ſame, whan all other wyll not profyte hym.

TAke ſyrop of Roſes, ſyrop of Wormewod of eche an vnce and a halfe, a grayne of Opium, ſeeth them ſlightlye one walme, and ſtirrynge it together with thre vnces of the broth of a Henne, you ſhall giue the Pacient drinke.

A vomentation or nouryſhment verye ſyngular for the ſame.

TAke redde Roſes, the flowres of Camomille, of Wormewod, of Mynte, of eche a handefull: beate the ſayde herbes vpon whote burning tyles ſprinkled with whyte wyne, and laye them often tymes vpon his ſtomacke.

Another.

IT is a thing tryed agaynſt the payne of the ſtomacke ſo that it come not of colde, and alſo to bee preſerued from the ſame, to take daye by daye before meales, two ſcruples of Pilles of waſhed Aloes.

Another agaynſt the ſame.

TAke halfe an vnce of waſhed Aloes, and three vnces of honnye Roſet, ſeeth this in two pounde of water, vntil there remaine but halfe, than ſtraine it through a ſtrainer, & geue thereof vnto ỹ Pacient, euery daye early in the morynng two vnces: this will heale and cure his grief, or els wil preſerue him from it if he be not already taken with it.

Another remedy.

It is

IT is a thinge well proued, that the sicke man take earlye in the morninge a Dragme and a halfe of the best Mythridate: & straight vpon it drynke a draught of Malmesey, and by and by he shalbe healed or eased.

Another very good.

TAke fyue vnces of Camomille water distilled, and of Nutmegges well beaten into pouder halfe an vnce, if you giue it whote vnto the Patient, whan the payne hath him, he shalbe eased.

Another remedye proued

TAke flowres of Camomille, Melilot, Mynt, Pulegium, Calamynt, Southernewodde, Senegrene, seede of Lyne, of eche a handefull, red Roses, Spica syuanti, of eche two Dragmes, Danci, carui, Anyse, Dill, Fenel, of eche halfe a handeful, Galingale, Zedoaria, of eche two dragmes, Cloues, Nutmegges, Lignũ aloes Mace, redde Cozall, of eche a Dragme: let all seeth in a sufficient quantitie of water and odoriferous whyte wyne vntill the thyrde parte be consumed: than with a sponge steeped in whote lycoure nourishe therewith his stomacke morning and euenyng before he eate, and this wil bryng his stomacke in good state.

A nourishment very good agaynst the same.

TAke a pounde of oyle of Spike made in Balneo marie, warme it luke warme, and with newe shorne and vnwashed Wulle steeped in it, nourish therewith the stomacke, and at the last binde it vpon it.

A lytle bagge to carye aboute one agaynst the same disease.

TAke worme wod, Mint, Pulegium, Calamint, of eche halfe a handful, Nutmegge, Cloues, Mace, Lignum aloes, of eche adragme: make all into a fine pouder, and put it in a litle bagge, parfumyng it with odorifer-ous whyte wyne, and than lay it vpon your stomack: if you continue to carye it about you, you shal feele your selfe merueylous well.

A drynke for the same.

I Haue found my selfe alwayes very well, as well for beyng preserued from this payne of the stomacke, as delyuered of it, being troubled with it. To witte in takinge fire vnces of hounye rosat strained, a Dragme and a halfe of Nutmegges, and two vnces of the beste water of a Wine, and seeth them altogether vntil the water of the Wine be consumed, and in takyng fasting euerye morynge three sponnes full of that whiche is strayned.

Another remedye to lay to the stomacke.

TAke Mastick, Cloues, Nutmegges, of eche a dragme, halfe a Dragme of Mace, and as much of Synamome: make hereof a verye fyne pouder. Than tost the vpper or neither crust of a lofe of Wranne, and dippe it in whote Malmesey, strowing vpon it of ꝑ said pouder, and so layinge it vpon your stomacke whote, the payne will go away incontinent.

Another remedy well tryed and proued, and good, chiefely for yonge chyldren vexed with the payne of the stomacke: which is knowen, yf they vomite or belche.

TAke the crommes of Wranne breed foure vnces, rost or tost it, and beate it small into pouder, and after incorporate the pouder with the iuyce of wormewodde, and mynt of eche as much as shal suffice and put to it more a dragme of Nutmegges. Of al this being mixt together make an oyntment, and layng it vpon your stomacke, it will ease and cease the payne, the belchyng and the vomiting.

A remedy agaynst an apostume in the stomacke.

IT is a thing wel tryed, that if the Pacient take euery morynge at the breake of the daye, fire vnces of Camomill water distilled, he shalbe cured and healed of the impostume already begon in him.

Agaynst

Agaynst the same.

TAke foure vnces of Emula purified, two vnces of wormewodde newlye extract and make in forme of Loch, with as much Sugre as shall neede, and gene it to the Pacient morninge and euenynge before hys meales.

A playster for the same.

TAke two pounde of whyte honny, halfe an vnce of greene wormewodde, an vnce and a halfe of the rootes of marche Mallowes: seeth al together vntill it be verye well sodden, put vnto it some flower of Senegren, and of Lyneseede, of eche half a handefull. Than put to it some oyle of wormewodde, as much as shal serue to make a plaister, the whiche you shall laye vppon youre stomacke, renewynge it euenynge and morynge.

A nourishment or kepyng of the stomacke in hys naturall heate by washyng or bathyng it.

TAke two pounde of Turpentyne, the sucke or iuyce of wormewod, and of wylde Mallowes of eche foure vnces, of freshe Butter an vnce, of Saffron a Dragme, of oyle of Wormewod two vnces: mixe all, and seeth it one walwme: and beinge whote weate some linnen cloth in it, and therewithal washe and bath your stomacke morning and euening. And you shal se that by and by the matter wil dissolue.

A remedy agaynst vomityng.

YF the vomityng come at a certaine day or houre, it shalbe good that the Pacient, before or at the houre that he must vomite, do eate some morsell of tosted bread, steped in foure vnces of the wyne of sowre Pomegranetts, drinkyng also afterward the wyne.

An oyntment very good agaynst cholerick vomiting.

TAke oyle of Quinces, oyle of Roses, of eche an vnce: halfe an vnce of wormewod, of red Coral, and of red

Roses of eche halfe a Dragme, of Nutmegges a Dragme: beate to pouder that whiche maye be beaten, and with a litle ware make thereof a softe oyntment, and annoynt the Pacients stomacke with it morynyng and euenyng before his meales.

Another remedye agaynst phlegmaticke vomitynge.

TAke the yelke of an Egge rosted, a scruple of frankensence, with as much Mastick, make into pouder that whiche may be made into pouder, and put with the egge. And the Pacient shalbe wel yf he take of it euery morning fastyng.

A remedy agaynst the Hycket or yexynge.

MYngle a pounde of strong and odoriferous white wyne, with a Dragme of Galingale beaten into pouder, and make thereof a drinke, whereof the Pacient shal take whote, euenynge and morning two vnces, two houres before his meales.

Another.

IT is a thing founde very good, to gene the Pacient euery morynyng three houres before he eate, a racine of greene Ginger, and by and by vpon that let hym drynke two draughtes of Malmesey: and he shal quickly be healed.

Remedyes agaynst the payne of the Lyuer, come through ventositie.

TAke the roots of Galingale, and Zedoaria, of eche two Dragmes, a Dragme of Spica, with as much Squinantum, Cloues, Nutmegges, of eche halfe a Dragme: Let al be made into a smal pouder: and make thereof an Electuary with scommed Honny, as much as shall nede: whereof you shal take some euenyng and morning before you eate.

Another of a very great effect.

spire

Myre together two vnces of Diarhodon abated, Trium sandolorum an vnce, of the best Rubarbe made in fyne pouder a Dragme, and with syrope of Succorye, make an Electuarye, whereof the Pacient shall take euening and morninge before al other meate, the quantitie of a Walnut.

A remedy founde very good agaynst the Lyuer that is appostumate or corrupted.

TAke foure vnces of Diarhodon abated, of the best Rubarbe wel made into fine pouder, mingle all with the syrop of Succorye and make thereof an Electuarie. Let the thing that the Pacient shal take euery morynyng two houres before his meale, be of thre dragmes.

For the same.

IT is a thinge tried, that if you doe put newe shorne and vnwashed Wulle to steepe in the oyle of whyte Lilies, and the oyle Nardus celcica, laye it right where the paine is, & it shal kepe that the lyuer corrupt not.

Remedyes agaynst the Dropsye.

TAke drie Wormewod, drie Agrimonye, drie Soldanella, of eche two Dragmes, of Spica two scruples: all this being made into a fine pouder, lay to steepe in the water of the rootes of Eldern tree, as muche as shal suffice, and geue of it to the Pacient, euerye morning at the breake of the day two Dragmes.

Agaynst the same.

TAke three vnces of the iuyce or sucke of Iris, Galingale, Zedoaria, of eche two Dragmes, of Synnomom, of Cloues, of eche half a dragme of Soldanella, halfe an vnce. Al this being made into a very fyne pouder, make thereof an Electuarye with as muche scommed honny as shal suffice, of the which Electuary you shal geue halfe an vnce vnto the Pacient euerye morning two houres before he eate.

A drinke

A drynke of great vertue and ſtrength agaynſt the wyndye dropſye.

Myngle together two vnces of the water of the rotes of Malwoꝛt oꝛ Danewoꝛt, with foure vnces of the water of Elderne tre, and in dꝛinkyng this early in the moꝛnyng thꝛytye dayes together, you ſhal be verye well.

Another remedye verye good to take after a purgation.

TAke a pounde of Goates dunge, with as much of Oxe dunge, and dꝛie it in an ouen, and ſo make it into a ſmall pouder, incoꝛpoꝛatyng it with iuyce of woꝛmewod, and oyle of Rue, as much as ſhal ſuffice as it were to make therewith an oyntment. And ſpꝛede ſome parte of it vpon a lynnen cloth, layinge it whote vpon the Pacientes belly whan he goeth to bedde. The nexte moꝛninge folowinge, take foure vnces of ſtronge and odoꝛiferous wine, and ſeeth it with a hand full of Sage, and as much Roſemary, vntil the fourth parte of the wyne be conſumed: with the which beinge hote, you ſhall waſhe his bellye. All this done, take an vnce of Diagalanga, of Roſatum aromaticum, Triũ ſandalorum, Diarrhodon abated, of eche halfe an vnce: mixe all together with Roſat honnye, and make thereof an Electuarye, and giuing him a mouthful of it incontinent after hys bellye is waſhed.

Remedyes agaynſt the Dropſy, called aſcites. A drinke verye good to take once a weeke.

TAke as muche of the ſucke oꝛ iuyce of Iris oꝛ Gladiolus, as halfe an Egge ſhell wyll holde, minglyng it together, with it foure vnces of Pelitrat, with half a dꝛagme of the beſt Rubarbe well beaten in pouder. This dꝛynke beyng geuen whote and early in the moꝛninge vnto the Pacient: it is a wonder to ſee with what vertue and ſtrength it woꝛketh.

A synguler good Electuarye for the same, whiche ought to be declared or disclosed but to your speciall frendes.

TAke Agrimony, Cuscuta, dryed Grapes, Licorous Mirabolans, Tytrons of eche halfe an vnce, of the rootes of Parslye, of Fenell, of Capers and Agaricke, of eche an vnce. All this grosye stamped must be sodden vntill the composition of halfe the water, and strayne it: and in strainyng it put to it halfe a pounde of Honnye, and foure vnces of Sugre, and seeth it agayne vntil it be as thicke as Honnye. This done, put to it halfe a Dragme of the best Rubarbe, two Dragmes of gommie Turbith, a Dragme and a halfe of the leaues of Chamelœa, whiche hath leaues lyke to an Olyue, tempered in Vinaigre, two Scrupules of Diagridium corrected, of Spica halfe a Dragme, with as muche of Ginger: and make of al this an Electuarye, of the which you shal geue the Patient twyse a weeke. Note yet that the greatest quantitie may not be aboue halfe an vnce. And as for you remember to giue hym rather lesse than more, or as muche, havynge alwayes respect to the strength or weakenes of the Patient.

An oyntment for the same.

MYxe an vnce of Vnguentum sandalium, w̄ half an vnce of ỹ oyle of Nardus celtica, as muche of the Dyle of Camomille, wherewith forget not to comforte euery daye his Liuer morynge and eueynge, by annoynting the place right against it.

Another oyntment verye good.

TAke a pounde of Turpentine, of Frankencense, Mastick, Myrhe, of eche two Dragmes, Nutmegges, Cloues, Galingale, Zedoaria, of eche a Dragme and a halfe: the iuyce of Walwort or Dane wort, the iuyce of wylde Cowcumbers of eche an vnce: and let that be made in pouder that can be: and all put in a Limbecke, let it distille for to haue the oyle of it, wherewith you shall annoynte all his bellye. It is a

ſpecial good remedie, not only to aſwage the ſwelling of the bellye in this ſickneſ, aſcites or dropſie: but alſo to take awaye al waterye ſwellynge in what membre of the bodye ſo euer it be: yea it is good alſo for the ache or payne of the ioyntes, and of other partes come by colde.

A remedye agaynſt the yellowe laundiſe.

A Purgation firſt taken, take two vnces of grounde wormes dryed in the ſhadowe, and prepared in wyne, of the beſt Rubarbe a Dragme, of Dogges dunge dried half an vnce. Of all this together make a fine pouder, and geue vnto the Patient euerye morning an vnce and a halfe faſtinge, and continuynge fyftene dayes he ſhalbe wel.

Remedyes agaynſt the collicke.

TAke two vnces of ſtronge whyte wyne, of Nutmegges, and Cloues, of erbe halfe a Dragme, of Galingale a Dragme, ſtampe theſe groſſelye, and laye them one nighte in the ſayde wyne, and in the morninge geue it the Patient to drynke with a litle whyte Sugre. And let him continue thus drynkyng it twiſe a weke faſtinge. It is a thinge that I haue tried to be very good to preſerue a man from the collicke.

A remedye neuer to haue the collicke more.

TAke two pounde of the ryne or pillinges of thicke Rape rootes, and foure pounde of whyte Vonnye, boyle it together vntil the halfe be conſumed. Than mixe with it ſome pouder of Synomome, and Cloues, Nutmegge, Mace, blacke Pepper, of erbe two Dragmes, and kepe it in ſome veſſel. Of the whiche rynes or pillinges take euerye morynge faſtynge halfe an vnce.

Another remedye to take in the payne and tourment of the collicke.

Fire

Mixe halfe an vnce of the Electuarye of Dates, with a Dragme and a halfe of Philonij romani, and make thereof litle gobbets, the whiche you shall geue to the Patient fastinge, euer when the paine taketh him. And you must note that in case of necessitie a man may geue this medicine, yea before the disgestion of the saide diseases.

A very good pouder that healeth quickly the sayd sycknes.

Mixe a Dragme and a halfe of whyte Mulberye leaues dried in the shadowe, with a Dragme of the ryne or pillinges of a Radishe roote dryed also in the shadow, and a dragme and a halfe of the litle karnelles or stones of meddlars. All beinge made into ponder, geue vnto the Patient two dragmes in good and odoriferous whyte wyne.

A remedye which I haue founde to be verye good for all griefe or payne of the guttes or entrayles.

Take Diagalinga, and Diabuglossarum of eche two dragmes Philonij romani foure scruples, mixe al together, and make thereof lytle gobbets or lumpes: which you shal geue vnto the Patient at euerye tyme the paine tourmenteth him, and specially when he is yet fastynge.

A glyster wherewith I haue cured many.

Take thirtene vnces of strange whyte wine, foure vnces of freshe butter, fiue vnces of common oyle, Annice, Dill, Fennell, wilde Carwayes, called of the Apoticaries carui agreste, Dauci, ameos, carthami, of eche two dragmes: mixe them & seeth them al vntil the half of the wyne be consumed. Than straine it, addinge to that which is strained two vnces of Honye roset, an vnce and a halfe of red Sugre, two dragmes of common salt, and the yelke of an Egge, mixe all this together and make thereof a glyster.

Another agayost the same.

Seeth a pounde and a halfe of stronge whyte wyne, with two vnces of hote shaldynge water, vntill the fayde water be consumed, and make onely a glister of the luke warme wyne: it is a thyng tryed that after the other glisters this will helpe you much, yf the ague be not with it.

Another for the same.

Take eyghte vnces of the oyle of Rue, thre vnces of the oyle of Castoreum, two vnces of Philomium romanum, an vnce of Benedicta, of other thinges as before, sayning that you must put as lytle salte to it as is possible, to the end that the vertue of the Philomium may remayne in his. This glister is proued so good, that where as all other wyll not helpe, it will delyuer you: yea in a great nede or daunger.

An oyntment agaynst the same.

Take oyle of Castoreum, oyle of whyte Lilies, oyle of Rue, oyle of Theirt, of eche three vnces: the iuyce of wylde Mallowes, the iuyce of artemisia, of eche foure vnces, of shaldyng water fyre vnces, seeth al together, vntill the water be consumed: than put to it Melanthium, Mastick, Granum Paradisi, Galingale, of eche a Dragme and a halfe: of Peper, Cloues, Nutmegge, Lignum aloes, of eche a Dragme. Make all this into a fyne pouder, and seeth it agayne with a small fyre, and make thereof an oyntment with a lytle ware, and so anoynt the place where the grefe is, layinge vpon it cleane washed Mulle and warme. You shal see a meruelous operation.

A verye good receipt, whiche Pope clement the seuenth tooke in his laste syckenes.

Take Mastick, Frankensence of the male kynde, Mace, of eche halfe a pounde, Galingale, Zedoarie, of eche foure vnces, Cloues, Synamome, Xilobalsami, carpobalsami, of eche two vnces: of Ginger, Cardamony, long

ny, longe Pepper, blacke Pepper, of eche halfe an vnce Turbit, Agaricke, Rubarbe, of eche two Dragmes: the rootes of Endiue, rootes of Buglosse, and Borage, of eche two handefull: Betonye, Rue, the flowers of Sticados, Arabicke, Marioram, Sage, Rosemarye, of eche halfe a handfull: Let al be grossely stamped and beaten together, and put into an hundred pounde of stronge whyte wyne, and let it rest and remaine there three dayes together. And at the thre dayes ende presse it harde, and strayne the wyne out, and put it incontinent into a Limbecke, for to distill out of it Aqua vite. This done put into the water of the first distillation a pounde of mannes bloode of the bodye of a very healthful and fleshie man, put it agayne to distill. Do so in distillyng it alwayes vntil nyne tymes. That done take an hundred leaues of Goldefoyle of the best and the fynest that can be had, fyftye leaues of Siluerfoyle very fyne, Jacynthes, Emeraudes, Rubies, Granades, of the two sortes of Pearles, red Corall, red Roses, of eche a Dragme and a halfe, of verye fyne Muske, halfe a Dragme: Mingle all this together and make it all into a pouder, putting the sayde pouder into the last water distilled, and let it lye in it. xviii. houres. That done, put all again into the Limbecke and distil it with a small fyre: The which water being thus distilled the tenth time, you muste put into some thicke violle and stoppe it wel, or els al the water woulde vanish away. It is merueylous good agaynst al colde diseases, either within or without the bodye, taking of it onely a Dragme, or foure droppes with a lytle whyte wyne. But if the disease be hote without an ague, as other some be by reason of some hote matter, geue the Pacient of the sayde water mixte with water of Endiue, at euery tyme the payne taketh him. Neuertheless yf you wyl see with your eyes the merueylous Myracle that this water doth, geue fyue or syre vnces of it vnto any syckman which hath lost al his strength and force with a lytle wyne, sodainly you shal see al his strength come agayne to him. Also assure your selues that there is no

remedye moze soueraigne agaynst the plague, and sodayne death, than to drinke of it euery mozning befoze you goe oute of youre house fiue oz sire droppes with stronge wine, oz with the water of Endiue: oz elles to washe your nostrels within and without, with the rest of all your face with the same, oz with a litle wyne mixte with it, puttinge nothinge elles to it. I haue founde my selfe alwayes very well at all tymes of the plague by meanes of the same. Yea, namely it is good also foz those that haue the disease called apoplexia, oz fallinge sickues, if they washe their necke withall. This water is called Elisir vitæ benedicti.

A remedy agaynst the laxe or flyxe come of choler.

TAke sire vnces of ỹ sucke oz iuyce of Quinces: the iuyce of Endiue, the iuyce of Sozrell, of eche thzee vnces, Sozell seede, Plaintaine seede, of eche two Dzagmes: red Cozal, red Rose seede, of eche a Dzagme Plaintaine water foure vnces: seeth al togethez vntil the thirde parte of the water and iuyce be consumed. Than straine it pzessing it harde, making thereof a syrop with as muche fyne sugre as shall suffice, whereof the Pacient shal take two vnces mozning and euening two houres befoze he eate any thynge. This drinke is well tried, and very good.

Annoyntment verye good for the same.

TAke oyle Roset made of Olyues not rype, oyle of Quinces, oyle of Wyzel of eche an vnce, red Roses and redde Cozall of eche a Dzagme: Pasticke, Nutmegge, of eche halfe a Dzagme, make that into pouder that maye be made, making thereof an oyntment soft with a litle ware, wherewith annoynt youre stomacke and the lower part of yout belly.

Remedies agaynst the laxe disenterycke.

TAke sire Dzagmes of Myrabolaus citrinis burned, Plaintaine seede, Sozrell seede, Endiue seede, and all parched,

parched of eche three Dragmes : of the fower Cordiall flowers, beside Violettes, of eche a handefull: seeth all in a sufficient quantitie of water, wherein firste some steele muste be quenched, vntill the halfe be consumed: Than straine it, mixing with that which is strained two Dragmes and a half of the best Rubarbe parched & of Pholonij perfici foure Scruples. This drinke is founde very good by experience.

Another drynke very good.

TAke two Dragmes of Frankensence of the male kynde with as much Mastick: a Dragme of boale Armenick, red Corall, Hartes horne burned, of eche halfe a Dragme: of the stone called the bloodstone burned two Scruples: Make al into a fine pouder and steepe it in red wyne ỹ bindeth, and so geue the sycke man a Dragme and a half of it whan he goth to bedde.

Another remedye.

TO eate in this bloodye flyre euerye morynge fastinge halfe a Dragme of Rubarbe parched, is a thing wel tried and very acceptable.

Another drynke verye good, in case the Pacient haue therwyth anye greate doloure in hys bellye (as often tymes it happeneth) by reason of exulceration and knawynge of the guttes.

TAke three vnces eyther of Goates mylke or shepes milke, wherein must first be quenched some redde hote steele, an vnce and a halfe of the iuyce of Plantaine, Aromaticum rosatum a Dragme, myngle al together, and make a drinke for one tyme. Whereof geue the Pacient three dayes together: and the flyre shall soone after cease.

Another remedye when the payne is great.

TAke Myrtel berries. ii. dragmes, Sorrel sede, Plantain sede, of eche. ii. dragmes: of frankensence male

three

thre graynes, of newe yellow ware two Dragmes: of Synamome two Scruples: put al this into the bellye of a Turtle doue pluckt, ſowyng her vp agayne: than roſte her with a lytle fyre, and let the Pacient eate of her three or fyue dayes together. Or if you wil make a Coulys of her: and it is certaine that he ſhalbe healed.

Suffumigations or ſmokynges for the ſame.

The fyrſte

LAye an vnce of Turpentyne vpon a plate of yron made hote in the fyre, and let the Pacient receyue morninge and euenynge the ſmoke at his foundement thorowe a cloſe ſtoole. And continuynge ſo three or foure dayes, there is no doubt but he ſhalbe cured.

The ſeconde.

STampe well twoo poonde of the dunge of a ponge Aſſe, and drye it in an Ouen, and ſee ỹ it burne not. This done, take a parte of it & put it morninge and euenynge vpon hote coales vnder a cloſe ſtole: to the ende that the Pacient ſyttyng vpon it maye haue hys foundement ſmoked therewith. It is a remedy of great vertue agaynſt the bloodye fluxe of ponge children, yf firſt they be purged with a litle Rubarbe.

Another remedy for the ſame.

SEeth a pounde of apiaſtrum in Engliſhe Baulme, together with a handefull of Taxus barbatus in red wine and ſtronge vineygre of eche ſufficiently, vntyll the thyrde part be conſumed. Than ſtrayne out the wyne, and the vinaigre, & byndng theſe herbes faſt in a bagge good and longe, laye it hote euenyng and morynynge vpon his foundement. And continuyng ſo, you ſhall haue a good ende of it.

An oyntment very good for the bloody fluxe.

TAke Trochyſkes or lytle balles of Carabe, lytle balles of Terra ſigillata, of eche thre Dragmes, Gallæ muſcatæ, Galliæ alefangine, of eche a Dragme and a half, red Corral, red Roſe ſeedes, Maſticke, Frankenſence,

of

of eche a Dragme. Let all this be made in pouder, and put in verye stronge red Vinaigre. xxtiii. houres together, and afterwarde drie it by the fyre or in the Sunne. That done, make it all agayne into pouder, putt ynge oyle of Quinces, oyle rosat rawe, or sharpe, oyle of Mastick of eche two vnces, with as muche whyte ware as shall suffice. And with this annoynt the Pacientes bellye.

Remedyes agaynst the swellyng and oppilation or stoppynge of the Splene.

TAke two vnces and a halfe of the iuyce of wylde Mallowes, or marshe Mallowes purified, two vnces of the iuyce of Calaminte, two Dragmes of Sene dried, and make thereof an Electuarye, miringe al this with as much as shall suffice of skommed Honye, and giue of it vnto the Pacient a sponnefull, thre houres before his meales. It is a remedye meruey-lous good.

A vomentation or nourishynge by washynge for the same.

TAke of the rootes of wylde or marshe Mallowes, of Garden Mallowes, of eche two vnces, Senegrene seede, Lineseede, flowers of Camomil, Melilote, of eche a handefull: Calamint, Baulme, cuscuta, Pulegium, Anyce, carui, Fennell, of eche a handefull: seeth all this in a sufficient quantitie of stronge whyte Vinaigre, and washe the place right against the Splene, euery daye bathing it, and the Pacient shalbe very wel at hys ease.

An oyntment agaynst the same.

TAke oyle of Rue, oyle of Capers, oyle of Camomille, of eche a pounde: of the strongest and best whyte wyne you can get halfe a pounde, rootes of wilde or marshe Mallowes, rootes of other Mallowes rootes of Ferne, of eche halfe an vnce: Braye well the rootes, and seeth them with all the rest, vntill there

remaine no more wyne: after that take it, and preſſe oute the Oyle, puttinge it to a pounde of the beſte and ſtrongeſt whyte Vinaigre with an vnce of panis porcinus wel ſtamped and puryfied, ſeethinge it wel againe, vntil the Vinaigre be conſumed, and than ſtrayning it againe, preſſe it harde that the oyle maye come out. Vnto theſe oyles thus ſtrayned oute, you muſte put oppoponacis, Bdellij, Galbani, armoniaci, of eche two dragmes: diſſolue thy gommes in ſtrong Vinaigre, myring them with the other thinges, and ſeethinge it ſlightlye once againe that the vertue of the gommes baniſhe not awaye: make thereof a ſoft oyntment, with verye good yellowe ware, wherewith annoynte the place right againſt the Splene euery daye morninge and euenyng.

Another fomentation or bathing for the ſame.

Pyrites, euery ſtone of the which there maye fyer be ſtroken.

IT is a thing experimented that if you waſhe or bath onely the Splene with very ſtrong Vinaigre wherein there hath bene quenched the ſtone called Marchaſita, whiche George Agricola calleth Pyrites, laying the clothe dipped in it, righte vpon the place of the Splene. Doing thus you ſhall not ſeeke anye other remedie, for this wil abate all the ſwellyng.

Remedies agaynſt the payne, ſwellyng and ventoſitie of the Matrice.

SEeth togither rootes of matricaria an vnce, Dauci, half an vnce, whyte Honny two vnces, ſkommyng well the Honny vntil it be throughly ſodden: and ſtraynyng and preſſing it harde, myngle this Honnye with two vnces of the broth that a Henne hath bene ſodden in, and three vnces of the decottion of anyce, and giue the woman drynke of it tenne dayes together: ſhe ſhalbe healed. Wherefore kepe it well in mynde.

Another tryed of ſome women.

Take

TAke a dragme of Nutmegges, a dragme and a half of ỳ roots of Matricaria, a scruple of Spica, seeth al this in sire vnces of good whyte wyne, vntil the thirde parte be consumed. Than strayne it out, putting into that whiche shalbe strayned two Dragmes of verye whyte sugre, and so gyue of it vnto the woman, at the breake of the daye, and at all tymes when the payne shall take her.

Another remedy very good, and well knowen of women.

TAke a sweete apple, and make him hollowe within, make a pouder of Nutmegges, Mace, Synamom, of eche half a dragme, Cloues half a scruple: put all this within the apple with a lytle Sugre, and rooste it vnder hote ashes, and giue of it vnto the woman euer when the payne commeth vnto her. But yf the payne encrease so muche that her lyfe is in doubt, put to all this two graines of opium, and sodaynely the payne wil depart.

Another.

TAke Calamint, Matricaria, flowers of Cammomille, of Sage, of Rosemary, of eche a handefull: Seeth all in lye, or ashye water of a sufficient quantitie, vntil the thyrde part be consumed with the whych water washe the legges of the woman, from the knees to the feete.

A fomentation or nourysshyng.

TAke a handfull of Artemisia, with as much of the flowers of Camomille, Mynte, and Calamynte, make hote a tyle, and powre some good and odoriferous wyne vpon it, and after put also the herbes vpon it for to laye them so hote vpon the Matrice, at euerye tyme that the payne commeth. Neuertheles, take heede that you washe or bath her not, because that all moysture is euil for her.

A very good oyntment.

Myxe a pounde of the oyle of Cheiri with foure vn-ces of the oyle of Sureau, heate it and annoynte the vpper parte of the Matrice with it, dippinge ſome lynnen cloth in the oyle, and layinge it hote vpon the Matrice. This alſo layed vpon a womans belly af-ter this ſort when ſhe is in labour, will eaſe and mitti-gate her paine.

A plaiſter or cere clothe to laye vpon the Matrice yf the griefe be olde or inuerate.

TAke an vnce of dryed Matricaria, with as muche of the flowers of Cheiri dried: half an vnce of Gallia muſ-cata, or els alefangine, if the woman be pooze of Galba-num, Bdellium, Serapini, of eche two Dragmes: Olibani, Ma-ſticke, of eche a Dragme and a halfe: Diſſolue theſe gommes in oyle of Cheiri, makinge into pouder the reſt that maye be made: and make thereof a playſter wyth a lytle pitche, waxe and oyle of Sefanni, ſpreadyng it vp-pon ſome leather, and layinge it vpon the place of the Matrice, and renewe it euery eyght dayes.

Remedyes to make a womans tyme to come that is let or hyndered by ſome cauſe.

TAke two vnces of the iuyce of Saupne, and puri-fie it, mixing with it two dragmes of Synamome wel made into pouder: foure graynes of Saffron, two vnces of the water Radiſhe rootes diſtilled with a lytle Sugre, for two tymes: this prouoketh meruey-louſly the flowers of a woman. Wherefore beware ye geue it not vnto a woman greate with chylde. For all that prouoketh her flowers, maketh her alſo to labour before her tyme.

Another remedye verye good alſo to cauſe a woman to brynge forth the chylde before the tyme, yf the wo-man be in daunger of it.

Myxe two graynes of Saffron, and two dragmes of Sugre in foure vnces of Pympernell water, making thereof a drinke, and giue it to the wo-man at twyſe, at the breake of the daye, and when ſhe goeth

goeth to bedde.

A washyng very good for the same.

TAke Calamint, Pulegium, Sage, artemisia, Rosemarie of eche a handefull, rootes of Iris or Gladiolus, the rootes of Walworte or Daneworte, rootes of Sureau, of eche half a handful: seeth all in good whyte wyne inough, vntil thre partes be consumed. Wherewith washe the woman in the mornyng, and when she goeth to bed, from the haunches downeward. Further more, the mornyng after she is washed, you shall geue her to drinke a dragme of olde Triacle, three graynes of Saffron, and two vnces of the water of artemisia, mixte together. This is so certayne, that if she vse it fyue tymes onely she shal haue her flowers.

Agaynst to much abundaunce of flowers.

MAke a verye fyne pouder of halfe an vnce of the inwarde skyn that coureth the kernels of wilde Fylberdes, giuing a dragme thereof vnto the woman, incontinent the to muche commyng shal cease.

An oyntment agaynst the same.

TAke the iuyce of Plantan, the iuyce of Solatrum, the iuyce of Rubarbe, of eche halfe an vnce, red Coral, Frankensence of the male kynde, Mastick, of eche a dragme and a halfe: Coriander prepared, seedes of redde Roses, of eche two Scruples, seedes of whyte Iusquiamum, the ryne of the rootes of Mandragora, of eche half a dragme: strong red Vinaigre half an vnce, make in fyne pouder all that may be made, and mingle al together, with the whiche beinge luke warme, annoynt the soules of the womans feete euerye night whan she goeth to bed, and you shal see a good & fortunat effect.

Against the prefocation or stranglyng of the matrice.

SEeth in stronge wyne the rootes of Gladiolus, the rootes of Calamint, the rootes of Ciclamen, in Englishe rape Violet, of eche a handeful, vntil half the

wyne be consumed: than strayne them, and with that whiche is constrayned out washe the womans knees morningeand euening: for it is very good.

Agaynst the same of what cause soeuer it come.

More a dragme of assa fœtida, and halfe a Dragme of Daucus, with Honnye roset, and make thereof fiue Pylles, and taking one of them euery morning, they are very good, as well to preserue a woman from it as to heale her of it.

Another agaynst the same.

Take two scruples of the best Agaricke, two Dragmes of Turpentine, seedes of Daucus, and assa fœtida, of eche halfe a scruple, mingle them and make lytle balles, of the which you shall geue the woman euery daye. For it is a thing very good to heale her, or els to kepe her from it.

Agaynst the same.

Take water distilled of the rootes of Daucus, of wylde Poppye fyue vnces, Honnye roset an vnce and a half: mixe al together, and giue the woman drinke of it. For whether the payne be alreadye or is lyke to come, she shalbe cured or preserued from it.

Agaynst the same.

Take two dragmes of castoreum, a dragme of the same womans heare, myxt with a litle Rosen of a Pyne tree, and make thereof greate Pilles as bigge as Filberdes, with one of the whiche Pilles perfume her nostrels, at the tyme of the prefocation or stranglinge of the Matrice, and incontinent she shalbe eased.

Remedyes to be vsed when the Matrice commeth out of her naturall place, or falleth.

You shall mixe oyle of Masticke with oyle of rosat, greene or raw of eche two vnces, then cupularum glandium, the flowers of wylde Pomegranade tree, the ryne

ryne of Pomegranades, Myrtelberries, of eche a scrupple, of Frankensence, mastick, Acatia, Hypocistidos half a dragme: mire them and make thereof a very fyne pouder. And then castyng it vpon the necke of the Matrice and dippe your fyngers in the oyle, and so put the matrice vpwarde with them.

A plaister verye good.

TAke Sorrell seede, the seede of Plantaine, and of Corlander prepared, of eche two dragmes: reede Cozall, seedes of red Roses of eche a dragme, Hypocistidos, acacia, Frankensence of eche a dragme and a half: Galles, the Pilles of Pomegranades, flowers of Pomegranads, of eche. ii. dragmes: beate al into a fine pouder, gathering together the pouder, w̄ the oyle of bertuyce rosat, & makinge thereof a plaister with ware & pitche asmuch as shal suffise, & spreade it vpō a peece of leather, a parte of the which you shall laye vpon the womans belly, right against the place of the matryce along vnto both her haunches. And this shall help her.

Remedies for the Matryce corrupted or apostumated.
A playster for to dissolue it.

TAke the flowers of Camomille, melilot, Matricaria, the leaues of mallowes, the rootes of Violettes, Bzanckvrsyne, of eche a handefull: the rootes of wilde or marshe mallowes cut very small three vnces: seeth it al in a sufficient quantitie of water vntil ẏ half be consumed: then put to it a handful of flowre of Linseede, with as much of flower of Synegrene, of Butter hennes grease, of eche as much as wyl grease ouer the plaister, the whiche you shall laye vpon the apostumate or corrupt place. Notwithstandyng remember that to euery griefe of the Matrice (as we haue our selfe well tryed and proued) all moyste fomentation or bathyng is hurtfull, and therefore beware in any case you doe it not.

Another playster for the same.

Take

TAke the iuyce of greene Camomil, and the iuyce Matricaria, of eche two vnces: mire them together with a pounde of the plaister of Melilot, and laye it vpon the corrupt place: It is certayne that doinge so often tymes, it wyll ware rype and rotte.

A playster.

TAke fyre vnces of Dyaquilon without Gomme: two dragmes of Saffron, an vnce and a halfe of the iuyce of Matricaria: make thereof ceratum or plaister with ware, and a lytle Rosen of a Pyne tree, and laye it vpon the place of the corruption: it is a singuler thynge.

Remedies against the vlcers or corrupt matter of the matrice.

TAke two vnces of the oyntment of common Tutia, dissolue it well in eyghte vnces of Ewes mylke, and squirt it into the Matrice. This is very good.

A drynke for the same.

TAke fyre vnces of newe and freshe mylke, myngle it with an vnce of Honny roset, and geue it to the woman tenne dayes together, thre houres before she eate any thyng. And this is also very good.

Remedies agaynst the whyte flyxe of women.

TAke gomme Arabicke, Dragacante, Amylum of eche two dragmes, of Mastiche, a dragme: make all into a fyne pouder, and with a litle good Sugre dissolue it in the iuyce of Quinces: Make thereof balles of two dragmes a peece: of the whiche geue one to the woman, euery mornyng three houres before she breake her faste, wherevpon incontinent let her drynke a draught of red stipticke wyne, doynge the the lyke at night before supper. And this shal helpe her so that in short space she shalbe healed.

Another

Another agaynst the same.

TAke the yelke of two egges raw and new layed, Frankensence of the male kynde, boale Armenick Terra sigillata of eche halfe a dragme, make into pouder, that which may be made, minglinge all together, and geue to the sicke woman: a mouthfull of it euerye morninge, fire houres at the least before she eate anye thyng. This remedye is so excellent that I haue cured manye with it.

A drynke.

TAke foure vnces of red stiptick and byndyng wine wherein you must often tymes quenche first some hote Steele, gomme Arabick, Dragacante, of eche halfe a dragme, mingle it together and make a drynke of it: Whereof you shal geue the woman fiftene dayes together earthly in the morning: and there is no doubt but she shalbe healed.

A pouder agaynst the same.

MYre halfe an vnce of Date stones well beaten into pouder with a dragme of Dragons bloode in red wyne, and geue the woman one Dragme of it at the breake of the day, and another when she goth to bedde, and she shalbe healed.

Remedies agaynst pyssyng hote.

A Syrop.

TAke Syrop of Violetts, and of Nenuphar, of eche an vnce, mingling with it Plantaine water, Porcelaine, of common colde seedes, of eche an vnce. This Syrop digesteth the collericke matter, and taketh awaye the bytyng humours that cause the heate in pissynge.

A drynke agaynst the same, to take three houres before dynner and at noone.

Mire foure vnces of the water of Mallowes with two vnces of Syrop violet. Drinke this continually seuen dayes: and at the eyght day mire with it an vnce of lenytife Diasebestes, with a dragme and a half of Diapruris laratyue, & make thereof a drinke with the water of the decoction pectorall, the whiche you shal geue to the Pacient.

Agaynst Gonorhæa, which is when a mans seede goth from hym vnwittynglye.

TAke foure vnces of Ewes milke, & mirt it with. ii. dragmes of Hares hear burned and wel made into pouder: geue the Pacient drinke of it twise a daye morning and euening two houres before he eate.

An oyntment agaynst the same.

TAke two vnces of Olibani, acacia, and Hypocistidos, of eche two dragmes, of Galles a dragme, Labdany, halfe a dragme: oyle of Mastick, oyle of Spike, oyle of Myrtle, of eche halfe an vnce: Make that into a fine pouder that can be made pouder, and make therof a softe oyntment with a sufficient quantitie of ware, putting to it at the ende halfe a scruple of Camphyre, with this oyntment annoynt his raynes and the chine of the backe, his flankes and the place aboute the priuie membres, euening and morninge.

Another remedye merueylous good.

TAke halfan vnce of Rutia, prepared, Sarcocolla, washed aloes hepaticum, Sugre candie, of eche thre dragmes: mingle it and make it into a fine pouder, whereof dissolue one dragme in womans milke, and therewith squirt the mans yard a good way in, fyue or sire tymes a day, and he shal incontinent be healed. But if there be any vlceration he shal also soone be ridde of it.

Remedies for them that pisse bloode.

TAke water of Plantain, of nightshade in Latin Solatrum, Sorrell, Endiue, Wormewod, of eche foure vnces,

vnces, whyte Sandall and red, Been whyte and red, of red Roses, of eche a dragme and a half. Spondium two dragmes, of Spica tenne graines: of the best Vinaigre thre vnces: make that into fine pouder whiche maye be made, and make thereof Epithema for the lyuer.

An oyntment for the same.

TAke the iuyce of Plantain, of nightshade, of Sorrell, of eche an vnce, oyle roset, oyle of Pyttel, of eche halfe an vnce, Hypocistidos, red Coral of eche a dragme: make that into pouder that is to be made, and make of it an oyntment very soft with a little ware and annoyntinge the raines of the Patient, from the haunche vnto the place about the priuie members, and to the roote of his yarde. And he shalbe wel eased.

A playster for the same.

TAke Plantain seede, Sorrel seede, Purcelin seede, of eche two dragmes, gomme Arabicke, Dragacante, of eche a dragme and a halfe, Hypocistidos, acacia, bole Armenicke, sylke burned, of eche a dragme, Terra sigillata. Hares heare burned of eche a dragme: make al together in a fine smal pouder, and make thereof a plaister with oyle rosat greene or raw, ware & pitche, as muche as shall suffice: the whiche you shall lay vpon the raynes of the Patient. It is proued and tryed to be very good.

Remedyes against the grauell.

IT is a thyng certaine, that if the Patient swallowe downe thre dragmes of nelye Cassa euery day before dynner, he shal neuer haue the grauell.

Another.

TAke the stone that is found in the heads of Crabs half an vnce: burne it, and make it in pouder very fyne, mixing the pouder with the water of Saxifrage, and so geue it to the Patient.

Another remedy wel tryed, whereby I haue often tymes founde my selfe eased.

TAke oyle of Scorpions made of oyle of bitter Almondes, Turpentine, freshe Butter of eche half a pounde, of Saffron a Scruple: beate all this in some vessell on the fyre, and with a linnen cloth bathe and washe often tymes a daye from the heighte of the haunches, vnto the roote or beginninge of the priuie members.

Agaynst the same.

DIssolue three dragmes of he Goates bloode prepared in sufficient quantitie of Broome flowers water distilled, and geue it to the Patient.

Another very good.

MIxe an vnce of the iuyce of grene Lemmons with three vnces of Malmesey, and geue it the Patient to drynke all at one tyme, when he feeleth hys griefe.

Receiptes to hasten the chylde byrth, and to mitigate the payne of the trauayle and labour.

TAke Genyper berries, and bay Berries of eche seuen: great Synamome halfe a dragme, whole Synamom a dragme. Put al together in a turtle Doues belly that is fat and fleshye, and put her on a Spyt and rolle her, and baste her with Hennes grease, the which you shal geue to the woman euerye daye for her supper. It is a thing as notable as any other can be, yet in the meane tyme you must note, that none of these receipts muste be geuen to a Woman great with childe, vnlesse she haue passed the moone of the ninth moneth that she was with chylde.

Another.

TAke freshe Butter washed in Violet water three vnces, mucilago of Cabbage two vnces, mucilago of wylde or marche Mallowes, mucilago of Figges of eche halfe an vnce, and mixe it together.

And

And if the woman be nigh her tyme, let her put euerye daye into the entry of her Matrice, a cloute wete and dipt in this lycour, and she shall bryng forth her childe without great trauaile and difficultie.

Another.

TAke syre pounde of good whyte wyne, Calamint, Sage, Rosemary, of eth half a hãdful: seeth al together vntill the fourth part of the wyne be consumed: with the which the woman drawing nigh to her tyme shall washe her legges, once a daye eyther morninge or euenynge.

Another.

TAke an vnce of the pilling of Radische rootes with as muche Mercurie, thre graynes of Saffron, a dragme of grosse Synamome wel beaten into pouder, two dragmes of the iuyce of Saupne. Mingle and stampe wel altogether, bynding it in some fyne lynen cloth vpon the necke of the Matrice. If the woman labour in great daunger, she shall sodeynly be deliuered.

Another remedye verye good, but yet such one that may not be geuen but in great necessitie, or when the childe is dead within her bellye.

MIxe together two vnces of the iuyce of Saupne, a dragme of Borax mynerall well made in pouder, and an vnce of odoriferous whyte wyne, and geue it the woman to drinke, and the effect wyl soone folowe.

Remedyes when a man pysseth agaynst hys wyll.

IT is a thynge verye good and tryed, to geue euerye morynynge to the Patient a Cytryn myrabolan well conserued.

Another for the same.

TAke Plantaine water, Rose water, Sorrell water, nyghtshade water, of eche halfe a pounde, Wormewodde

wodde water foure vnces, kyndes of Cerottria sandalia an vnce: Spondij, two dragmes, red Coral, red Rose seedes, Plantain seedes, of eche two dragmes, of Spike tenne graines, of very good Vinaigre thre vnces: mixe altogether, and with a whyte linnen cloth dipped therein and well cleansed, washe and bathe the Lyuer with it and the raines of the backe. That done, take oyle Roset, oyle of Myrtel, oyle of Quinces of eche an vnce. Make into pouder that may be made, and make thereof an oyntment very softe with a lytle ware, annoyntynge incontinent the Pacients raynes of the backe and hys bellye.

Remedies agaynst the stone in the bladder.

TAke Liton tripon, thre dragmes, ten bitter Almondes wasmuch of ye kernells of Peches: braye all thys well together, and make thereof litle balles wyth Sugre, the which you shal geue to the Pacient euerye moneth ten dayes together, at the breake of the daye, slepynge a lytle vpon it, and you shall see a good ende and issue of it.

A remedy and preseruatiue agaynst the same.

TAke foure vnces of Turpentine, and burne it vpon some plate of Iron red whote, vntil it maye be made into pouder: of the whiche pouder, take two dragmes, water of Saxifrage foure vnces, mingling al together, make thereof a drinke, which you shall geue the Pacient twise a weke, at the breake of the day continuyng so two monethes together. If he haue not yet the stone, he shall without doubt be preserued from it: but if he haue it, he shal also be healed of it.

Another for the same.

TAke sixe Dragmes of Turpentine ten tymes washed in water, and make thereof lytle balles called Boli, with the iuyce of Saxifrage, and a lytle Sugre, and geue it to the Pacient as is aforesayde.

Remedies

Remedyes for to heale the Emerhodes or Pyles.
A very excellent oyntment.

THe body beyng purged take oyle Uiolet washed in water of Uioletts, and freshe butter washed, of eche an vnce: make thereof a softe oyntment with the yelke of an Egge, half an vnce of oyle of Lineseede, and asmuch ware as shal suffice: annoint the Emorrhodes or Pyles with it twise or thryse a day There is no such remedy as this is, when women lye in childe bed because of the retention of their flowers thei are often tymes, yea almoste dayly molested wyth these Emorrhodes or Pyles very soore.

A playster agaynst the same.

TAke of the cromme of bran bread a pound, of ewes mylke, or cowe milke, or elles goates milke, two pounde: Seeth all together vntil two or three partes be consumed: than put to it two vnces of the grease taken of the chyne of a goate, and an vnce of the pouder of grounde wormes, mingling al together, and so lay it whote vpon his foundement.

An exceelent and very good hote bath or baine for the same.

YOu shal take the leaues of Mallowes rootes and al the rootes of wilde or marshe Mallowes, of holye Hocke, Uiolets, Cabbage, the flowers of Taxus barbatus, Camomille, Melilot, Syngrene, Lyneseede, of eche a handeful and a half: seeth al in a sufficient quantitie of water of the riuer, or some other freshe water, vntil halfe be cōsumed: than powre it whote into some tubbe, causing the Pacient to sit in it twyse a daye, in the morning and at night, the space of an houre.

Another remedye of verye great vertue.

TAke. ii. vnces of the iuyce of leekes, an vnce of the iuyce of Persly, butter made of cow milke, walnut oyle, oyle of ẏ decortiō of cataputia, of eche an vnce & a halfe

halfe, oyle of Radiſhe rootes an vnce, of the ſuet that is about the kydneys of a Goat an vnce and a halfe: let all be well ſturred and brayed in a morter. This being hote, yf you laye it with fat wull vpon and aboute the Emorhodes twyſe a day, vſyng ſo thirtie dayes long, I haue proued the remedie to be of great efficatie and vertue, that withoute doubt I dare aſſure the Pacient of heath.

Remedyes agaynſt the ſwellyng of the coddes.

TAke oyle of whyte Lylyes, oyle of Roſes complete of eche two vnces, of the greaſe that is waſhed of from newe ſhorne Wulle an vnce and a halfe, wete ſome fattye Wulle in it, and laye it whote vpon his Coddes: and then wil the ſwellyng go awaye with the payne.

Another agaynſt harde ſwellynge.

TAke Reſyns dried and carnelles pluckte out three vnces, Barley flower two vnces, as muche of the flower of whyte Cyche peaſon, half an vnce of the flower of Syngrene, as muche of the flower of Lyneſede, an vnce and a halfe of Honnye: mingle all wel together, ſtampynge it in a morter, and laye it whote vpon hys Coddes.

A good playſter for the ſame.

TAke gomme Arabicke, Dragacante, of eche two dragmes, Galbanum, Armoniacke, of eche a dragme and a halfe, Beane flower and the flower of whyte Cyche peaſon, of eche an vnce: Diſſolue the gommes in oyle of ſwete Almondes, and a lytle Vinegre, then myxe all well together, and make thereof a plaiſter with Pitche & Waxe, as much as ſhall ſuffice.

An oyntment agaynſt the ſame.

TAke oyle of whyte Lylyes, and oyle of Camomille, of eche an vnce, of Comyn two dragmes, Labdany,

Galbany,

Galbany, of eche an vnce: Dissolue the Gommes in stronge Vinaigre, and make in pouder that whiche is to be made: And make of this a soft oyntment, with a lytle Ware, wherein wete some newe shorne and vnwashed Wulle, and laye it vpon hys Coddes.

A playster.

Seeth a poũde of white Cyche peason in good white wyne, vntyl they be thorowly sodden: than stampe them wel in a morter, puttynge to them two vnces of Camomille flower, a dragme of Saffron, two vnces of oyle of whyte Lylyes: mire al together, and lay it whote vpon his Coddes, leavynge the playster vpon them nyght and daye.

Remedyes agaynst the sciatica.

Take the Blossoms or flowers of Camomille, Melilote, Syngreene, Dill, Lyneseede, of eche two handfulles: Wormewodde, Mynte, Pennyrial, Calamynt, Southernewod, the flowers of Sticados arabick, Bytonye, Maioram, the herbe Paralysis, Sage, Rosemarye, Germander, of eche a handful and a halfe, seeth all this in two hundred pounde of cleare condyte water, vntil the thyrde part be consumed: than strayne it, and seeth it agayne wel, putting to it half a pounde of quicke Brimstone, foure vnces of Saltpeter, prepared, and thre vnces of salt Gemma: seeth them agayne and strayne them: and than kepe that whiche is strayned for your vse. The sycke man shall euerye morynyng bathe him selfe the space of eyghte dayes together, tarying in it an houre wel couered, the head only bare. The houre paste, commyng out of the bathe, and al his body wel dryed and wyped, let hym go into his warme bed, and anone after let him take a dragme of greate Triacle, mixte with an vnce and a halfe of Sugre roset, and slepe therevpon two houres, and in the meane tyme beyng well couered let him swete, and those that kepe him, let them wype him and dreye him well, and by and by after they shall annoynt the place where the

paine holdeth him, that is, al the legge frō the haunch or huckle bone, with the oyntment Marciaton vnguentum Agrippæ, vnguentum of aragon, of eche an vnce mixed together. Continuynge than all in this order, and as I haue sayd eyght dayes, I dare assure ỹ pacient health.

Remedies against inflamations of bloode, which groweth into an impostume in some parte of the bodye or members, called phelgmone.

A playster to rype and rotte the impostume.

TAke a pounde of Cow milke that was neuer fleeted: a pound & a half of bread wel crommed small: three vnces of the iuyce of Cabbage, halfe a dragme of Saffron, three vnces of the oyle of whyte Lilies mixe all together, and laye it hote vpon the sore place.

Another for the same.

TAke three vnces of Diaquilum without gommes, the iuyce of cabbage an vnce and a halfe, of Saffron a dragme: make hereof a good and fat oyntment and thick wt yellow ware as much as shal neede: the which being spred vpon leather, the Pacient shal weare a day or two continually, and he shal finde him selfe wel.

Another to rotte or rype incontinent.

CHalwe wel fasting half a pound of whete, and temper it well with a greate deale of spettell: take also two vnces of oyle roset complete, and a dragme of Saffron, mingling all together, and laye it vpon the sore place, renuyng it often tymes. The signes of the rypenes of it are these, when it is soft, mouing vp and downe lyke a waue of water, when it greueth the Pacient no more, when the feuer ceaseth and continueth no more. The impostume beinge thus brought to a ripenes, prepare your selfe to launce or perce it. But if the Pacient be afrayed of ỹ yron or fier, breake it with this that foloweth: take two vnces of Diaquilum simple,

an vnce

an vnce of leuen, half an vnce of oyle of swete Almondes: mixe all, and spreade it vpon a peece of leather, or cloute, putting in the middes of it a dragme of Pygeons donge made in pouder, and so lay it vpon the place where the breaking of the sooze shalbe most commodious. Youmaye also take halfe an vnce of leuen, a Dragme of common Salte, two Dragmes of the best Vinaigre, foure scruples of the pouder of Cantarides, mixe all togethet, & bray it wel in a morter, vntil it be turned into a past or dowe as it were: of the which you shal put to it halfe a dragme, or according to the quantitie of the matter that muste come out, couering that againe with the Ceratum or plaister afore sayde. The impostume being broken, and wel made cleane, if you feare that there wyll come muche bloode againe, take incontinent the yelkes of two Egges, two Dragmes of Salte, a dragme of bole Armenick, and steepe or dippe certain peeces of towe in it, and lay them vpō the place where it is broken, and let them lye foure and twentie houres together.

Agaynst a Ryngworme or Tetter, that runneth all ouer a mans face, or agaynst the disease that is called Erysipilas or Lychen, of some Mentagra, the Frenche men call it feu volage, as it were a runnynge fyer.

THE remedye is good to myngle at the begynnynge the iuyce of Plantaine, Marygoldes, Solatrum, barba Iouis, in Englyshe Syngreene, of eche syre vnces, wyth three vnces of Rose water, and wetynge certayne cloutes in it, laye them vpon the sooze or Ringwozme. Yet you muste take heede that ye take awaye the cloutes, as soone as they beginne to ware whote, to the ende that the heate retournynge from the lynnen cloutes to the sooze, doe not encrease the payne, or elles that the lynnen clothes beyng dryed with the heate doe not cleaue to the skynne and plucke it with them.

For if it ſhould be ſo, there would be daunger in it becauſe of the vlcers or ſcabbes that woulde come of it.

Another remedye very good to heale the ſame, when it doth but begynne or increaſe.

TAke Lytarge of Siluer, fiue vnces, the iuyce of Plantaines three vnces, oyle roſet two vnces, of the beſt Vinaigre an vnce, mire and bray all this wel in a morter of Lead vntill it be lyke an oyntment of the colour of Lead, of the whiche beinge ſpred vpon ſome lynnen cloth you ſhal lay ſome vpon the ſoore, renuyng it euening and morning, and looking to it diligently vntil you be ſure of the ſtate of it and of the increaſe. When it beginneth to declyne (whiche thinge you ſhall knowe becauſe it will chaunge from a whyte colour vnto a red) take heede you laye no colde thynge vnto it: for it maye be that you maye make ſome dead fleſhe red and darke come or growe in it, and ſo there ſhoulde be greate daunger, that by reaſon of the colde thinges the Ringworme or Tetter ſhould tourne into an Heſtiomem. But my counſell is to take the flowers of Camomille, Melilot, Syngreene, of eche a handfull, and to ſeeth the ſame in ſufficient water vntil there remaine but the halfe. Than to ſtrayne it, and to waſhe euery day the place with a ſponge wette in it: and afterwarde to waſhe it with ſome whote whyte wyne. For that is it that keepeth the member from mortifying in ſuch a diſeaſe. If the thyng be growen to an vlcer, either by the foly of the Phiſition, or els by the euill gouernement of the Patient, or by the euill matter whiche coulde not be amended by medecines, take lytarge of ſiluer three vnces, the oyntment of Populeon, Ceruſe waſhed, Infrigidantis Galeni, of eche halfe an vnce, oyle roſet complet an vnce. Mire al together and bray it wel in a morter, vntil it be as it were an oyntment, which you ſhall vſe vntill the diſeaſe be conſolydate and ſounde.

Agaynſt

Agaynst flematycke swellynge.

If this infirmitie be in the legge, take twenty pound of water made with Ashes, flowers of Camomille, rootes of Walwort or Danewort, of ethe a handefull, common Salte halfe a pounde, of the best whyte Vinaigre foure vnces, myxe and seeth all together vntill the halfe be consumed, than straine it, and washe the legge with it.

Remedyes for the scabbes.

An oyntment very good for to annoynt yonge chyldren who because of theyr tendernes, can not endure a purgation.

Take foure vnces of oyle roset, a dragme and a halfe of common Salt, an vnce of freshe Butter washed and so bray and sturre al well together, vntil it become vnto a soft oyntment.

Another oyntment verye good for lytle chyldren, and olde folke, to vse before and after a purgation.

Take Turpentine washed in Rose water foure vnces, of ỹ iuyce of Lemons an vnce & a half, of fresh Butter an vnce, the yelke of one Egge, of common salte two dragmes, of oyle roset two vnces, myxe and sturre together all a greate whyle in a morter, vntill it become an oyntment. With the which by a fyre when he goeth to bedde annoynte the scabbye parte of the bodye, or ells all the bodye: but as thyn as may be.

Another remedye.

Take the water of Lapatium acutum, distilled two poũd the iuyce of Plantaine foure vnces, Rose water thre vnces, the iuyce of Lemmons two vnces. Litarge sire vnces, Ceruse halfe an vnce, quicke Brymstone three dragmes, make a very small pouder of that whiche maye be made pouder, and mingle it with the sayde waters, letting all stande. xxiiii. houres longe. That done, put all in a Lymbeck, and distill it with a

small fier. This water serueth not onely for to heale the common scabbe: but also to make the crustes of old vlcers and scabbes and of the pockes to fall of, & to take cleane awaye the cicatrice or scabbe thereof.

A bayne or bathe for the same.

TAke the leaues of Lapatium acutum, the leaues of fumitorye, the leaues of Mallowes with the rootes, leaues of Borage of eche three handefull, of bran bounde in some cloth two handefull, of rye three handful: seeth al this in sufficient water vntil the third part be consumed, then straine all, and whyle the Pacient is annoyntynge let him bath all his bodye in the same baine in the breake of the daye, and withoute taryinge any longe time, let him go into his warme bedde, and there let him slepe and sweate.

Against the scurfe or leprie, called in Latin pfora.

AFter a purgation, I commend much the annoynting at night when he goeth to bed, all the partes of the body infected with this disease, with oyle of Tartre or of Lees of wyne, and three vnces of verye stronge whyte wyne.

A remedye agaynst puffes, bladders, blysters, or wheles and agaynst the small pockes.

An oyntment.

TAke an vnce of Peche karnels burned and made into a pouder, the iuyce of Plantaine and of Syngreene, of eche halfe an vnce, Ceruse or Lead washed a dragme and a halfe: make of this a softe oyntment as muche as shal serue you.

Another remedye well tryed.

Take

TAke two dragmes of Camphyre, an vnce of Ceruse washed, half a pounde of red Ciches, a pound of the inner parte of Melons withoute the pilles, ten Swallowes egges, two dragmes of Pearles, thre dragmes of the seedes of Xilon or Gossipium, the tree that beareth Cotton, two dragmes of Salte foure vnces of the iuyce of Lemons, half an vnce of whyte wyne lees: make that in pouder that ought to be, and put al together in ten pounde of water of Lapatium acutum distilled, leauing it so two dayes and two nightes. This done, distill all together in a Limbecke, with the which water so distilled, the Pacient shal washe his face three or foure tymes a daye. It hath been proued very good.

Agaynst the stronge cogh of yonge chyldren.

SEeth in wyne some Isope and some Serpellum, or Sauorye, or elles steepe some Ieniper berries in wyne, and giue the child to drinke of which you will.

Agaynst the stynkyng sweate.

TO those that so sweate, make a clothe steeped in wyne wherein Myrtle leaues or the herbe it selfe, or els his fruit hath been sodden.

Against the payne of the eyes.

TAke Mallowes, Violets that grow in Lent, topps of blacke berry trees, dried Roses, Veruine, Willowe or Oster that groweth on the hilles, washe your eyes with these at night, and make a plaister of the herbes with the yelke of an Egge, and laye it vpon your eyes.

For a whyte spotte in the eyes.

BUrne cockle shels of the sea, and Olibanum, asmuch of the one as of the other: make them into a pouder w cuttle bones burned, and laye that vpon your eyes twyse or thrise a weeke.

Against the difficultie of bringing forth child, and the retention of the skynne that the childe is wrapped in, called in Latine Secundina or Secundæ.

Takk

TAke the rootes of Parſlye, and leaues of Leekes, wringe the iuyce oute, and mingle it with a lytle oyle, and geue it the woman to drynke, puttynge a lytle Vinegre into her Matrice, and ſhe ſhall incontinently be deliuered with gods helpe.

A remedye when the foundement commeth out.

FIrſt waſhe or bathe verye well the foundement (be it either of a man or of a woman) with the decoction of wyne and Mormewodde ſodden together, and annoynt it rounde aboute with ſome reſtrayntiue oyntment. After this ſtrawe vppon it Aſhes made of Willowe and of hys rootes, and of the finne bones of ſome fyſhe ſalted, and put in the foundement agayne with ſome linnen cloth: and doyng thus twiſe or thriſe a daye, he ſhall fynde him ſelfe very well.

Agaynſt the payne of the guttes.

SEeth in water ſome nightſhade with aſhes, and lay it vpon the place where the paine is. For this alſo is good rawe Siſamum, ſodden with his ſeedes, and layed vpon the painefull place.

Agaynſt the difficultie in makynge water, ſauynge for that whiche commeth of the ſtone.

For Men.

SEeth water Creſſes, and make thereof Cataplaſma a plaiſter, and laye it vpon the place about the priuie members, cauſyng ỹ man to ſit in the decoctiō of it.

For Women.

MAke them an vnderſmoking thorow a cloſe ſtoole with wylde Minte, with Neppe or Catte minte, and with Pulliole or Pulegium. We make ſometime as well for the man as for the woman, an eſtewe or baine wherein hath been ſodden ſome Jeniper, Neppe

Pulicaria,

Pulicaria, in English flea wort, wylde Hynte, Bay leaues, Pulegium, Wormewod and Tansey, geuinge to the Patient being in this bayne, Benedictam simplicem. But if the stone be the cause, then seeth in water Sarifrage with the rootes of Sanguinaria, or decoction vntill halfe of the water be consumed, the whiche geue vnto the Patient: but if he desyre wyne, geue it him with some of this water in it, continuynge so foure or fiue dayes, and twyse or thryse a daye. If he pisse not for all this, it is a signe that the stone is thorowlye growen and hardened. But than if it sticke in the bladder, take Mallowes, Crista marina, in Englishe Sampere, lytle wylde Cabbages, Sarifrage, Pellitorye of the walle, water Cresses, Ameos, and the seedes of Nettels, seeth all this in lycour, whereof let the thyrde part be wine, the other parte oyle and the fourth parte salte sea water, bathinge and washinge well with this decoction the partes aboute his priuie members, and layinge vpon them the herbes.

Benedicta simplex, is an electuarie, verye medecinable for the goute.

Agaynst crabbelyce.

AGainst the Crabbelyce that breede aboute the priuie members and vnder the arme pyttes, annoynt those places with ashes layed in oyle: but against those that sticke in the eye browes, take an vnce of Aloes, Ceruse, Olibanum, of eche fiue vnces: make all into pouder, and make of it an oyntment with larde cut small as muche as shal suffice.

Agaynst a Cankar.

NOte that the leaues of wylde Iuie sodden in wyne, and layed to it are very good for it.

Against the litle wormes and itching of the hands or body.

AGainst the itche and wormes in what soeuer part of the bodye that it be, but chiefiye in the face and forehead, you must steepe weate in wyne with the

pouder of olibanum, and lay it vpon the place as it were a playſter.

Againſt the ſwelling of the coddes.

TAke Mallows, Mormwoode, Veruene, biſmalua or march Mallows, tanſie, and two cabbedges, ſeeth all this in olde ſtrong wine, and bathing and waſhing them twiſe or thriſe a day. As for ỹ herbes, ſtampe them and ſeeth them in Honnye, laying them vpon the coddes with wyne.

For to make the wormes come out of the handes and feete.

TAke a hote tyle, and ſome veſſell ful of water, then put ſome ſeedes of Iuſquiamum vpon the red whote tyle, holding your handes or feete ouer the ſmoke of it, you ſhal ſee the wormes fall into the water lyke lytle heares. Another waye: Burne Ote ſtrawe into aſhes, & put it into water as hote as you maye endure it, holding your handes and feete in it, and endurynge the heate vntill it ware colde: than ſtraine and preſſe it ſo harde vntil there remaine no moore water, ſeperatyng it faire and ſoftly. You ſhall finde the wormes as it were litle threades, which the ſmoke of the Iuſquiam hath drawen out. If the place doe itche, and is eaten with wormes, burne ſtrawe into aſhes, and toſſe it and mingle it in water as hote as you can endure it: put in your hande or foote that hath the wormes, and they wyll come oute. Than afterwarde heale the knawing as you do ſome other ſoore.

A remedye for the deafnes of the eares.

TAke the fatte or greaſe of eeles newe killed that ſwimmeth vpon the decoction of them, the iuyce of caprifolium, Barba Iouis, and a handfull of Antes or Piſmers egges, bray and ſtraine all, mixing it and ſething it with oyle. The decoction made, put to it ſome Vinaigre or wyne ſufficiently, that it may be the more penitratiue & perſing: this done, powre ſome of it into the eare that is not deffe, ſtopping the other that hath

the

the impediment, and lying vpon the good eare: and beware he go not the nexte daye into the winde: but let him kepe his house, lying all the daye longe sometime on the good eare and sometyme on the yll.

A remedye against fistuleys.

TAke the leaues of red Cabbages, and their seedes, the rootes of great rubia tinctorum of eche an equall quantitie, braye all and seeth it well vntill three partes be consumed: than straine it, putting to it some honnye. And seethinge it againe vntill it be thicke. Whereof you shall geue the Patient two spones full, morninge and euenynge.

For the scabbes of the handes.

TAke Lapatium acutum, and fumitorie, making thereof as it were an oyntment with hogges or swines grease and Daye Butter, wherewith annoynte youre handes.

A water of a great and meruelous effect, for to keepe mans bodye from many infirmities and diseases.

TAke foure pounde of distilled Aqua vite, of verye good wyne, two pound of salt burned, two pound of quenched Brimstone, foure vnces of whyte Tartre, foure vnces of the wodde of a Filberd tree. iii. vnces of rocke salte. Let all this be brayed, syfted and mixed together, powring vpon the foresayde Aqua vite, and putting it in a Limbecke to distill.

What operations come of suche distillations.

THe firste distillation draweth vnto it the powres of all the spirites of man, that no venimous beest can approche or come nighe him: with it is kepte flesshe and fishe as with baulme, it healeth and cleanseth lentils and other spottes of the face: it driueth away all maner of scabbes from the body, and cleanseth watrynge eyes.

The seconde driueth awaye impostumes, and other superfluities of the bodye: it pulleth oute and healeth lose teeth, and putteth awaye all swellynge of the Lyuer.

The thyrde cleanseth all spottes and scurfe, it healeth stinking of breathe, and purgeth all flegme of the stomacke, as meate not disgested.

The fourth putteth oute of the bodye, all colde and congeled bloode.

The fyfte delyuereth the bodye from the fallynge syckennesse.

The sixte dryueth away all languische and infirmitie come of the goute.

The seuenth putteth the goute from the feete.

The eyght excelleth the Baulme, which you shoulde keepe well.

The nynth, if you mixe with it, and dissolue golde in it, is a preseruatiue for the lyuer.

The tenth, if you put a droppe of it in any vessell of golde full of wyne, a frothe and skumme will swimme vpon the wine whiche is verye golde in deede, so that what so euer you touche with it shalbe faire golde. Yet you muste note that after euerye distillation you must stampe and sykte the leese as at the first tyme.

Another water or Balsamum almost for the same thinges.

TAKE a pounde of Turpentine thryse distilled, a pounde of Aloes thryse also distilled, a pounder of Amber rawe, Mascatum brayed vpon a stone in maner of some liquide oyntment, putting to all this a lytle oyle, and so incorporating it and distilling it nine tymes. It is a Baulme that may wel be kepte, for it is so parfite that it abideth first all triall of fyer & water.

Secondly, it wyl pearce thorow the hande.

Thirdlye, in annoyntinge your face it kepeth your youthful colour.

Fourthly, it fasteneth and consolidateth all incision or cuttinge.

Fiftly,

Fiftly, it purgeth merueylously the eyes.

Sirtly, annoynting all the bodye with it, it is sayde that it shall neuer rotte or corrupte, nor euer breede wormes. This hath Hermes the Philosopher written and confirme it as most trewe, for as muche as I haue proued and tryed it.

A pouder very good to conserue the syght.

TAke Betony, Rue, Selandine, Saxifrage, Leuistici, Pulegium, Annice, Synamome Euphrasia, in English eyebright, of eche a handful, Grani Paradisi, Ginger, fennel, persly, Isope, Organny, Oser of ỹ mountains of eche a dragme, Galingale an vnce, of Sugre an vnce Make all this into pouder, and eate of it euery daye with your meate: for the sighte is thereby preserued. And if your sight be perished or halfe gone, it wil heale it and recouer it perfitly againe. This pouder is found and thus ordeyned by maister Gerarde, which tryed it vpon him selfe: for he hauing vsed spectacles the space of twelue yeres together, and yet scant coulde see with them, nor reade the greatest letters that were (so much was his sight perished) after he vsed this pouder but a whole Lent together, only in this sort as I haue tolde you: he recouered so his sighte agayne, that all the rest of his life after, he coulde read the smallest letter that was, very perfitly.

Agaynst the payne of the flankes or the pluresye.

TAke a wilde Bores tothe of the vpper Jawe, ỹ the greatest, and make thereof a pouder, whereof you shal giue the Pacient to drinke with a litle broth, and he shalbe cured.

Against quartayne agues.

TAke the grease or fatte that is vnder the manes of horses, and seeth it in a newe earth pot: and when you feele the ague come, annoynte the chyne of your backe, ỹ you shalbe healed in thre times so doing.

To heale old woundes and cankers of the leggs.

TAke cuttyngs or shearings of shomakers leather, and seeth them, and the grease or fatte that you shall get of them, set it by it selfe: than take of the herbe that groweth at the foote or roote of Willowes the finest that is, and the mosse that loketh lyke Velvet: drie it well and make it into a pouder: and laye of it vpon the wounde, and with the sayd grease annoint round about the wound, and he shal shortly be whole.

Agaynst the scurfe.

TAke Barrowes grease what quantitie you wyll, and seeth it with a glassefull of wine, and halfe a pound of Beane flower in maner of an oyntment: than take vryne or pisse, and heate it as whote as you can endure it, wherewith you shall washe your head, and than annoynt it with the sayde grease, and it shal be whole within fiftene dayes.

Alex^r Needham Stoirs Pauls Wharf Upper Thames St London

Agaynst ventositie, collicke, or payne of the matrice.

TAke a dragme of intrailes made in pouder, a dragme of Stecas, geue it the pacient to drinke in a newe layed egge, and she shalbe healed.

For the hardnes or brawne of the feete.

DYppe your feete in whote pisse, & whan the hardnes or braune is molified, take a launcet or cyssours, and launce it rounde about: and than by and by put some iuyce of Syngrene vpon it, and the nexte morowe it wyll be well.

To make very perfite Vinaigre.

TAke the cromme of a whote lofe newe drawen out of the Ouen, a glasse of strong Vinaigre, wherein you shal put some Ginger, Pepper, Pyrethrum of Leuant, Calamus aromaticus, the which thinges being brayed and stamped together, you shal put into Vinaigre: Than take the cromme of a whote lofe, and put it so that it maye receyue to it all the foresayde thynges

thinges. Than drie the sayde lose in an Ouen, and make thereof a pouder, and put the sayde pouder in a Hoggeshead of wyne, and it will become verye perfite Vinaigre.

Agaynst the fallyng syckenner.

TAke the Matrice of a Sowe, the whiche beinge made in pouder you shall geue to eate or to drinke vnto the Patient, and as soone as he hath receyued it, the sickennes will remoue from the brayne, and spreade into his fingers endes, tormentinge him verye sooze: but whereas the sayde matter shall assemble and come together, make a rupture: and the matter wyll come out as yellowe as Saffron, and he shalbe quicklye healed.

For children that bee broke.

TAke white Paper, and chawe it well with your teeth, and make thereof a plaister, as great as will couer al the broke, binde it in a swadle band with a linnen clothe: Than laye it to his coddes, and make fast the swathing bande: but you must renewe euerye day the paper chawed, and he shalbe whole.

Agaynst the payne of the Splene.

TAke of the longes or lightes of a Fore made into pouder, and vse to geue to the Patient to drinke or to eate of in good white wine, & he shalbe cured.

For to stenche bloode.

TAke mans blood dried in the Sunne, and make it into pouder, & if it chaūce that there be any vaine broken or hurte, whereby there commeth out abundaunce of bloode, lay of the sayde pouder vpon it, and it shalbe stenched.

For to heale in foure dayes the scaldynge with water, or anye other thynge, withoute oyntments or Playsters. It hath bene tryed and founde trewe.

Take

TAke an Onion and cutte him ouerthwarte, and wringe oute the iuyce vpon the ſcalded place, doing ſo euerye daye twiſe and it will heale it.

For to ſtenche bloode.

TAke a ſowre Orenge, & make a hoole in ỹ toppe where the flower grewe, keepe that vpper peece that you ſhall take of, that you maye afterwarde cloſe vp the hoole agayne: yet before you ſtoppe it vp, you ſhal take the ſuet or greaſe of a he Goate, the bigneſſe of a Walnut, and put it into the hoole: than ſet the Orenge vpon the coales or embers, that it maye incorporate, and diſſolue: Than annoynt along down your backe bone, and ouerthwart the ſlankes with the ſame lycoure, and it ſhall heale you within thre or foure tymes by the grace of god.

Agaynſt the wormes in lytle chyldren.

TAke a lampe ful of oyle Olyue, and lay an yron in the fyer, and whan it is red whote quenche it in the ſayde oyle in the lampe: then annoynt thereof the noſtrelles, the throte and the nauell, and ſtraight way you ſhall ſee a great miracle.

To heale the Emorrhodes or Pyles.

TAke Dogges dung foure vnces, halfe a pounde of common oyle, put them together in a newe earthen pot and ſeeth them a lytle: then take oute ſome of the dung, and braye it vpon a trenchour: then ſeeth it again in the ſaide oyle, and put to it thre vnces of newe ware, to the intent that all maye come to incorporate together: and before you annoynt the Emorrhodes or Pilles with the ſame oyntment, you ſhall waſhe them with whyte wyne, and in foure daies he ſhalbe whole.

Agaynſt all kyndes of payne and griefe.

Take

TAke a glasseful of the iuyce of Leucoion, which is our winter Gylofer, or Violets fastinge, and you shal see a meruelous effect.

Agaynste stynes or shrynkynge of synowes, called the crampe, or swelling, comming of the wounde taken of some venimous beast, in Latine Spasmus or Spasma, or conuulsio.

TAke Hogges dunge as muche as you will, halfe a pounde of oyle rosel: seeth all in a newe yearthen potte, and laye it as whote as you can endure vpon the sooze place, and it wil heale it.

For them that can not pysse by reason of certayne grauell, and viscositie or carnositie, which is aboundance of flesh.

TAke the iuyce of Radishe rootes, of lytle Leekes whiche are founde vnder the grounde, and drye them, and make them into pouder: put all together, and geue euery morninge a certaine quantitie of it to the Pacient to drynke, and he shall be healed in shorte space.

Agaynst deffenesse.

TAke a quick Eele, and put him on a spit alyue and rost him: take the grease that commeth out of him: Than take a Garlyke head rosted vpon the coales or cenders, and take one codde or huske of the same Garlyke at a tyme, and put it into the sayde grease, and so put it whote into his eare, holdyng his eare vpwarde the space of one Credo, and you shall see the fylthie humour come out of his eare, & he shalbe healed.

Agaynst opilation or stoppinge.

TAke wylde or marshe Mallowes, what quantitie you wyll, and seeth them in runnynge water: than

take of it about a glaſſefull whote with ſugre Candye morning and euening, and you ſhalbe cured.

Agaynſt the gyddineſſe of the ſyght.

GIue euerye morninge vnto a chylde to eate ſome ſweete Fennell, and let the ſame chylde licke the Pacientes eyes, and he ſhalbe cured.

For them that can not broke their meate, but vomite it agayne.

TAke minte wel ſtamped and the crommes of bread burned in the fyer, and vinaigre: and make therof as it were a ſauce, and ſpreade it vpon ſome linnen clothe with the pouder of Cloues: heate it vpon a bricke or tyle, and laye it vpon his ſtomacke, and you ſhall ſee a goodly experience.

Agaynſt the head ake by to muche drynkynge.

TAke Rue leaues, and braye them with Vinaigre, and put Roſes to them and bitter Almondes, and with this rubbe your head, and you ſhalbe eaſed.

Agaynſt all the payne of the head.

TAke halfe a dragme of Bay berries, of Scammonia, and of Saffron a dragme, braye all well togethe with Vinaigre and Roſes. And when your head aketh, annoynt it where it greueth you with this oynt ment, & you ſhal ſe the vertue to be merueylous great.

Againſt the paine of the head that continueth alwayes.

TAke leaues of blacke Iuye, and braye them, & put them with Vinagre, oyle and wyne, as muche of one as of the other: ſeeth this together, & annoynt your forehead and your temples, and it ſhall eaſe you verye muche by gods Good grace.

Another waye.

If

IF the pacient thinke that his hedde cleaueth in sonder by reason of the great pain: take pupe, and make iuyce of it, the which you shall mingle wᵗ oyle roset: and with a linnen cloute you shall annoynte faire and softly his nostrels, his temples, and his forehead. And if the paine be behement, lay some of it vpon the scull of his head.

Another waye.

TAke the brayne of a crowe, and seeth it and than eate it: for there is none so greate a paine of the head, or none so olde but that it will heale it with a singuler vertue.

Agaynst the Mygrame happening sodenlye.

TAke Wengewine and braye it with Vinaigre, and annoynt your forehead with it, and your temples and it will mitigate the paine.

Agaynst itchyng of the head.

TAke a sheepes gall, and mire it with white chake and therewith rubbe your head, and let it drie vpon it, and it wyl heale you.

Agaynst vlcers or scabbes of the head as well of men as of women.

TAke the gall of a Bull, and mingle it with Vinaigre, and hauing made it luke warme, rubbe your head with it, and you shall finde a meruellous remedye by the grace of almighty God.

Agaynst olde and putrified woundes.

BRaye Celandine, and than mire it with olde suet, and laye it so vpon the vlcers or scabbes, and you shalbe healed incontinent God wyllyng.

For to keepe that the flesshe growe not to muche in a wounde.

TAke the lyghtes or lunges of a sheepe whole, and laye it vpon the wounde, and the flesshe shalbe equall with the skynne.

To heale and take awaye the scurfe.

TAke a handfull of Rue, and halfe an vnce of quicke Brimstone, and seeth it with good olde wine: and so washe your head with it: but yet your head must first be washed with luke warme water, as men are wont to do most commonly, and it shalbe cured.

For to kyll Lyce.

TAke the whaye that remaineth of cheesemaking, & put to it a lytle Vinaigre, and drinke of it certain dayes: and al the lyce wyl dye, and there wyll breede no more aboute you.

Agaynste the distillation of the brayne, and heauines of the heade.

TAke Beete rootes and braye them well, and than take the iuyce of them and receyue it vp into your nostrels. And that will drawe vnto it all the humour of the head, and cause it to come out.

Agaynst murres or catarres that beginne to growe.

YOu muste abstayne from supper, and from eatyng of anye herbes, and from salt and fat thinges. For the catarre commeth of indigestion of the meate, and by the rawnes of the stomacke. Therefore aboue al thinges you ought to abstaine from fat meates. And when you are amended, you maye take your supper as before your sickenes you might haue done.

For to restrayne the murre or catarre.

TAke fiue partes of wine, and the sixte of honnye, mingle all together, and let it coole, and make of it a gargarisme.

A remedy for that disease when the heare of the bearde or head falleth of, of it selfe.

FYrste you muste shaue with a rasour the place, and than rubbe it well with an onyon: that done, take barley parched and made into pouder, and mire it with Beare suet, and so lay it vpon the place, and the heare wyll growe agayne.

To keepe that the heares shall not fall of.

TAke the pouder of Walnuttes, of heath Cypres burned, of the ashes of a Mule or Mukets hoofe burned, of the oyle of Myrtell, the ashes of rats burned, and their dung made in pouder. Also the ashes of freshe dung of a Hedgehogge, and some Sandaracha, in Englishe yelowe Oker: mire all the sayed thinges with Vinaigre and soft Pitche, and laye it vpon your head, & it wil kepe your heare from falling of.

To make the heares of a mannes beard or head to grow.

YE shal take ỳ which groweth somtime in ỳhore or pasterne of an Asse, which is like vnto lytle warts and burne them, and make pouder of them, the which you shal put in old oyle, & than laye it vpon the place. This thing hath suche vertue that if a man annoynte or rubbe the iawes or chinne of a woman, she shal haue the heare growe vpon the same place.

For to make heares growe.

YE shall take a Hedgehogge, and burne it al to coales, and put the pouder or ashes made fine & small, with Beares grease: and laye this oyntment ouer

all the head of a balde man, and it will make his heare growe as faire as euer it was.

For to curle heare a rare secrete.

TAke the ashes of sheepes hornes burned, and mire it with oyle, and rubbe your head often tymes with it: but you must be first polde.

For to make heare blacke.

TAke Swallowes dung, and put it in good Vinaigre in a Violle, or some vernished earthen potte, than burye it in a dung hill, or in horse dung, and leaue it so.xxvb.dayes full. And than annoynte your head, being polde, with this medecine in the shadowe with a Painters pensille. But before you do thus, you must annoynt your face with deare suet, to the intent that none of the colour of the sayde oyntment doe spot or black your face. And while this colour & dying doth dure, holde in your mouth some oyle, to the ende that your teeth ware not blacke with it: and the fourth day that you haue thus annoynted your head, you muste washe it well, and all is done.

To keepe that the heares ware not hoare or whyte.

MYre the ashes of grounde wormes burned in oyle and rubbe your Combe with it when you kembe your head, and your heare shall neuer chaunge colour in your olde age. It is a secrete that women commonlye vse.

For to make the heares blacke.

TAke Cypre leaues brayed, and mirte with Vinaigre: and annoynte your heare with it, and that same will dye your whyte heares into blacke, and in their place shall growe also blacke heares.

Agaynst the payne in the eyes.

Take

TAke rawe cabbagges, and braye them and steepe in the sayde iuyce of them some whyte bread, and annoynt your forehead, and it wyll take awaye the paine of your eyes.

Agaynst the dymnesse or daselyng of the syght.

TAke salt Armoniack burned and well brayed: and mire it with the pisse of a yonge childe, and therewith annoynt often tymes your eyes, and laye of it vpon them, and it will take awaye the daselyng.

Another waye.

TAke the iuyce of Fennell rootes brayed, put to it as much good purified honnye, and seeth all with a small fier vntill it be as thicke as honnye. Than put that in a bore of brasse. And when you haue neede mire it with conserue water or womans mylke: and certainely it wil put away the daselyng and dimnesse of the sight incontinent, yf you lay of it vpō your eyes.

Agaynst a webbe or spotte in the eye.

TAke the gall of a whyte Cocke, and braye it with water, and lay it to your eyes or put some in your eyes, and it will take awaye the webbe or spotte, and will consume the droppes of bloode that are in the eyes, and strengthen the sight.

For to take away the hurtfull heares of the eye browes.

YOu must plucke of the heares of the eyes diligently whiche hurte and hinder the eyes: and than annoynte the place with he Goates bloode hote, or Hares bloode, or elles of the bloode of a Batte or flinder mouse, or rubbe it with the milke of a Bitche, or with a needle of copper, whiche being ofte heated and quenched in vinaigre, with the which you shall touche the place, and the heares will neuer growe agayne.

Agaynst

Against all payne of the eares.

YE shall take a scruple of the gall of a Goate, and as much honny, braye all together, and heate it in a fier panne, putting it into his eare, and stoppe it with Wulle, and it wil heale al the paine, yea though there were a canker in it.

Againste the payne of the eares and defnes, and for to purge the apostumes or corruption of the eares.

MYre Bengewine and newe Goates milke together, and put amonge them some of an Ore gall, and oyle of Cedar, as muche of the one as of the other. Put all this luke warme into the Pacientes eares and it wil wonderfully appease the payn of them and comfort the weake hearyng, and also the apostumes of the eares.

Againste the payne of the eares.

HEate wylde Bores pysse vpon the fyer, and put it into the Pacientes eare, for it is a singular remedie. The sayde pysse may be kept in a violle of glasse, or better in the bladder it self of the Bore.

Againste the noyse or ryngyng of the eares.

MYre together the grease of a Goose, with the iuyce of Saffron, and the iuyce of Garlicke, or Garlicke brayed: Than powre it into his eares, and certainly it wyll heale him.

Against all infirmitie of the eares.

YE shall take ground wormes, and seeth them with goose grease: and droppe of the same decoction into the pacients eares, and whatsoeuer payne it be it wyll heale it.

Against

Agaynst defnes and hardenes of hearyng.

TAke an Ore galle, and the pysse of a he Goate: Mire all together, and put of it into the deffe eare and incontinent he shalbe healed.

Against the payne of the eares, defnes, durt, or fylthe, wormes or water that is in them.

TAke the iuyce of onyons, and mingle it with honnye, and than droppe it into the eares, and it will cleare and heale them.

For to stenche bleedyng at the nose.

TAke verye stronge Vinaigre, and powre of it into the eare of that syde that he bleedeth, and if he blede of bothe sydes, put Vinaigre into bothe his eares, and it shall stenche it.

To heale the syckennes called noli me tangere.

TAke the iuyce of the herbe called Dracunculus, or Serpentine, & put of the same iuyce into his nostrels, or dippe in a linnen cloth, and laye vpon the soore and the next day take it away, for it will brynge with it all the rootes of the soore.

Agaynst stinkyng of the mouth.

TAke the roote called acorios, or calamus aromaticus, and chawe of it fasting, as it were Masticke, holdynge it a good space in your mouth, and it wyll make you haue a swete breath and mouth.

Agaynst the toth ache.

TAke the roote of Jusquiam, and seeth it in Vinaigre, and holde of the decoction thereof in your mouth, and it shall heale you.

Another waye.

TAke grounde wormes, and seeth them in oyle, and than bray them wel, and put of the decoction into the eare, on that side that the aking toothe is of, and the paine will cease.

For to make teeth fall out.

TAke grounde wormes, and burne them vpon a redde whote tyle, and than take the ashes of the sayde wormes so burned, and put it into the hollowe and akynge teeth, and couer them with ware, and they wil easely fall out without any payne at all.

For to make teeth whyte that be blacke.

TAke whyte bread, & of a pommyse stone, as much of the one as of the other, burne all together, and make thereof a pouder, wherewith you shal rubbe your teeth, and thei will be very whyte.

For them that be hoarce.

YOu muste swallowe downe, three morninges together the yelke of a newe laye egge rawe.

To heale the disease called the kynges euyll.

TAke Barley flower, liquide pitche, ware, and oyle of equall quantitie, mire all together, and seeth it wel, and put into it a lytle pisse of a ponge cloute, and sterring it well about, laye it vpon the sore in maner and forme of a plaister, and it wil heale it.

Howe to knowe the kynges euyll.

TAke a grounde wormе alyue, and laye him vpon the swellinge or sore, and couer him with a leafe: if it be the kinges euill, the wormе will chaunge

and

and tourne into earth, if it be not, he will remaine whole and sounde.

Agaynst the cogh, and distillation of the brest, and lunges, and running of the eyes, payne of the bladder, and when the pype of it is stopped, whiche causeth that a man can not pysse but with great difficultie. Also for those that spyt bloode at the mouthe, or pysse bloode: and for the flyxe, and collicke, and payne or heauynes of the bellye and cholere and also agaynst a vomityng without an ague. Also against all paine of the bodye excepte of the head: and especially against the vlceration of the lunges, yf you giue the Pacient an electuarye or two of it.

Take sire dragmes of myrrhe, fiue dragmes of frankensence, foure dragmes of the iuyce of poppy called opium, sire dragmes of Saffron, foure dragmes of the seede of white Iusquiam called Henbane, and foure dragmes of the pille or ryne of the roote of black Iusquiam: you shall beate into poudre the sayde barke or ryne by it selfe, and sift it fine and small thorowe a farce or syue, and than grinde the Saffron: and than the seede of the whyte Iusquiam or Henbane, and than after the Myrrhe and the Frankensence. With the whiche you shall mixe the Iuyce of the Poppye, hauynge been layed before in water. And this done, you shall put strayghte waye to it a lytle water, to the intent you maye make thereof Trochiscos or lytle Balles or Tablettes, of the weyghte of halfe a Dragme. You shall take of it at nyght with thre mouthfuls of water. Thys prouoketh sleepe, and allwageth all griefe, as is aforesayde. If you wyll you maye make Pylles of it: for it is all one, as concernynge the vertue of it.

Agaynste all vehement coghes.

K. ii. Take

TAke the iuyce of Leekes brayed, and seeth it with oyle, and geue it to the Pacient to drinke, and it shall profite him greatlye.

Agaynst the cogh be it neuer so great.

TAke Brimstone made in pouder, as muche as you can take vp betwene your three fingers: Giue the same vnto the Pacient with an Egge half rosted, before breakefast, fyue dayes together, if it be a man, but if it be a childe three mornynges. And there is no cogh so vehement, but it will heale it within the sayde tyme God willynge.

For one that hath swallowed downe a blood Sucker.

TAke Vinaigre wherein there hath bene first quenched some redde hote yron: and into the same put some butter, and heate it by litle and litle, and giue it him to drinke, and it wil make the bloode Sucker come out. It hath bene proued.

Agaynst an olde and inueterate cogh.

TAke quicke Brimstone, and beate it into pouder, and wrap it in olde Hogges or Barrowes grease: And than the first day giue three Pilles thereof vnto the Pacient, the seconde day two, and the third day one. And the saide Pilles must be made so that he may swallowe them downe.

Agaynst the bloody flyxe comming of the artere or synew of the lunges, or of the lyuer.

TAke the roote of Consyre called Marquerites, & washe it in colde water and scrappe it with a knife of Iuery or bone. Giue vnto the pacient to drinke two vnces or more of it, and as muche as he can eate. But note that he must not touche any Vinaigre that daye, though

though it haue greate vertue to staye the bloode, for trewely it taketh awaye the effecte and vertue of this roote, if you geue him any with it.

For to restraine a great and vehement vomityngе.

TAke a litle quicke Brimstone, and as much of the scraping of a Hartes horne: all being brayed and made in pouder, mingle and temper it in a softe Egge, and drinke it, and it will stoppe the vomiting.

For them that can not kepe theyr meate in theyr stomack but vomite it vp agayne.

YE shal take a litle aloes and giue it them to drinke with colde water, and it wil make them kepe their meate in their stomacke.

To quenche and asswage thruste.

YE shall take water and oyle mired together, and heate it a litle and drinke, and vomite it vp againe by and by. And if neede be do so againe, and it will quenche your vehement thruste.

Another waye.

YE shall take the yelke of a Henne egge halfe rost, & mired with oyle, and swallowe it downe, and it will take awaye your thruste.

Another.

YE shall take a stone in a Fountaine, and laye it quickely vpon your tongue, and holde it so a whyle and it wyll quenche your thruste.

To stoppe the hycket.

TAke a spone full of Vinaigre made of the Herbe Scilla or Squilla, and drinke it, and by and by the hicket

wyll cease, by the grace of almighty God.

For to stoppe the hycket that commeth often.

TAke whote water, and put your handes into it, and holde them there a good whyle, and the hicket wil cease, it hath bene proued and found true.

A soueraine remedy for them that haue wry necks by reason of shroken synowes: also for them that haue the goute.

TAke the stones of a Beuer, called Castoreum, white Pepper and Perseley of eche equal quantities: bray al together & sift them. This done, take a sponefull of it, and put in so muche honnye, and two mouthe fulles of whote water, and giue it the Patient to drinke before breakefast, and he shalbe healed.

To take away the smelling vnder the arme hooles.

TAke very olde Bengewine, and make it into pouder, and syfte it: and than rubbe your arme hooles with it, and they shall smell well.

Against apostumes and swelling at the roote of the nailes.

TAke an akorne brayed with sope, and lay that vpon it, and they shall be well.

To make a mannes nayles growe incontinent which be fallen of.

TAke the herbe that is called Pentaphillon or Quinquefollium, in Englishe Cinkfoyle, and braye it with any grease: and lay it vpon the place and the naile will come againe incontinent.

Against the disease called Menagra or Lichen, whiche is a foule breaking out or coueryng al the face with a scabbe and beginneth at the chynne.

TAke the freshe braunches of a figge tree, and seeth them in Vinaigre, & than bray them well, & with this annoynt the sore, and vndoubtedly he shall be cured and healed immediatlye.

To

To take awaye the scabbe of a ruanyng tetter, or ryng-worme of the face.

TAke the rootes of wylde colwcumbers, and seeth them vnto the thyrde part, then brayе them well and put to them some lytarge of Siluer, and some Brimstone in pouder, as muche of the one as of the other, and put to it also a lytle Ware: and than rubbe and annoynt the sooze place with it, & it will heale it.

Agaynst Burgeons and pushes in the face, aswell by the heate of the Sunne, as otherwyse.

TAke the yelke of an Egge and brayе it with honnye and Ceruse, and so annoynt your face with it, and it wyll cure them verye well and perfitly.

Agaynst all spots, pimples, pushes, or vlcers in the face,

TAke Masticke, and the herbe called lappa maior, in Englishe clotte or greate burre, sope, ware, olde oyle, lytarge of Siluer, as muche of the one as of the other: mingle al together, and seeth it like an oyntment, and annoynt the place with it, & it wil heale it.

To take away the blackenes of the necke, and spots of the face.

TAke Beane flowze and temper it with the Juyce of the inner parte of Pompons, and make thereof eyght Trochisci or lytle Balles, whiche you shal drie in the shadowe. And when you wyll goe to your bayne or bathe, you shall take as muche as you shall thynke good of the sayde Balles, whyche you shall breake and mire with water, and annoynt the blackenesse or spots with it before you enter into your bath. And when you begynne to sweate, then rubbe the places with it, and washe them, and the spottes wyll goe out. It is proued and found trewe.

Against

Againſt the bruſyng of the face by a fall or ſlyppe.

TAke the rynde or barke of a Radiſhe roote, and braye it well, and mire it with Honnye, and annoynt the place and it will heale you.

Another waye verye good.

YE ſhal take new ſofte cheeſe made of Goats milke braye it with honnye, and laye it vpon the place, and couer it with a clothe, and it will take awaye the bruſynge immediatly by the helpe of God.

Againſt wartes and malanders.

YE ſhall take the herbe called in Latine Scorpius, becauſe it hath ſeedes lyke vnto a Scorpions tayle: braye it well, and put to it a graine of ſalt, and lay it vpon the wartes, and they will fall of.

Againſte ſwellynge of the ſtomacke, paine of the rayne, gravell, fleame, collicke, the emorrhodes or pyles: alſo to ſtaye the flowres of a woman, and for thoſe that haue an infected lyuer and ſplene: alſo for thoſe that coghe ordinarily, and for them that haue the fallyng ſyckennes.

TAke an vnce of the roote of Enula campana, three vnces of Fennell ſeede, two vnces of blacke Pepper. Stampe eche of theſe thinges by them ſelfe, and ſifte them verye fyne. Than putte all into honny halfe ſodden, and geue the Patient of it the quantitie of a haſell nutte with whote water. Some take it with Drimel, other ſome with wyne, and other take it alone in a ſpoone, to make them pitte the ſtone and gravell.

Againſt the payne of the Splene.

TAke a dragme of the roote of Enula campana, dryed and made in pouder, and than ſift it fine, and geue it the Patient

Pacient fastinge with olde wyne, and this wyll cure the Splene.

Another.

TAke cucumis auquimis made in pouder as muche as you can take vp with your three fingers, and braye it with wine, and giue it the Pacient to drinke before breakefast, and it wil take away the payne.

For the payne of the loynes or haunches.

TAke the roote of Iris or gladiolus, and braye it with quicke Brimstone and Beares grease, and laye it vpon your loynes lyke a plaister, and you shall fynde a soueraigne remedye.

Agaynst the swellyng or vlcers of the raynes of the backe, and kydneyes.

TAke the leaues of drye Roses, the seedes of blacke Poppye, and the kernelles or berries of Pyneaple, of equall quantitie. Stampe eche of these thinges by it selfe, and mingle all together, and take of it the bignesse of a walnut, and put it in two mouth fulles of wyne sodden, and three of water, and geue it the Pacient to drinke, and it will heale him although he pissed bloode.

Agaynste the payne of the grauell, and for to make a man pysse.

YOu shall take a lytle amber stone, of the roote of Cyperus, and of blacke Pepper, stampe it, and than seeth it, and giue it to the pacient to drynke a spone full fasting, and it wil make hym pysse, and aswage the paine of the grauell.

Agaynst the payne of the rayns.

TAke a pounde of wylde or marſhe Mallowes, freſh ſheepes dunge, & the old leafe of a hogge, which is the fatte that lyeth by the backe, and the ribbes, whiche huſbandes vſe to rolle vp and keepe to make ſaulues, of eche two pounde: Stampe theſe thynges and mingle them together. That done, laye it vpon Mulle new ſhorne and vnwaſhed, and ſo laye it vpon the raines of your backe in maner of a plaiſter, and it will ſhortlye take awaye the paine.

Agaynſt the grauell.

TAke the rootes of aſparagus, in Engliſhe Sperage, of Saxifrage, the roote of clotte or great Burres, the roote of Smallage or Alexanders, the roote of Ebulus, in Engliſhe Walwort or Danewort, thre garlyke heades, the leaues of Willowes, and a lytle perſley. Stampe all theſe thinges and mingle them together, and giue the Patient to drinke of it thre morninges with ſodden wyne, or with ſome ſweete wine, or wyne made ſweete with honnye, and it will make him piſſe the grauell.

Agaynſt the payne of the bladder and grauell.

TAke the ſkinne of a Hare newe ſleane, and put it heare and all in an earthen potte, or laye it vpon a cleane tyle, & that done put it to the fyer, ſo that you maye make a pouder of the ſame ſkynne, the whiche pouder beyng ſifted, you ſhall keepe in ſome cleane veſſell. And when you ſhall neede it take thereof three ſpone full in youre drynke: whiche thynge ſoone appeaſeth the greefe of the bladder, and the the grauell. Nevertheleſſe the remedye woulde haue greater vertue, yf you tooke the whole Hare alyue, and put hym in a newe earthen potte, and ſtoppe all the hooles with plaiſter or with clave, ſo that there come no aire oute. Than yf you put the ſayde potte into an Ouen, and lette it burne with a ſmall fyre, and whan it is thorowly

thoroughly burned, make it into a very fyne pouder, and sift it fynely, and than vse it for your purpose. This is verye good for them that haue the grauell, and that pisse bloode, yf it be taken with a lytle wine.

Agaynste the bloodye flyxe, or frettynge torment in the bellye.

TAke mylke, and quenche whote flynte stones in it, or elles some whote iron, and that done dyuers tymes, giue it to drinke vnto the Patient (prouided that he haue not the ague) and he shalbe healed.

Agaynste the straynynge, frettynge, and grypynge of the bellye.

TAke seuen or nine of the longe and red berries of a wylde rose tree, and let them be rype. Bray them well, and geue to the Patient with olde wyne, yf he haue not the ague: but if he haue the angue, gyue them him with water. And if neede be, you shall gyue them him so three dayes together, and he shal finde it a soueraigne remedie.

For those that haue frettyng and gryppyng in the belly, and the laxe.

TAKE the yelke of Egges rawe or rosted, wylde greene Reasyns, Galles as muche of the one as of the other in weyghte: Pyre all together in drayinge it, and gyue it to the Patient whote and he shalbe cured by the grace of God.

Agaynst the collicke.

TAke a Penne a lyue, and ſee that ſhe eate not in two dayes: than kyl her, and take the lytle ſkinne that is in her breſte, or throte bole, and drie it and make it in pouder, the whiche you ſhal geue the Pacient, with ſome harſhe or groſſe wine ſomwhat ſharpe. And the Pacient muſt be faſting, and not hauing ſupped the night before, but kept in a good diet.

Againſt the payne of the collicke comming ſodainly.

TAke the heele of a Hare, and carye it about you, and the ſodaine collicke ſhall neuer take you.

Againe the payne of the guttes or bowelles.

YOu ſhall take Baye leaues, and ſeeth them in water, and giue the Pacient drynke of thys decoction and he ſhalbe healed.

For to ſtoppe the laxe.

TAke the rootes of Hartes horne nert to the head, and make a fyne pouder of it with a ſyle: and of this pouder giue a dragme vnto the Pacient with redde wyne a gobblet full: and this wil ſtoppe the laxe if he vſe it three mornynges.

Againſt the frettyng of the bellye or laxe.

YOu ſhall take one Pomegranade or many, and put them in an earthen potte, the which you ſhall ſtop well and lute aboute with Potters clape, to the ende there come no aire oute. This done, ſet it in an Ouen to be burned: than the Pomegranade being wel made into pouder, keepe it. And when you haue anye fretting or gripyng in your bellye, commyng ſodenly, drinke a lytle of the ſame pouder with wyne, and you ſhall be ſoone cured.

For

For to knowe a secret or hydden dysease of any man and to heale the same.

TAke a yonge whelpe that yet sucketh, and let him lye nyght and day with the man the space of thre dayes, duryng the whiche tyme the pacient shall take milke in his mouth, and spite in to the whelpes mouthe. Than take the sayde whelpe and cleaue him in peeces, and you shal know the sicke part of the man by that of the dogge, which you shal see either infected or whole and sounde. For certainlye the whelpe draweth to him self the secrete and hidden disease whereof he dieth, and the man shalbe healed, and you maye burye the dogge.

For them that voyde blood at theyr fondement, and for those that haue theyr bloode broken.

YOu shall take the yonge springes of nettels verye tender, braye them well in a morter, and take the iuyce of them, and giue it the Pacient to drinke alone in the morninge, or with some stronge Vinaigre and colde water, three dayes together, and there is none so corrupt bloode but it will purifie, nor no lare so greate but it will stoppe it.

Agaynst the wormes that engender in mens bodyes.

YOu shall take the galle of a Bulle, and dippe some Mulle in it, and lay it vpon the Nauell, and it wil make the wormes come out of the bodye.

Agaynst the gripyng of the bellye and desyre to go to the stoole and yet do nothyng.

TAke cowe milke sodden, and geue the Pacient oftentymes drinke of it and he shall be whole.

Agaynst the payne of the collicke.

TAke the lytle byrde called in Latyne Vpupa in Engliſhe a Lapwinge, and burne her whole with her fethers, and take of the aſhes, and giue it the Pacient to drynke in wine.

Againſt the vlcers or fyſtules in the foundement of a man.

TAke Date ſtones and burne them and than make them into a fine pouder, & laye often tymes of the ſame vpon the fiſtules or vlcers, or vpon the hole of the foundement, and he ſhalbe whole.

For to heale the emorrodes, or thoſe that loſe their blood.

TAke Leekes and braye them well, and take the iuyce of them, the whiche you ſhal giue the Pacient to drynke before breakefaſt, and the Emorrodes will ſoone ceaſe by the grace of God.

Agaynſt the vlcers of the foundement, and agaynſt the diſeaſe called commonly ſainct Fiacres ſyckennes.

TAke the pylle or ryne of a Pomegranade, breake it and ſeeth it in good wine, than bray it wel, and laye it vpon the ſoore place lyke a plaiſter, and it will without fayle heale the diſeaſe.

For to rype or breake an apoſtume or ſwellynge in the gryne.

TAke naſturtium, and bray it with pitche, and lay it vpon the ſwelling or apoſtume, and he ſhalbe whole.

Another.

TAke vnſlekt lyme, two garlicke heades, the yelkes of thre egges, mingle al together, and lay it vpon the ſore place like a plaiſter: this will put away all the payne and ſwellinge of the apoſtume.

Againſt hurt or flawing of the ſkyn by chafing and going either of the feete or betwene the thighes.

Take

TAke a morter of leade, and a pestle of the same, and put in the saide morter some oyle roset, and the yelke of an egge: the which things you shal grinde vntill they become thicke: and till some of the leade be mingled with the said oyntment. And when it is thick like a plaister, spreade it vpon a fyne & soft linen cloth, and laye it vpon the paine, and continue thus three daies vntill the paine be whole.

Against the swellyng and payne of the soles of the feete.

TAke the Mosse that groweth in the water, but let it be greene, bray it wel with oyle olyue, and laye it vpon the place with a linnen clothe, and it will cease the payne, and take away the swellyng.

To make wartes fall of.

WHen you kyll a Hogge, let hym that hath the wartes receyue the bloode euen whote vpon the place where the warts be, and assone as it is dry let him washe it of. And if it be a woman that hath these wartes, she muste take the bloode of a sowe, and she shalbe healed of them.

For to take away the felons and catts heares, which breake out with wheales in the fyngers, and also knoppes growyng in the feete.

TAke grounde wormes, stampe them and with a litle oyle laye them vpon the soores, and they wyll bryng them awaye, and heale them.

For to asswage the payne of the goute quickely, and for all griefe of the feete.

YOu shall take grounde Wormes, and put them in Vinaigre, that they maye purge them selues of all the dourte and fylthe. The nexte morynge wype

wype them dzie, and putte nyne vnces of them in a pounde of greafe, bzayinge them a good whyle, to the intent you maye incozpozate them: and therewith annoynt your feete, and the payne fhall eafe.

Another waye.

TAke a Fore and feeth him well, than ftraine the decoction of him thozowe a linnen clothe, wherewith you fhall bathe and wafhe often tymes your feete, and it will take away the paine.

For to get out anye thyng that fticketh in a mans bodye as thornes and fuche other.

TAke a peece of a Sponge oz Wulle dipped in piffe and laye it vpon the thynge that fticketh in the fleffhe, and it will come out without paine. Oz elfe take fome larde, and feeth it in it owne greafe, and than laye it vpon the fooze place and bynde it, and it wyll dzawe out all thing that fticketh in the fleffhe.

Here foloweth certaine receiptes againft the Plague.

A compofition preferuatiue agaynft the peftilence, excellent as it were Tryacle or Mythridatum.

TAKE Pympynell dzyed an vnce and a halfe, Sordij veri, rootes of Gentian, Imperatoriæ, Zeduariæ, of eche fixe dzagmes, Calamint, apiaftrum oz citraginis, enula campana rootes, tormentillæ, whiche is a kynde of cinkfoyle, Baye berries, the feede of carduus benedictus, which is one of the kyndes of the herbe called attractilis, an Ozenge oz Citron, oxalidis, which is a kynde of Sozrell, Bole armenicke pzepared of eche thze dzagmes, lykozyfe fcraped Glycaniff feminis, ỹ fedes of Scariola whiche

which is intibus satiua of the kynde of Endiue and Lettuce, Cynamomi exquisiti, of eche two dragmes, Gyllo-flowers, redde Roses, Coriander prepared, the seede of Basill, Corticis citrij sicci, Santali lutei vel rubri, Agallochi, that is Xilaloe, vel ligni aloes, the scraping of Iuorie, red Coral, Pearles of eche a dragme and a halfe: Saffron two scruples. All these beinge beaten verye small, mingle them with Sugre of equall quantitie, or elles with Oxymelite or syrupo acetato or oxysaccharo, or rather the Syrope of Lymons: But vnto weake stomacks contrary lette it be made lyke to a liquide confection, eyther opiatæ vel massæ, or els let there be an electuarie per tabellas of a dragme weyght, or foure scruples, yf you adde vnto euery vnce of Sugre a dragme of the sayde pouder. You shall take of it two or three houres before your meales. If it be pouder, the quantitie shalbe a dragme or halfe a dragme at the least, with some conuenient lycour of those whiche are nowe named. If it be opiatæ, the quantitie of a Chestnut or Walnutte. If it be in forme of a masse and thicke you shall make two or three Pylles or mo verye soft for to take at one tyme, drinking after it some suche lycour as I haue already spoken of. When it is in lytle tablettes, you maye take one or two.

Another composition in pouder, or in another maner for the same.

TAke ỹ rootes of angelica, Gentian, Zedoaria, of ỹ rotes of tormentilla, ỹ seedes of oxalidis citrij mali, Synamome elect, which a kinde of cassia, of yellowe or red Sandale or Sandars, carduus benedictus, of eche two dragmes the pille of an Orenge, a dragme and a halfe: the scraping of Iuorie a dragme, redde Coral all half a dragme, of the best Sugre lyke weyght, put to all these thinges as the pouder shall seeme pleasaunt & good. Or yf you wil seeke another way as is spoken of the first preseruatiue. As concerning ỹ quantitie of this cõpositiõ at euerye tyme, & the tyme of vsyng it, let it be as the o-

ther before. But if you wil haue the both, let them not be of lyke sorte, but the one in pouder or in tablettes, the other in opiate or masse with pilles.

Common pylles very good for the same.

TAke aloes probatæ & lotæ two vnces, of Saffron an vnce, of good Myrrhe as muche, or els Myrrhe and ammoniacum dissolued in white wyne, of eche halfe an vnce, myre them with honny roset. And in winter you may put to it Zedoaria, Agallochi or red Sanders of eche a dragme. But in sommer take away the Myrrhe and ammoniacum, and put to it bole armenicke prepared three dragmes, red Coral halfe a dragme, Camphyre halfe a scruple. You shall commonly take a pille or twaine before your meales. Sometyme you shal procede vnto a dragme after your first slepe.

Antidotes or medecines preseruatiues and comfortable, of small cost, easye to fynde and prepare for poore folke.

1. TAke Garlike, and drinke a litle wine after it: or a figge with a Walnut, and Rue and a lytle
2. salte specially in winter.
3. Take twentie leaues of Rue with two Walnuts and as many figges, and a graine of salt, al being myxt together receyue it in the morning.
4. Take sixe leaues of Rue with Vinaigre.
5. Take the roote of the herbe called in Latyn Imperatoria of some Laserpitium gallicum in Englishe Pellitorie of Spaine.
6. Take the roote of angelica.
7. The roote of Gentian.
8. The roote of Zedoaria.
9. Of carduus benedictus.
10. Of carlina.
11. Take the herbe called Scordium, of the one, of the

the two, or of no, in small pouder the quantitie of a Dragme, eyther in a softe masse made with sodden Honny and Vinaigre, or with some handsome Syrop, as of Lemons, or in opiate, the bygnesse of a Chesse-nutte or of a Cyche pease with Wyne in Winter, in Sommer wyth Rose water, or wyth the Juyce of Sorrell.

12. Take Sorrell alone, or with Pimpernell tempered in Vinaigre, and drinke of it in the morning.

13. Or the Juyce of them, wherewith you may make a tosse in Sommer.

14. Or Jenyper berries, greene Pimpernell leaues, of Betonye, of Pulegion, of Sorrell as muche of the one as of the other, brayed together, sodden with sodden Honnye, and a lytle Vinaigre lyke a conserue.

Another medecine.

15. Take Jenyper berries, Bole armenicke of eche two Dragmes, or of equall weyghte. Being stamped let it be layed in swete oyle and Vinaigre, or in Drimilite, in a meane forme, either opiate or masse. If it be opiate, take as much of it as a Chesnutte. If it be masse take one great pille and drinke after it a lytle Hydromel or Drymel, or wyne.

The thynges of sauour or sweete smell, as pouder, balles, waters, parfumes, and fyrst a pouder for many purposes.

TAke Iris florentiana foure vnces, of Maioram in Latyne samsuchum, redde Roses, Cloues, of eche an vnce, Melissophilli, Nucis odorate or muscate, Zedoaria, Cynamome, Agallochi, yellowe Sanders, Mastick, Storax calamita, Bengewine, of eche half an vnce, calami odorati, spicæ nardi radicis, of eche a Dragme: Juncus odoratus two scruples.

Make of these a ponder to smell, to be beaten and broken in some peece of sylke or fyne linnen clothe. Beate also these thinges grossely for to parfume and to wash your head and beard: or elles let them lye a certayne tyme in whyte wyne and rose water, and afterwarde straine them. And keepe that whiche shalbe strayned for to vse when you will, or let them be stilled in some double bestoll, that there may be aqua aromatica. As I said it is for to parfume your chamber morninge and euening, being layed vpon coales, or this ponder to giue a good odour keping it about you or in some place betweene your garments and linnen, or to make a lytle bagge of it, or to mire it with some lytle our meete for to washe your head and bearde, or otherwyse to weare your handkercher in it, or some peece of sponge to swell to or to make distilled water of it, for to smell to.

A parfume.

TAke coales of Willowes eyghte vnces, Ladani puri, two vnces, Frankensence of the male kinde of the wodde and berries of Juniper of eche an vnce, Agallochi or Xilaloes, Bengewine, Storax calamita, of eche halfe an vnce, Nutmegges, yellowe Sanders, of eche three dragmes, Cloues, Storax liquida, of eche two dragmes, Zedoaria, calamus aromaticus, of eche a Dragme, gomme tracaganthæ, dissolued in rose water sufficiently. And make lytle parfumes of what fashion it pleaseth you.

A smellynge balle.

TAke pure Labdanum, two vnces, Bengewine an vnce and an half, the coales of Willowes an vnce Storax calamita, sire dragmes: Iris florentiana, halfe an vnce, Cloues three dragmes: Maioram, yellow or red sanders of eche two dragmes: reede roses calamus aromaticus, of eche two scruples, Leuigentur. Than take the ayle of sweete Almondes, Bengewine of eche sire dragmes Storax calaminta half an vnce. Let these things seeth together

together with fire dragmes of Rose water. Than straine it, and let that whiche is strayned be made soft with two vnces of whyte Waxe, and Storax liquida a dragme. Make it lyke a cereatum or plaister with the which the other things must be stamped and incorporated with a whote pestell. Put to it a dragme and a halfe of Muske, or els two scruples.

Another sweete balle meeter for the Sommer.

Take redde roses and Violets, of eche three vnces and a halfe, the berries and leaues of Myrtle yf you can get them, coales of Willowe, of eche an vnce: Jenyper berries, the Pilles of Orenges, of eche fire dragmes, yellowe or redde Sanders two dragmes: Benge wine a dragme, Camphyer two scruples. Make hereof a pouder. Than take oyle of Roses an vnce and a halfe, Storax calamita, Benge wine of eche two dragmes: an vnce of rose water, or as much as shall suffice. Make that soft that is strained with two vnces of whyte Waxe. Make a ceratum, and beate all the rest together with a whote Pestell. Put to it a litle Muske fiue or fixe graines.

Outwarde remedies to purge the ayer, the easyest, the presentest, and those that are of the smallest pryce for men of small habilitie.

Parfume some Jenyper berries of the roote clouen a sunder and dried, and of the other drogges before mencioned for the fyrst outwarde remedy.

2. Vinaigre alone, or mixte with Rose water, for to sprinkle your chamber.

3. For to hold oftentymes in your mouth, and chaw, namelye whan you go out and keepe companye with men, there also the Pille and seede of a Citron, which geueth a good odour: Cinamome, Cloues, the rootes of angelica or Zedoaria, and such lyke, as are afore mencioned.

4. For to smell with a Sponge, or with a Handkercher daye and nyght, Malmsey, or other stronge wyne and sweete, as Muscadell alone, or els with rose water, wherein there hath bene tempered some aromaticall drogge already spoken of, as Cloues or nutmegs.
5. Or good Vinaigre twyse as much as of colde water with a litle Camphyre, specially in Sommer.

A pouder agaynst the wormes.

TAke Coriander prepared fiue dragmes, Jenyper berries three Dragmes, Sothernwodde, Hartes horne, corallinæ, of eche two dragmes: whyte Agaricke newe made in balles: Nutmegge, Cynamome elect, of eche two scruples, make of this a metely fine pouder.

The whole summe of the regiment and gouernyng of a mannes selfe.

1. IT is necessarie that you be kept nete and cleane, and all thinges in your house, flyinge diligentlye and as muche as you can all euill ayre.
2. Auoide al excesse and superfluitie, specially in drinking and eating, and from women.
3. Also from trauaile, and from excesse in sleeping and watchinge.
4. Beware of moyst meates and corruptible, and of all thinges that is cause of rawnes, and other euyll humours.
5. Lyue soberly, drinke and eate at ordinary houres, and in good order.
6. Take your reste, and vse some neate and good exercise or occupation.
7. Maynteyne and keepe youre naturall or accustomed voyding.
8. Be merye.

A soueraigne pouder agaynst the venyme of the plague for ryche men and for princes.

Take

Take Saphyre, Hyacinthe, Smaragdus, of one of these, or two, or of all, one Dragme: of Pearles, Bole armenicke of the best, the seedes of Dralis, of eche two Dragmes: of the scraping of Ivorie two scruples, of Unicornes horne a scruple, of the seedes of Oetmum halfe a scruple, yellowe or redde sanders: Agallochi or Xilaloes of the best. Doronici, Cynamom exquisite, saffron, of eche three graynes, Muske syre graines. Make hereof a fyne pouder. You maye leaue out the Muske for them that loue it not.

The vse of the saide pouder and for other that folow shalbe declared afterwarde.

A pouder for poore folke, of no lesse efficacie and strength than the seconde.

Take bole armenicke of the best two dragmes: the seede of Dralis three dragmes, aloes hepaticum lotum redde Corall of eche a Dragme, the pouder of Diamargariti frigidi two scruples: the pouder of Diatrio santalon eyght scruples, the pylles of drye Drenges, Cloues, Cynamome, Saffron, of eche fyue Dragmes. Make thereof a fyne Pouder. You shall vse the sayde Pouders with Conserues, or wythoute them, wyth Syroppes, distilled waters, or rather wyth Iuyces, and other suche conuenient lycours

A drynke for poore folke, and in a places, where there is none or verye lytle Iuyce, eyther of Syrope, cytrons, Lemons or Pomegranades.

You shall take the pouder prescribed for poore folke conditi rosati, or conserue of Roses, conditi boraginis, or rather coraginis, of eche a Dragme and a halfe:

of the

of the ſucke of Oralis two vnces Succi arantij, Succi coraginis extract with Roſe water: of good whyte Vinaigre of eche an vnce, and make thereof a drinke.

A drynke often tymes tryed, profytable, and wholeſome, the whiche as many men ſaye, was neuer found vaine.

TAke pouder of Motherworte, of the firſt, or of the ſeconde two dragmes: the ſeedes of Sancti or of Orenges: of Myrrhe, of eche a dragme: the ſcrapinges of Hartes horne a dragme, mire them together well beaten. You muſte drinke this with whyte Vinaigre before a ſter: and as ſoone as there appeareth anye ſwellynge in the gryne or flanke, or vnderneth the arme hooles, or any where elles, the remedye muſte be readye: for it prouoketh great ſweate whereby the venim or infection anoydeth in euerye parte. The Pacient thus ſweatinge his infected ſweate beſyde a fyer, muſt be rubbed and dried with whote lynnen clothes, whiche muſt be alwayes chaunged, vntil the ſauour of the ſweate begonne with rubbynge. Of the ſayde pouders alſo a man maye make conſerues or opites after this maner that folowth.

Opiate.

TAke of the fyrſte or ſeconde pouder, Orenge pilles conſerued, of eche an vnce and a halfe, conditi roſati, that is to ſay, the conſerue of Roſes, the conſerue of Bugloſſe of eche two vnces, of the ſyrope of the iuyce of Citrons or Lemons or Orenges, or elles of Oralis or omphacini, as much as ſhal ſuffice. Make therof a liquide electuarie in forme of an opiate. Whereof take an vnce or more, & drink after it ſome of the forſayde lycours, and ſuch as here followe. It ſhalbe wel done, to mingle an vnce of Purcelane with the licours as folowth.

A drinke

A drynke meete after euery takyng of the sayde opiate, or to be mixte with the takynges of the same opiate, for the strongest or meanest men, accordynge to the place and tyme.

TAke the Juyce of Citrons or Lemons thre vnces, of the wyne of sowre Orenges of whyte Rose water, of eche an vnce. And mixe them together.

A drynke for poore folke.

TAke the Juyce of Sorrell verye cleare thre vnces, of bitter or sowre Orenges, good whyte & cleare Vinagre, rose water, of eche an vnce. Make thereof a drinke, putting to it a lytle Sugre if you wil.

A drynke to cause one to sweate.

TAke good triacle or Mythridatum a dragme, bole armenick of the best, or of the pouder of one of the herbes called cardiacæ, afore discribed halfe a dragme: Scabiose water two vnces: water of Dralis, Bugloss or Borage of eche an vnce: and make thereof a drinke.

Another drynke easye for poore folke.

TAke the decoction of Scabiose, and of the flowers of redde Poppye a glasseful with a lytle Sugre. Or a Ptysane made with Barley and Anyse seede and the rootes of Persley. Or of the decoction of Cyche peason, the rootes of Persley, the rootes of Succorye: the one or the other decoction with sharpe Syrop two vnces, or with Sugre and a lytle whyte Vinaigre. These drinkes must be taken whote, the Pacient beinge well couered in his bedde. The Triacle and Mythridate, although they be of great efficacie in this behalfe, yet they are not meete for women with childe, nor for ponge children. The vse also of them ought not to be often, nor in greate quantitie, when the feuer is

great. Some mennes aduise is to mingle the medecine for sweating wᵗ some distilled water, or with the decoction of herbes, concerning the part to the whiche the venimous matter hath his course. Nowe yf a man knowe that the matter goeth to the head, they will that the patient take it for to sweate wᵗ some distilled water, or with the decoction of Betony: but if it go to the vitall partes or to the brest and hart, with the water or decoction of Borage, whiche is very Bugloss. Yf it go to the belly and bowels, with lycour of Worme wodde. Yf to the lyuer, then with the decoction, or water of Agrimonie, which is the true eupatorium.

An epitheme or medecine to laye the region of the harte to coole it.

Take Rose water foure vnces: water of Violettes and of Nempher of eche thre vnces: water of Bugloss, of Oralis, of wine of pomegranads of good Vinaigre, of eche two vnces: of Coriander prepared three dragmes, redde Roses, flower of Pearles of eche a Dragme: of redde Sanders halfe a dragme: of bothe Coralles, of Camphyre, of eche a scruple: Saffron half a scruple, myngle them togyther. And make thereof an Epitheme.

An Epitheme for the Harte good for poore folkes, whiche maye also serue for the Lyuer.

It is made of twelue vnces or a pounde of Rose water, of three vnces of good whyte Vinaigre, putynge to it in Sommer whyte and redde Sanders, of eche a dragme. Yf it be in Winter, in stede of Sanders you shall put to it Cloues, the flowers of Nardus celtica, or of Lauendar of eche a dragme.

An Epitheme or medecine for the Lyuer.

Take the water of Succory in Latine ambubeia, Rose water, of Oralis of eche foure vnces: whyte Vinaigre

Vinaigre: wyne of Pomegranades of eche two vnces: pouder of Diarhodon abbatis two dragmes: the pouder Diamargariton frigidum, whiche is a confection made with Pearles, one dragme: redde Sanders halfe a dragme: Camphier halfe a scruple. Make thereof an Epitheme.

Locall medecines, and fyrst a plaister or oyntment, for to drawe and dissolue.

TAKE the rootes of Narcissus, or of Flowerdeluce with his oyle, and braye it with Honny. It is good for a delycate bodye, and easeth all the payne.

Another easye drawyng medecine.

TAke Rue or Dogon brayed with Triacle, or Triacle alone, or of a Radishe roote cutte into lytle rounde peeces, and laye on one after another, and chaunge it often tymes.

Another very good in maner of a plaister.

TAke Diachylum, two vnces, Ammoniacum, Galbanum, of eche halfe an vnce and put them together.

Medecines of the kyndes that burne the skynne or flesshe called medicamenta caustica, or vesicatoria, whereof the fyrst is very stronge.

A plaister of Cantarides, and of vnsleckt lyme mixed with oyle of Walnuttes in steede of a lancet, for to get out the swellynge.

Another plaister.

TAKE the rootes of Parcisse or of Lilies sodden with ashes, of Pigeons dung of eche equal parts: of melligo anacardina called mel anacardinum as much as shall suffice. And mak thereof a plaister.

Another stronger.

TAke fermentum acris, sowre Leuen, Sope, Figges, olde Walnuttes, of eche half an vnce, Iris florentinæ muskarde seede, vnsleckt lyme, Calcanthum, that is to saye romain Vitriol, beaten together of eche two dragmes: as muche Turpentine as is nedefull. Make of it a plaister.

A medecine that cleanseth and purifieth.

THe yelke of an Egge mixte with a lytle Barley flowre or wheate flowre, putting to it honnye roset. It is verye sweete & mete for a delycate body.

Another of the same very good.

TAke the Jupce of Garlyke sire vnces: the Jupce of Wormewodde, good Honny of eche three vnces: Barley flowre or Wheate flowre, or flowre Darnell or Bearebarley two or three dragmes. Seeth it vntill it be somewhat thicke, and make of it an oyntment that mundifieth or purgeth the sooze.

A playster incarnatyfe.

TAke the leaues of Pimpernell, of Betaine, Veruin, semperuiui tertij, commonly called Vermicularis, of the lesse Centorie, of eche a handefull and a halfe: seeth it in whyte wyne vnto the halfe. And being strained put to it Rosen, Mare, sheepes suet, of eche three vnces. Seeth all together with a lytle womans milke put in it, vntill the Jupces be consumed. Than whan you haue taken it from the fier, put to it when it beginneth to be colde, Rosen, Turpentine, three vnces, cleare Masticke and prepared ten dragmes, aloes hepaticum two dragmes: mingle them and sturre them with a porticke, and make of it a plaister.

A

A repercussyse and resolutyue oyntmente agaynste the Canker.

TAke Lead burned and washed, Pompholix which the Apoticaries do cal Nil, Frankensence, of eche two vnces, Wormewodde, of that which is called absinthium ponticum halfe an vnce, oyle of Roses three vnces, Ware syre dragmes: the iuyce of nightshade, as muche as is sufficiente for the thickenesse of the oyntment.

A playster dyapompholigos of Theodoricke, for to stoppe the gnawyng and eatyng of the canker. It is repercussiue, refrigeratiue and desiccatiue.

TAke good oyle of Roses, whyte Ware, of eche two vnces: the iuyce of the redde graines or berries of the herbe called Solanum two vnces: redde Lead washed an vnce: Lead burned and washt, Pompholygos commonly called Tutia, of eche half an vnce: frankensence of the male kinde two dragmes. Make thereof a playster.

An oyntment verye sweete for cankers that haue corrupte matter in them, whiche also alayeth the payne of those that haue no corrupt matter in them.

TAke good Ware, Turpentine, Bulles suet, the newe & fresh marow of a Deere or Calfe, oleum ricinium, newe and freshe Goose grease, Honny electe, Frankensence, Diphrix, Pomphilix, of eche equal portions, and of cæspum thryse as much, without ỳ Frankensence the authour thinketh it wil be sweeter, but with it more resolutyue and wyll rype it the sooner, and is better for Cankers that haue no corrupte matter in them.

An oyntment of a meruelous vertue agaynste the eatyng and running of the canker, and to take away al the griefe of the same.

TAke Rue or Sumach sertarios three. Pilles of Cipres three vnces, Galles not ripe, Cassia of eche an vnce & a half: Vinū adrianum, that is to say: wyne that byndeth, and olde wyne of good odour fyue sertarios. All these thynges beyng bruised together, laye them in wyne three dayes, and then seeth them three or foure wawmes styrring it with a fyse of Cypres. Then hauyng wronge all oute diligentlye, and caste awaye the thycke of it, the Juyce wyll seeth in the thyckennesse of Honnye, for to be kepte afterwarde in a vessell of Glasse.

Thys oyntment muste be vsed alone without anye mixture agaynst the sayde disease, addynge to it sometyme a lytle wyne. Yf the medecine be to thycke you muste make it liquide and softe, for the syckennesse whiche possesseth the priuye partes of a woman, that is to saye, the necke of the Matrice. Yf you dissolue it in the milke of an Asse, it mitigateth the paine, also is very profitable for al other scorching of ỹ skynne that runneth in length, & extendeth more and more, and bryngeth no inflamation. It is good for to drye vp the eares that haue bene of longe tyme subiecte to a runnynge and putrified matter of bloode corrupted. Also for the Goumes that bee infected and wythered, also agaynste vlcers that bee harde to heale, and can not bee cutte, but wyth greate payne, yf it bee mingled moderately and reasonablye. But howe is it that softe and gentle remedies shoulde resiste suche a disease, to the whiche the roughest and the moste wyldest geue place. The sayde oyntment is to bee prepared as foloweth.

Take Sumach a pounde: Pylles of Cipres three vnces: of vnrype Galles, of Cassia, of eche an vnce. Vinum adrianum, that is to saye: Vinum astringens, foure pounde.

A plaister mitigatiue, and very gentle for Cankers, specially of the brestes or pappes.

Take

TAke Saffron, Poppye, Frankensence of the male kynde of eche a dragme: Lithargyri, Plumbi vsti loti two dragmes, Ceruse prepared an vnce and a halfe: whyte Ware two vnces, Goose grease, newe and freshe butter of eche three vnces. Rosacci boni foure vnces. The pouder being draped with the Juyce of Porella must be mingled with the thinges molten.

FINIS.

Here after folowe manye goodly receyptes, touchynge the handelynge of dyuers metalles, all well tryed and approued.

And fyrste for to harden yron.

TAKE Ueruine, and bray it stalkes and all, and keepe the iuyce of it in some glasse. Now when you will harden any yron, put to the same iuyce as much of pisse, with the iuyce of a litle worme called in Latyne Spondilis, in Dutche Engberlincker. And let not your yron be to whote, but when you see that it is indifferent whote, quenche it in the saide mixion, and let it coole of it selfe vntill you see lytle spottes vpon it somewhat yellowe, and than put it to the sayde water. If it ware verye blewe, it is a signe that it is not hardened inough.

For to harden knyues, and other suche lyke.

Take

TAke the marowe of a Hoꝛse, wherein you shal coole your Iron.

For to harden a fyle or other instrument of yron.

TAke olde shoes and burne them, and make them into a pouder, and put to it as much salt: cast this mixture vpon and vnder the Fyles in a Cofer oꝛ Chest of yron couered with a couer of yron: and lay the pouder so that it may bee as much aboue as vnder, the thickenes of a strawe. Couer the sayde cofer with his couer, and put it into ẏ fyer vntil it be redde whote: after this let it fall into some colde water, & you shall haue the Fyles good and very hard. You may annoynt them also with oyle of Lyne oꝛ he Goates bloode.

To harden any other substaunce materiall.

TAke the iuyce of Tynkefoyle, with the iuyce of Wozmewodde, and put it in some Glasse, than take wozmes which you shall stampe, and straine thozowe a linnen clothe, and rubbe the whote yron with all, and than quenche it in the sayde iuyces.

To make any instrument of steele harde and sharpe.

TAKE the leaues and rootes of Bugloss sodden in water, wherein you shall quenche your instrument of yron.

Another.

TAke Dragontion with his rootes, and as muche Veruine: seeth this in cleare water, and lette it coole, and ware cleare, and so annoynte your instrument with it. Also take mannes pysse mixte with cleare water, made luke warme: in this quenche your instrument. Also you may harden it in good Mustarde made with stronge Vinaigre. Also when you wyl harden any thing you must see that it be cleane neate and polished.

Foꝛ

For to kepe it from cleauyng when it is a hardenyng.

TAke Tallowe and melte it, than powre it in colde water vntill it ware thicke and swymme in the water the thicknesse of a fyngar. Than take your instrument whote, and put it first thorow the Tallow and then into the water. Some quenche also shurtes of malle in the iuyce of Rape rootes.

To make yron or steele softe.

IF you will make yron or steele as softe as copper, take vnsleckt lyme with as much Alume, well stamped firste in some morter: mire wel these two things together, and laye them vpon some lynnen clothe the thicknes of a fynger or half a finger, and wrappe your instrument that you will haue made soft in it, and lay it so in some small fyer the space of an houre, vntil the fier go out, and that your instrument be cold of it self, and than shal you finde it as softe as copper.

Another.

LAye your yron or Steele in a small fyer, and when the fyer is out, let your yron coole of it selfe.

Another.

TAke the water of Radishe rootes and quench your yron or steele in it. Also you maye take the ashes mixte with vnsleckte lyme, and make thereof lye, the whiche you shall let runne thorowe the sayde substaunces: in thys lye steepe youre yron or steele the space of a nyghte, and so shall you make it meete to cutte or engraue in. Afterwarde if you will harden it agayne you may quench it in colde water.

Another.

TAke the yellowe flowers lyke to Marygoldes, the leaues bee large and as brode as the nayle of a mans finger: take them stawkes and all, & stampe them, and straine them thorowe a linnen clothe, and keepe the iuyce in a pot. Than put your yron or steele in the fier vntill it be redde whote, and then quenche it in the saide water, and it wil be as soft as copper.

Another.

TAke some great snayles, and other great grounde wormes of equall portion, and the thyrde parte salte. Than take an earthen pot, or some other platter of earth ful of holes, wherin you shal pounder or salte your snayles and wormes, and receyue the salte whiche shall melt and droppe from them into another pot set vnderneth, and the thikest substaunce will remaine in the vessel full of holes, the whiche you maye cast awaye. This done laye a stone vpon the pot, and seeth it vntill it some or froth no more: then take it from the fier, and let it coole. In this water you maye quenche your yron or steele being redde whote, and by this meanes you shal make it as soft as copper, and for to harden it againe, you muste make it redde whote, and quenche it in colde water.

Another.

TAke the herbe called Fole foote, and distill it: then make your yron redde whote, and quenche it in the same water. Also take snayles and stampe them with good Vinaigre, wherein you may quenche your yron or steele: Or quenche yron in the bloode of an Eele, and it wil be lyke wyse softe.

Also take yron or steele, and wrappe it in Potters claye with a weate linnen cloth, and lay it in the fier, and afterwarde let it coole of it selfe. Take also the iuyce of Marubium, and the iuyce of Milfoyle, with the iuyce of Radishe rootes mixt with good wyne, and quenche

quenche your yron in the mixtion.

To make Christal soft so that you may breake it in peeces.

TAke burned leade and Christal as much of the one as of the other, and breake it vpon a stone, than put this mixture into a melting pot, and melt it, and so shal you make it into what forme or fashiō you will. The same may you breake and bruse as you will.

Another.

TAke quick lyme and ashes of equal quantitie, and lye with it, passinge and strainyng it thorowe the ashes and lyme nyne or tenne tymes. That done keepe your steele or Christall in the same lye, the space of .xviii. houres, and you shal finde it soft.

For to soften yron.

TAke the water that is vpon the bloode of a man whan he is let bloode, whiche you shall handsomly powre from the bloode. Than lay your yron in the fier until it be whote, than with a litle fether wet in the said water rub it so long with it vntil the water vanishe awaye, and it will be soft.

Another.

TAke stonned horny, the new pisse of a he goate, alome, boyrace, oyle olive and salt: mingle all well together, and quench your yron in the mixtion.

To soften a kynde that which is to harde.

THat which is to hard, keepe it so longe in the fyer till it be very whote: Than take Tallowe, with the whiche you shall rubbe your matter, and let it so coole.

To mollifie and soften yron or steele, in such sort that you may bow and winde it which way you will.

D.ii. Take

TAke Camomille flowers with one parte of herbe Robert, and one part of Mercuine: put all this in a potte with whote water, and ſo ſtoppe it that no ſmoke maye come out: than ſeeth it, and quenche your yron in it.

To ſoder all thynges, and fyrſt yron.

TAke an vnce of ſalte Armoniacke, an vnce of common ſalte, an vnce of Tartre calcined, an vnce of belle metall, three vnces of Antimonium: ſtampe wel all together and ſift or bolt it: this done put all in a linnen cloth, and wrappe it rounde about with potters claye well prepared the thickeneſſe of a fynger and let it ware verye drye: than put it betwene two pot ſhardes vpon a ſmall fyer, and let it heate by litle and litle. Afterwarde make the fyer greater, vntill your whole maſſe become red and melt together: than let it ſo coole, and after make it into a pouder.

And when you will ſoder any thing, laye the two peeches that you wyll ſoder vpon a table, as nere the one to the other as you can, but you muſt laye ſome paper vnder the peeces.

This done, caſt of the ſaid pouder betwene the ſoynctes, and a litle vpon them: than make ſome cruſte of potters, but yet ſo that it be open aboue: after this put ſome Borace in whote wyne vntill it be al conſumed, than with a lytle feather rubbe the ſayde pouder, and incontinent it will beginne to boyle and ſeeth: and when you ſee it boyle no more, it is a ſigne that the ſodering and conſolidation is made. And if there be any excreſcence or riſyng vpp you muſt diminiſche it by rubbinge it, for it will not be ſyled.

To ſoder any whote thinge.

TAke gomme water, chalke made in pouder, and make thereof a dowe or paſte, wherewith you ſhal anoynt the thing that is a ſonder, laying it vpō a table

table as is afore sayde: than take awaye the dowe or paste that is vpon the ioyninge of the two peeces, and leaue it on bothe sydes: than annoynte the ioynt with Sope, and holde a whote cole ouer it, and by and by the saide substaunce will melt. After this take awaye the sayde dowe or past and it done.

To soder copper.

TAke halfe an vnce of copper, three quarters of an vnce of whyte Arsenick: melt the copper, and deuide your Arsenick in two partes, and caste one part into the copper molten, mingle al together, than cast into it also the other part: and than powre it vpon a stone, and beate it small.

To soder yron.

FYle well to purpose and proporcion the ioyntes of the yrons, and than lay them in the fier, as is afore saide, casting vpon it some Venise glasse, and it wil be sodered.

A pouder that wyll make all metall pliable and softe.

TAke a quarterne of Antimonium, axinigia vitri, and salte of equall quantitie: Make all together in a pouder: than take of the same pouder three parts, and one part of the metall and melt it.

Another vpon brasse.

TAke salt stamped, Tartre, Saltpeter, axinigia vetri, ashes of Vines, or Lyes of wyne, quicke lyme: Make al this in pouder, and laye it vpon the place that you will soder.

For to graue in yron or steele, knyues and harnesse.

TAke one part of coales made of birche stampt, two partes of Vitriol, with as much salt armoniack: Than stampe all together with Vinaigre, vntill it be lyke vnto a soft dow or past. Now whan you wil graue in yron or other thinges, make first the description or figures that you wil graue, and that with Vermilion mixt with oyle of Line, and let it dried, and afterward couer it with the saide substaunce the thicknesse of a finger, the whiche the whoter it is layed vpon it, the sooner it wil be done, but you must take hede you burne it not. And whan it is wel dryed, take away the said pouder, and washe wel the graving. Also some take two partes of Spanishe greene, or one parte of common salt, and in stamping it in some morter, they put to it some stronge Vinaigre, and than doe it as is aforesaide. Take also Vitriol, Alom, Salt, Vinaigre, coales of Birche, and do as before.

To graue with water.

TAke Spanishe greene called Verdet, quicke Siluer, Sublime, Vitriol, and Alome of eche equally, stampe wel all together, and put it in a glasse, leauing it so halfe a day, stirring it often times: Than make youre description or figures as you will, with Ware or artificiall Oere and Oyle of Lyne mixt together, or Vermillion mixt with Oyle of Lyne, than annoynte it with that water, and let it alone so the space of a daye: But if you will haue your description verye deepe graued, leaue it so standing longer.
But if you will engraue writynges or Images, you shall make a grounde of Ware, wherein you shall make youre description with the poincte of a Bodken euen to the bottome: Than powre the water vpon it whiche water will engraue it. Or elles you may laye vpon your description made as before is saide, some Mercurium sublimatum, and than caste some good Vinaigre vpon it, and let it alone so halfe an houre.

Another

Another stronger and moore bytyng.

TAke a quarter of an vnce of Spanishe greene, alumen plumæ, salte Armoniacke, Tartre, common Salt, of eche a quarter of an vnce, all being well stampt and mixte with stronge Vinaigre, leaue it so the space of an houre. And if you will that your description bee highe or raised vp, write it with artificiall Vere and Vyle of Line, brayed and mingled together: and let it drie well: Than beate the saide water in a panne leaded within, letting it alone vpon the fier. Than take youre steele and holde it ouer the saide panne, vpon the which you shal powre of the said water with a spone, and so the water wil fal againe into the panne, and there shalbe nothing lost. Do thus the space of a quarter of an houre, but let not the water be to whote, lest that the Vyle which was mixt with the Vernishe go not out.

This done, rubbe ouer the saide substaunces with ashes or quicke Lime, and than shall you finde that whiche before was annoynted, whole and highe, and the other engraued.

To make a colour of golde or siluer to laye vpon metall, and to make also a ground of golde or siluer, vpon yron, belles, or stones, which shal not go of with water.

TAke one part of Vere, the seconde part of minium, the fourth part of Bole armenicke, and as muche Aqua vite, and bray wel al together with Vyle of Line seede, and put to it also the bignesse of a litle nut of gallisstenstein and .iii. or .iiii. droppes of Vernishe. If the colour bee to thicke, put a litle more of the saide vyle to it: Than straine it thorowe a fine linnen clothe into some cleane vessel, and it wil be as thicke as honny: and than rubbe what you will with it, and let it drie, and than laye your golde or siluer vpon it.

A colour of golde to set vpon brasse or copper.

Take

TAke a lytle potte well leaded, and put into it three vnces of oyle of lineseede, than take halfe an vnce of Mastick, and halfe an vnce of aloes hepaticum citrinum, and make it well into a pouder, and put it into the saide oyle, and couer it close with another pot wherein you shall make a litle hole aboue, that is to say in the bottom of the sayde potte that shalbe vppermost. Annoynt the saide potte well with potters earth and let them bee so close one vpon another, that nothing may come out: than put in aboue a sticke vpon the ende, with the whiche you may styre it: and let all seeth as they do Painters vernishe. This done polishe well that which you wyll gylt, and laye the saide colour vpon it, and drye it in the Sunne, and if there be not inough, put more on vntil it be well.

Another.

TAke drye Vernishe, Amber, Alome, of these two as much of the one as of the other: than take Vernishe, and oyle of lineseede: seeth all together on a fier of coales in a potte well leaded, that it may be wel mixt together: then assaye it vpon a knife, and if it be to thicke, put more oyle to it: but if it be to cleare or to thinne put more Alome to it.

Another.

TAke halfe an vnce of aloe hepaticum citrinum, halfe an vnce of Amber, these two being made in pouder set them on a moderate fier in a potte well leaded, but let it not be to whote at the first. And when all is molten, powre some boyling oyle vpon it, sturring and mixing it well together with a litle sticke: after this let it coole, & straine it thorow a linen cloth.

Another.

TAke halfe an vnce of bole Armenick, halfe an vnce of whyte gomme, and set it vpon a fier of coales, putting

putting to it an vnce of oyle of Line seede, and whan you may drawe it in length lyke a threede, it is made.

A colour of golde vpon brasse.

TAke oyle of Lyne seede well clarified on the fier: than put to it Amber, and aloe hepaticum citrinum, of ethe alyke, and being wel stampt, mingle it so wel with the oyle on the fyer that it may bee thycke, then take it from the fyer, and set it on the ground well couered the space of three dates: And the brasse that you shall gilt, shall take the colour of gold.

To make copper of a syluer colour.

TAke wine leese, alome and salt: bray well altogyther vpon a stone: and put vnto it a leafe or two of syluer, brayeng them also with the other forsayd things. Put all in a pot wel leaded, putting to it some water: then cast your copper into it, and after rubbe it with a rubber; and so shall you see when it is ynough.

To gylte yron or steele.

TAke one part of wine leese, halfe asmuche of salte Armoniacke, and asmuch spanishe greene, and a litle salt: Seeth all in white wine and anoynt your yron or steele, with it when you haue well polished it: and so let it drye, and then gilt it with gold ground.

To make a water for to gylt vpon yron or steele.

TAke an vnce of the ashes of wine leese burned, an vnce of white wine, an vnce of Alom, half an vnce of salt gemma, alumen plumæ, the weight of two grotes, Spanish greene the weight of two grotes, Coperous ½ weight of a grote, baye salt, a pint of rueninge: seeth this vnto the half, and than put it in a new pot, laying vpon it. viii. or. viii. new paper leaues, and a tile ouer that, to the ende it may take no ayre.

To keepe all maner of yron, or steele cleane, and also all maner of instrumentes of warre.

TAke Lead fyled verye small, and put it in a potte with oyle Olyue, vntill it couer it, leauing it so nine dayes together: Than anoynt with the same oyle, harnesse, swordes, yron or steele, and it shal neuer russe. The grease of neates feete sodden is also good for the same.

THE seconde Booke containyng

the maner howe to take oute quickly with water or Lye, without hurtinge any thynge, all maner of spottes of garmentes of clothe, veluet, silke, or other, whether they bee spottes of oyle, grease, wyne, or what so euer they be.

To bryng a cloth that was stayned to his colour agayne.

TAke a pounde of earthen pots brused, and hauing powred vpon it about foure pintes of water, let it rest a night. Than powre out the Lie, and put into the same two Ore galles, a handful of drie birchen leaues, and let them seeth together halfe an houre long, or vntil the leaues goe to the bottome. Than let it coole, and suche colour as you wil restore that was stained, take the shearings or flockes of the clothe of the same colour, and seeth it againe with the same Lie, leauinge it so to reste the space of xiiii. dayes or more: for the Lie wil drawe vnto it selfe the colour of the shearings or flocks. Than powre it out, and washe the clothe with it, and it shall receyue his first colour againe.

To

To take spottes out of cloth.

TAke colde Lie made of the ashes of Beeche, and put to it a litle wine Lies, and of the olde claye of some ouen, put the clothe into it where the spot is, for it wil take al the spot out, than washe your cloth with cleane water, and drie it in the Sunne. And yf the spots be not wel taken out do it againe as before.

Another waye.

TAke sire vnces of alumen fecis, foure vnces of rawe tartre, two vnces of alome, half a dragme of camphyre, halfe a dragme of Dragons blood: stampe them wel, and mingle them wel together. Than take sire vnces of an Ore galle, three pyntes of cleare water, put all together in a kettle, and seeth it vntil it be diminished of the two thirde partes, than straine it thorow a linnen clothe, and thoughe the galle nor the camphyre were not in it, yet the water wold be strong inough: whan you wil occupie it, bath the peece of new cloth in the saide water, and rubbe wel the spot withall: and whan the cloth is no more weate w rubbing, weate it againe, and rubbe the cloth with it vntil the spot be out. This done, take whote water, and washe the place where the spot was: but if the cloth be white take a litle Sope with the same water, and distille it, and occupie it as before.

Another waye.

TAke sire Ore galles, and twyse as muche raine water, halfe a pound of Tartre, an vnce of Alom, stampe them small, and take a glasseful of Vinaigre, into the which you shal put sire dragmes of Vitriol wel brayed, powre al together, and seeth it vntil it be diminished of the two thirde partes, and than vse it as is afore sayde.

A water to take spots out of whyte clothe.

TAke foure vnces of alumen fecis, a pint of water, and seeth them vntil thei be consumed to the. iiii. part. Than take whyte Sope and cut it small, an vnce of Alome: put al into the water, & let it stand the space of two dayes, & vse it for your whyte cloth as before.

To take spots of grease or oyle out of whyte cloth.

TAke whaye of mylke sodden with flower, steepe your clothe in it so far as to the spot, the space of a night: than wash it with faire riuer water, and hang it in the most heate of the Sunne: but if the cloth be of a noble colour, you may not let it be to whote lest the Sunne hurt the colour: for the heate of the Sunne soone hurteth faire colours.

To take spots of grease and oyle out of all sortes of cloth whyte or other.

TAke the water that pease hath bene sodden in, and steepe your cloth where the spot is in it, and than washe it with cleane riuer water, and hang it in the Sunne.

Another.

TAke colde Lie, lyes of whyte wyne made a lytle whote, and myxe them well together. But you muste take heede they be not to whote and washe your cloth as before.

To take spots of wyne out of all maner of cloth.

TAke Lie made of asches of beech, whyte wyne lees as much of the one as the other, laye your cloth in it a night, and wash it afterwarde with colde water, and drie it in the Sunne.

To take all maner of spots out of sylke.

TAke the iuyce of great and round mushe roms of a sharpe taste, weate the spots in it the space of two houres, and than washe them with cleare water, and let them drye.

To

To take all spots out of crymsen Velvet.

TAke the ashes made of Vine twigges, and make therewith good Lie, whereof you shall take but a pinte, and put into it half an vnce of alumen fecis, and let it stand a litle whyle, and than strayne it. This done, take a dragme of Alome, half a dragme of Spanishe Sope, and half a dragme of soft Sope, a quarter of a dragme of common salt, and a quarter of salt Armoniacke, halfe a quarter of the iuyce of Celandine, a quarter of the galle of a Calfe. Put al together and straine it thorow a linnen clothe. And whan you wil occupy of the sayd water, take flocks or shearings of Scarlate, and a litle Brasyl smal, seeth all that a litle in the saide water, and than straine it thorow a linen cloth, and you shal haue a faire water, which wyll take the spottes out of anye lyke crymsen colour. And what colour soeuer your clothe be that hath the spots, the same colour flockes or shearinges muste you take. Not withstanding if it be not red, you muste leaue out your Brasyll.

A water to take al spots out of cloth of gold and velvet.

TAke rawe redde Arsnicke, marcem crudum, as muche of the one as of the other, and whan they bee well brayed, powre some faire water vpon them, and putting the herbe Cinkfoyle to it, seeth it vnto halfe: and than let it coole, and set it in the Sunne two houres: than washe your clothe in it, and let it dryye in the Sune.

To make a sope that taketh out all spottes.

TAke a pound of roche Alome, beate it into pouder: the rootes of Iris of Florence made in pouder, halfe a pound of new layed egges, two pound and a halfe of Spanishe Sope, bray the sayd pouders with the Egges and Sope, and make thereof round bals.

If one Egge be not inough, take as many as you shal thinke good. And whan you wil take oute any spot of grease, washe the place of the spot on both sydes of the cloth with fayre water, than rubbe it with the sayde balles and cloth vpon cloth. This done, washe out the odure with cleane water, and wring the cloth to make the grease or filth come out the better. Than washe it still with cleane water, and it wil be cleane.

To take spottes of blacke ynche or other thynges oute of wollen or lynnen cloth.

TAKE greene Lemons or greene Orenges with their pilles, the which the Italians cal pomi d,adam or which of the two you will: take but the liquide moysture which you shal take out by pressing it, wherwith you shal rubbe well the spots, and than let them drie. This done, take luke warme water, and washe the saide spots, and let them drie againe. And if you see that at the first tyme the spots be not well inough taken out, do it once againe, and the cloth wil returne to his colour againe.

To take spots out of Scarlate or Veluet of colours, wythout hurtyng any thyng at all the colour.

TAke the iuyce of Saponaria, called of the Apoticaries condisi, or lauaria the which you shal lay vpon ỹ spot leauing it so an houre longe, if it be in Sommer, and foure houres if it be in Winter: Than take luke warme water and washe the spot with it, & if it coure not cleane, put more iuyce vpon it, or elles of the said moisture of the orenges or Lemons: but if it be Scarlate not died in graine, laye vpon halfe Sope, and halfe iuyce: and than washe it with whote water, and the spot wil go out.

To take spots of oyle of from parchement or whyte paper.

Take

TAke sheepes bones and burne them, and make them into pouder: and rubbe the spot on both sydes with the same pouder, and laye it so betwene two bourdes in a presse the space of a nyghte and the spot shall awaye.

THE thyrde Booke, for to dye threede, yarne, or linnen clothe, teaching howe to make the dying colours, and also to dye bones and hornes, and to make them softe, vnto what forme and fashion a man wyll.

To dye threede, yarne, or lynnen cloth into a sad browne.

TAKE a pounde of bastarde Saffron, the which you shal put into a litle bagge and hang it in riuer water a daye and a night. Than washe it so muche, that it geue no more yellow colour: this done, make a rancke of Saffron in a pot not to thicke, than a rewe of Saffron, and a rewe of ashes, and couer it well, and let it stande seuen or eyght houres: than take eyght pottes of water, foure pottes of Vinaigre, and putting the Saffron with the ashes in a long bagge and sharpe pointed at the ende: strayne xv. or. xvi. tymes the sayde water and Vinaigre thorowe it whote, And this is the last dying or colour. Than take againe as much water and Vinaigre, and straine it thorowe, and this shalbe the seconde dying. Do the lyke ẏ thyrd tyme, & it shalbe the thyrd dying.

This

This colour you shall beate, and laye your threede or linnen clothe in it the space of a nyghte, than hang it vp without wringing or rubbing it. Do in like maner with the seconde colour and with the thyrde, but let it lye in it that seuen houres long.

To dye threde or linnen clothe blewe.

TAke the berries of Ebulus, very rype, and well dried in the Sunne, laye them in Vinaigre. xii. houres than rubbe them with your hande, and straine them thorowe a linnen clothe, putting to them some Verdet brused & Alome alone. If the blewe be to cleare put more Verdet to it, and laye your threede or linnen clothe in it.

A blewe colour to dye all thynges.

TAke an vnce of the beating of copper, a dragme of salt three spones full of Vinaigre. Put all together in a laddel of copper: or some other stronge vessell of coppet: and whan you wyl dye, put the saide matter into the whote decoction of Brasyll, and die with it what you will.

Another waye to dye blewe.

TAke thre partes of ashes of lees burned, one parte of vnsleket lyme, and make therof lye, let it clarifie and than straine it thorowe a course linnen cloth take. xv. pots of the same water, & powre it vpō a pound of Flaunders blew, such as is taken of the diers cawdrons, mingle them wel together with a stick. Than set it on the fyer vntill you can skante endure your hande in it. But before you dye anye thing, you must haue your linnen cloth boyled in Alome and dried agayne, and plunged afterwarde in the whote Lye twyse or thryse, according as you wyll haue the colour darke or cleare. The substaunce must be whote before you occupye it.

To

To dye redde.

TAke half an vnce of Brasyll scraped, halfe an vnce of Vermillion wel brayed. Boyle them together in raine water, and put into it the bignesse of a nut of Alome. Seeth all vnto the halfe, and dye with it. You maye seeth also the Brasylle twyse or thrise putting to it at eche time a lytle Vermillion. Also you may make of it as many dyings & colours as you wil.

Another waye.

TAke vnslecked lyme, and put a litle water vpon it, and let it stand a night, and afterward straine the clearest thorow a linnen cloth, and for euery pinte of water put in halfe an vnce of scraped Brasyl. Let it seeth vnto the halfe, and put to it halfe an vnce of Alome, set it vpon wodde, and let it heate but not seeth. When you wil, haue that you wil die readie prepared in such sort as here followeth. Take lees of redde wine and put it in a bagge, that al the wine drayne out, and the lees ware drie. Make thereof balles as bigge as a hennes egge drying them in the Sunne, and burnyng them after into ashes, and of this ashes make a strong Lye, and make it verye whote, and than weate in it the thing that you will dye, drying it afterwarde, and than dye it with the foresayde colour.

To dye redde.

TAKE for euerye pounde of clothe a quarterne of Alome, and seeth it, and put the clothe in it two houres long. Than take the roset of Brasyl with gomme Arabicke, and let them seeth a quarter of an houre. Than straine it, and put into it your threede, clothe or any thing that you wyl.

To make fayre roset.

TAke a pottle of water, an vnce of brasil: seeth them vnto the halfe, than take them from the fier, and put as muche graine to them as you shall thynke good, and halfe a quarter of gomme. If you wyl haue but a sleyght redde, powre it into another pot, or put to it a quarterne of Alome in ponder, and let it so stand a nyghte.

To dye wodde, bones, and horne, into greene.

TAke two partes of Spanishe greene, a thyrde part of salt Armoniacke bray them well together, and put them in Vinaigre. And put into it the thinge that you will die, couerynge it wel, and so let it stande vntil it be greene inoughe. But before you die anye thing, you must lay it halfe a day in Alome water, and than drie it well againe.

Another greene.

PUt your horne, or wodde, or that you wil die, in a vernished pot, and put to it strong Vinaigre, mingling with it some Verdegrease that is very thicke and not cleare. Couer it wel, and set it seuen dayes together in a dunghill, and if than it bee not greene inough, let it stande there longer. A man maye do the like with Spanishe greene or Verdet.

To die horne, bone, and wodde, into redde.

TAke quicke lyme, and cast some raine water vpon it, and let so stande a night: the nexte morning, strain the clearest thorowe a lynnen clothe, putting to it for euerye pot of water, halfe an vnce of the scrapynges of Brasil, and let them seeth wel in it: but yet they muste bee boyled in Alome firste, as before is sayde.

To die yellowe.

Take

TAke the barke of an apple tree, not the outwarde harde and roughe barke, but the inwarde, cut it in small loppins, and powre some water vpon them, and than put in your wodde, bone, or horne, to it with Alome. And let it seeth wel together.

To dye blacke.

TAke Galles broken or brused in peeces, and seeth them in stronge Vinaigre: and put your wodde, bone, or horne in it. And let all seeth well together. Take them than out, and put them in whytes of Egges, puttinge to it the iuyce of walnuttes, and let them seeth well together.

To make horne soft.

TAke mannes pysse, that hath bene kept stopt, a moneth together, put into it a pounde of vnsleckt lyme, and halfe so muche of ashes of burned wyne Lees, foure vnces of Tartre, and as muche salt. Mingle al wel together, and let it seeth wel, and than straine it twise or thrise thorowe a clothe. This done, keepe the sayde Lie well couered: And when you will soften any horne, let it lye eyghte dayes in it, and the horne will be soft that you may cut it, and dresse it after what sort you wyll.

Or elles make a Lie of the ashes of the heades and stalkes of Poppye, and in the same Lie seeth your hornes and other thynges.

To mollifye or soften horne, so that you shall imprynte or make any fygures in it.

TAKE a pounde of the ashes wherewith Glasses be made, a pounde of quicke Lyme, and a pot of water, let them seeth so longe vntyll the two thyrde partes be consumed.

Than put a feather into it, and plucke it out agayne, and pille it betwene your fingers: for if the feather do pille, it is a signe that it is sodden inough. But if it pille not, let it seeth moore: and whan it is sodden inough let it clarifie, and powre it out. Take than the slynges of horne, laye them therein two dayes together: Than annoynt your hands with oyle, and worke the horne well betwene your handes as it were dowe or paste, and than presse him into what forme or fashion you wyll.

Another way.

TAke the iuyce of whyte Marrubium, and of Alexanders, and of Milfoyle, the iuyce of Radishe rootes, the iuyce of Celandine, and stronge Vinaigre. Myre all together, and put your horne into it well couered seuen dayes together in a dongbyll. And than knede it and worke it as you did before.

To cast hornes in a molde lyke leade.

TAke ashes of wyne lees burned, and vnsleckt lyme, and make thereof a stronge Lye, and put into it the slynges or scrapings of horne, and let them seeth well together, and they will be as it were pappe, and put into it suche colour as you will haue it of, and than cast it into what moulde you will.

To make cleare stones of Amber.

SEeth Turpentine, in a panne leaded, with a lytle Cotton, stirring it vntil it be as thick as paste: than powre it into what you wil, and set it in the Sunne eyght dayes, and it will be cleare and harde inough. You may make of this litle balles, hafftes for knyues, and many other thynges.

Another.

Take

TAke the yelkes of sixtene egges, and beate them wel with a spone: than take two vnces of gomme Arabicke, an vnce of the gomme of Cherry trees: make these gommes into pouder, and mixe them with the yelkes of the egges, let the gommes wel melt, and powre them into a pot wel leaded. This done set them sixe dayes in the Sunne, and they wil become harde, and shyne lyke glasse, and whan you rubbe them, they will take vp a strawe vnto them, as other Amber stones doe.

To polishe and to a glosse or lustre vnto precious stones.

TAke pouder of Antimonium, and disparse it abrode vpon a table of lead that is very euen and smothe. Polishe vpon this table your stone, and it shall keepe and maintaine him in his lustre and glosse.

To make a stone that shall gyue gyue fyer and burne of it selfe yf you weare it with your fynger.

TAke the Lode stone that hath vertue to drawe vpon to him on the one syde, and to put it away on the other syde. Put it in a pot leaded, and put to it foure pounde of Pitche, and a pounde of Brimstone, lute and clape wyl your pot, and set it in a Fornepse, geuing it a smal fier the space of a daye and a night augmenting the fier the seconde daye and the thyrde daye more, vntil the stone be on fyer.

After you haue made this stone on fier, and haue in this maner burned it, as is before saide, you shal let it coole againe, and your stone is prepared and made to giue fier when you wil.

To mollifie or soften chrystall and precious stones so that you maye cut them lyke cheese, and that beyng put in a moulde they shalbe harde agayne.

TAke in Auguste the bloode of a Goose, and the blood of a he Goate, and let it drie until it be very harde: And whan you mollifie and soften Christall or precious stones, take of the sayde bloodes as much of the one as of the other, and make it into pouder: and than powre some Lie made with the ashes of burned Lies of Wyne, and let them be intermingled together in a pot, putting to them a dishe ful of strong Wynaigre. And whan you wil soften your stone cast it in the same, and heate it a lyttle and the stone will be soft so that you may cut and fashion of what sort you will: caste him afterward in cold water, and he wil be as harde with in an houre as euer he was: And than geue him his glosse and lustre as before is sayde of the other.

To counterfeyte perles which shalbe very fayre, and as they were naturall and trewe.

TAke in Sommer the shelles of whyte Muskles, and scrape them cleane with a knyfe: take lykewise one parte of Snayle shelles, of the cleanest you can fynde: and whan you haue washed them well, stampe them together in a morter of stone, as fyne as you can, and washe them cleane in the Sunne vpon a linnen cloth, and then put them into a newe cleane pot, the whiche pot you shall lute and claye rounde aboute with lutum sapientiæ. And beynge dryed in the Sunne, put it into a Fourneyse, or Kille of Lyme, and let it burne there as longe as men are wonte to let Lyme burne.

Than take it out, and you shal fynde it tourned into pouder as whyte as Snowe. This done, take the yelkes of Egges made cleane and broken a sunder with a Spone: Myngle the pouder with the yelke of the Egges in some cleane vessell: Than washe youre handes cleane, and fashion your Pearles of what bignesse you wyll, persyng them with a Hogges bristell whyle they be whote. This done, set them in some cleane

cleane thynge in the Sunne, and the whoter the better: yet take heede there come no rayne to them: and than poluche them in redde Wyne, and let them dryc againe, and you shall haue fayre Pearles.

THE fourth Booke, teachynge diuers wayes of giltyng, syluerynge, and dyenge Copper, Iron, and other Metalles: Likewise to forme, melt, and to make certaine colours.

To prepare Mercury, and so to harden it that you maye make it liquide, and worke it.

THE Emperour Frederick made many Images of this substannce folowynge, which seemed to be of Siluer, as at Vienna and Nieustadt in Austriche, & this inuention was founde oute by mayster William and maister Martyne his Alchemistes. To do this you must melt Saturne, that is to say, lead, & powre it in a rounde meltyng pot while it is whote. Presse into it litle rounde stones, that you maye haue litle rounde holes in it, vpō the which holes you shall laye a lynnen clothe, and powre some Mercury vpon it as muche as you wyll, settynge it so in whote embers vntyll the Mercury be harde.

And

And whan it is harde inough, breake it in litle peeces, and caste them into stronge Vinaigre, and seeth them in it a quarter of an houre. Or els take the iuyce of the herbe called Longdebeffe, with a litle Vinaigre and oyle, and seeth in it some peeces of your Mercury broken as before, and by this meanes it shalbe mortified very wel, otherwise it wouide reuiue againe. This done, take two vnces of salt Armoniack, halfe a pot of Vinaigre, and powre it with your Mercury sodden in a pot leaded, and luting and stopping it verye wel, let it stande. viii. or. x. dayes: for by this meanes the Vinaigre taketh away al the redneffe of the Mercury. This done, put your Mercury in a pot wel luted and set it in a Forneyse vntill it be wel burned, augmenting by litle and litle the fier, that it maye keepe the fier long in a like & temperate heate, vntil it make certaine choppes or cliftes, and than it is a signe that is inough. Than put the Mercury in a pot, in the bottome whereof there muste be some Brimstone: stoppe wel the pot, and set it in whote embers or ashes, or vpon a fier of coales, that it maye heate by litle and litle, and that the Mercury maye receiue the smoke of the Brimstone. Do so once a day. xxx. dayes together, and than take out the Mercury, for it is harde inough to beate and caste. Take of this Mercury fiue vnces, and ten vnces of Venus, that is to saie Copper, melte them together, and it shal seeme at all trialles, that it is trewe Siluer.

A substaunce made of paper or other thynges, to expresse or set oute anye maner of fygure that you wyll, vpon whyte yron, &c.

Laye your paper or parchement ouerthwarte the whyte yron, than weate it on the out side, and let it drie againe, than take it of, and you shal see the print of it vpon the whyte yron.

To gylte well.

Seeth

Seeth your Syluer in Tartre, make it very cleane rubbing it with bruſhes, and put it into the Tartre againe: than take two partes, one part of ſalte Armoniacke, one part of Verdet or Spaniſhe greene, two partes of the beatyng of Copper: ſtampe all this ſmall and ſifte it, and put it into the Tartre with the Siluer, it wyll get a redde colour, vpon the which you ſhall gylte.

How to braye golde for to gylte wyth.

Take a dragme of fyne golde, beate it well, and put to it two dragmes of Mercury mixt together: than ſet a melting pot on the fyre, and whan it is glowing whote, put the golde with the ſiluer into it, and whan the Mercury ſhalbe in parte banished awaye in vapour, powre it into a diſhe, wherein there is a lytle water, and waſhe it out, & it ſhalbe ground & brayed.

To gylt Copper.

Make a bottom or grounde of quickſiluer vpon the copper, than geue it one gylde ouer w̄ ground or brayed golde, than ſet it on the coales, and whan it ſmoketh take it awaye, and part or diſparſe it with the bruſhe of copper wyer, and than ſet it agayne on the fier vntill it be liquide and ſofte, or melte, or drye, and whan it hathe been ſo longe vpon the fier that it hath gotten a redde colour, take it of, and make it cleane with your bruſhe of copper wyer, and than burnyſhe it, and it is done.

To gylte yron.

You muſt boyle your yron in Alnaigre, Salte, and Vitriol, and if the yron be great, annoynt the yron aboute with it, being whote, vntil it make it ryſe, than laye on your grynded golde, as before.

To take of the golde from syluer that is gylte, so that the syluer shall remayne whole and sounde.

PUt about your gilded siluer some Brimstone, than take natural Mercury in a Goldsmithes meltynge pot, or other vessell according as it oughte to bee, and heate it, and put your gylt siluer into it, the Mercury wil drawe the ground vnto him, than rubbe your siluer with a brushe ouer the Mercurye wherein the golde is, than heate your siluer, and boyle it again in the water of Tartre, and it wyll be cleane.
When you wyl take your Golde out of the Mercury, put it in a lytle bagge of leather, bindyng it and stopping it aboue, as men do Mercury, without ouer a bason, and that whiche remaineth in the leather, put it agayne in a meltynge pot vppon the fyer, and let the Mercurye vanishe in a vapour, and goe awaye in the smoke. Than take that whiche remaineth, and powre it in a meltyng pot, and you shall fynde your golde.

To seperate Syluer from Copper, be it money or otherwyse.

TAke halfe an vnce of Verdet or Spanishe greene, an vnce of whyte Vitriol, as muche of Brimstone, half an vnce of Alome: seeth all these things with a glasse full or as muche as you will of stronge Vinaigre, and put your siluer into it. Your siluer wyl remayne whole in the glasse, wherein you sodde it, and the Copper consumeth in the moyst humour.

A pouder whyche beynge layed vpon anye thynge syluered wyll take of the syluer from it.

TAke a pounde of Wyne lees, a pounde of Arsnicke, a pounde of common Salte, a pounde of quycke Lyme: Myre these togyther, with the yelks

of Egges, and put them in a pot, whiche you shall set in a Fornayse to sublyme, and whan it shall smoke some what yellowe it is inough.

To conuert and tourne copper into brasse.

TAKE Copper what quantitie you wyll, and the thyrde parte as muche of Lapis calaminaris, made in pouder, and put them together in a meltyng pot, let them melt together the spaces of an houre vpon the fyer, and then powre them out.

To melte all metall perfytly.

WHEN the metall is molten: you shal put the fourth parte of auxungia viri beside it, and it wyll melte perfitly.

For to geue a colour of Golde vppon Copper.

TAKE halfe an vnce of Copper, a Dragme of Tutia alexandrina, two partes of Dates, two partes of Figges, Grapes of a wylde Vine blacke, of the bygnesse of three Hasell Nuttes, Wurke the bygnesse of a Hasell Nut. Stampe all the sayde thynges together, and make it lyke Paste, and beate your Copper verye thinne, and than cut it in peeces.

Thys done, make one rowe of the sayde mixtion, and a lytle Tutia vppon it, and than poure Copper vppon that, than some of the sayde mixtion, than agayne of Tutia, and than of Copper, alwayes bedde vpon bedde. Thys done, lute or claye vp the Croset or meltynge pot that they are in, and set it on the fyer, lettynge all the sayde thynges melte, and than powre them oute, and it wyll be lyke Golde.

Some take also Tartre, Beane flower, Tutia, as muche of the one as of the other, steepe them well in Vinaigre, and than drie them, and lay them bed upon bed, for euery vnce of copper an vnce of the sayde pouder, and it wil take colour as is afore sayde.

To make Verdet or Spanishe greene.

TAke Brasse or fyled Copper, sprinckle it with old pisse and salt Armoniack: laye the Copper upon a bourde in the Sunne, and whan it is drie, sprynkle it againe vntill it ware greene. Thus is Verdet made. Take Copper beaten lyke a plate, make it cleane, and braye some atramentum upon a stone wyth pysse, and annoynt the copper plate on euery side, and let it drie in the Sunne: than put it in a pot leaded and set it on the coales, and let it heate the space of two houres, and sometyme open the pot abeue, and whan you see blacke smoke come out of it, take the pot from the fier, and let it coole, and open the pot for to take out the copper plate, rubbing it into pouder betwene your handes, and that whiche will not yet tourne to pouder: doe it againe in all thinges as you did before, vntil it maye be made into pouder: than washe it with whote water or pysse in a basyn, and let it stand styll, for the copper wil go to the bottome, and the atramentū wyll swimme aboue: than powre it oute and drye the copper in the Sunne. This done, take of the sayde pouder a pounde, of Tartre calcined two vnces, beate them together with childes pisse, and let them drye. Than put them in your pot, and burne them as before with a greate fier vntill you see a greene smoke come out of it: and than let it coole againe, & open your pot and you shal fynde it faire and greene.

To make a whyte colour of leade.

TAke leade as much as you wyll, scrape it cleane on both sydes and cut it into plates thre fynger brode, and

and a handfull longe or more, making a hole at the ende of eche of them, hang them on a corde, and take a paile of oke or a pot of three handfulls long that hath a cleane couer: Than hange your plates of lead round about the pot within side, & powre into it two pots of good Vinaigre, and a hande ful of salte, stirring them together vpō the fyer vntil they be ready to seeth, than couer the pot well that nothing breath oute, and set it in a warme place, leauinge it there. x. dayes together: than open it, and take out the plates of lead, and you shal finde at eche syde of the plates a whyte colour of a finger thicke, take it of with a knife, and put it in a cleane glasse. This done, hang your plates of leade againe in the pot, as before, couerynge them well as is saide, and settinge it in a warme place, and at the. x. daye take of the whyte colour with a knife as before, and hang them againe in the pot vntill you haue gotten whyte colour inough. Than braye all well together in a morter putting to it a litle water the space of halfe an houre, vntill it be thick like gruell. Than put the sayde pouder in a pot or twaine: and set it in the Sunne, and let it drie and harden, and than shall you haue your whyte colour of lead. But you muste note that you muste alwayes hang the plates of lead in the pot again at euery time as long as they wil continue, and if the Vinaigre diminishe, you muste renewe it againe.

To make Lutum sapientiæ.

LVtum sapientiæ is a morter or clay for to lute or plaster the Limbecks or pots that are set on the fier, because they shall not breake or cleaue. To make this Lutum sapientiæ. Take the best Potters earth you can fynde, put in a dishe or platter of earth, or in some other vessell, and powre vppon it Wyne mixte with horse dung, castynge awaye the longest heares of the dung, mingle it tyner all together vntill it be as thick as paste, wherewith you maye paste anye thynge: not

withstanding put in it alwayes good Salte for keping it from cleauynge.

To lute or dawbe pottes with a lyonen cloth that wyll not burne.

PUt your linnen cloth in Salte water, and let it drye of it selfe, than weate it in yelkes of Egges wel beaten, and whan you wyll lute or plaister any pot with it, geue it one touche vpon it very thinne with the fore sayde Lutum sapientiæ.

For to soder glasses.

TAke minium, and halfe as muche of quicke Lyme, and the mele or flower that hangeth on the mille sydes or walles, and the yelke of an Egge, in all this let a linnen cloth be weate and holden before the fyer that it maye be clammie meete to cleaue or stycke fast, and so lay it faire and softly vpon the broken place of the glasse.

Another lutum sapientiæ.

TAke Potters earth very cleane two partes, horse dong one part, a lytle pouder of a Bricke, and the fylyng of yron, and a plaister of quicke lyme: and mingle it with salte water, and the yelke of egges: and make thereof a paste for to lute or clay pots withall. Or elles take drie earth, and stampe it small, and sifte, it & cast vpon it some wheate flower rancke vpon rancke, and than the yelkes of Egges and Vinaigre, and mingle all together. Than plaister or lute glasses pottes or limbeckes with it, and drie them in the shadowe, and they wil neuer faile nor breake in the fyer. You maye also mingle it with Ore bloode in stede of water, it is also good for that purpose.

The

fyfte Booke, touchynge all separations of gold, of siluer, of copper, and other metalls, and how a man may try them and to vse them profitably. Which is a thing very gainefull for all goldsmithes, marchantes and other that haue nede of it.

To separate gold from syluer.

BEate small the syluer wherin you thinke there is any gold, then cut it in smal peces: than you shall put aqua fortis, in a glas of separation vpon a litle fyer vntil it be hote, & cast vp little bubbles like belles. Then powre the water out into a cuppe of copper and let it coole and by this meanes the siluer will sticke about the cuppe, the which you must let dry in the cuppe: and whē you haue powred the water out melt the syluer in a hollowe sharde, and then take also the gold oute of the glasse of separation, and melte it in one.

Another waye.

TAke syluer that is gilte, lute it vpon a pot shard or a tile with leade, then turne it as thyn and as fine as you can vpon some thing, then cut it in croked and wrethed peeces, and put it into the glasse of separation, powre in vpon it aqua fortis a finger hight aboue it, stoppe the hole aboue that it breath not oute, then hold it vpon a slowe fier vntil the syluer be dissolued into the water, the gold remaineth in the bottom which is black: then cast oute this water into a cup of copper as before, and powre vpon it some cleane water, and the syluer will beginne to gather into a curd and will goe to the bottome.

Than powre oute the water againe, and drye the Siluer with a sodayne heate. This done, put it in a croset or earthen pot, and melt it, and being molten powre it out, and do the lyke with the golde, and whan you put it into the melting pot, put to it a litle Bozar.

Another waye.

TAke antimonium, and put it in a melting pot that is with a sharpe pointed bottom, and melt it. Take also the Siluer that the gold is in, and melt it and powre it into the antimonium, the golde will go to the bottom, and the siluer will tarye in the antimonium. Than take halfe an vnce of copper, and two vnces of lead, and the antimonium, let them melte together, and powre them into an earthen pot, the antimonium wyll burne the Copper, and the Syluer wyll abyde vpon the pot.

For to seperate Golde or Syluer wythoute fyer or aqua fortis.

TAke two partes of salt Armoniack, and one parte of Brymstone, beate them into pouder, than annoynt your vessel, dishe, or any other thinge ỹ is gylded, fyrst with oyle olyue, and than disparse the said pouder vpon it, & whan it is so fast vpon it, set it to the fyer, and beate it ouer a vessell of water, and the Golde wyll fall out of it.

To seperate golde from Syluer with a pouder.

TAKE an. viii. parte of Brymstone, a. vi. parte of salte. iii. vnces of salte Armoniacke. ii. vnces of minium, and do as afore is sayde.

To make golde softer.

TAke Mercury sublimed, salte Armoniacke of eche alyke, make them into a pouder, than put your golde into

into a melting pot, and whan it is molten, put to it a litle of this pouder and it wil be soft.

Another waye.

TAke half an vnce of Vitrioll, half an vnce of Verdet, half an vnce of salt Armoniacke, half an vnce of burned Brasse: al being mingled with aqua fortis, let it so repose in the heate two dayes, and than let it harden: doe this three times with aqua fortis, and let it drie: make it in pouder, and put alwayes vpon it half an vnce of gold, a dragme of pouder, and powre it thre tymes into it, and it wil be softer.

To make golde and siluer softer.

TAke Honny and Oyle of eche alyke, and quenche your golde and siluer, being whote and glowing, three or foure tymes in it, and it wilbe softer.

To soften all mettalles, and other rhinges that are not softe, so that they shalbe softe and gentle to bee wrought vpon or forged.

TAke Masticke, Frankensence, Myrrhe, Borax, Vernix, of eche halfe an vnce, make all into a pouder together, and cast the bignesse of two or three peasen of it vpon ẏ harde things, and they wil be soft and tender. Take what metall you will, heate it vpon coales, and quenche it in the water of salt Armoniack and it will be softe.

An oyle that maketh all metalles softe.

IF your syluer be not soft, melt it, and powre into it this oyle that foloweth. Take Saltpeter, Tartre, Salte, Verdet, boyle all together, vntill the water be consumed, powre vpon it pisse, and let it so consume, and you shall haue an oyle of it, the which you shal

put into your siluer whyle it melteth, and you shall make it soft.

To separate golde from copper.

MAke a Fornesse with a hole, that you may put in a pegge or two, the whiche you maye take oute when you will, and vnderneth in the bottome of the Fornesse a gutter or hole, that the king whiche is the golde maye remaine in it. Take twyse or as much Lead as Copper, and put it vpon the hole or gutter of the Fornesse, powring it alwayes vntill there be no more lead: Than take an yron mete for the purpose to take away the skynne of it, that it maye be cleare and neat, for than shall the copper be well prepared. This done, take a quarterne of common salt, of brimstone a quarter, of saltpeter a quarter, of orpiment a quarter: stampe these fower well in a morter, and powre the said pouder vpon the copper, whan it beginneth to run and melte, the gold wil go to the bottome, plucke the pegge oute, and the king will remaine in the hole or gutter, take it out afterwarde with Lead or Antimonium, and you shall fynde the Golde.

Another waye.

TAke Antimonium, and melt it with your Copper and being molten you must skimme it well, than powre it into a dishe of stone, adding to it quickly as much quick siluer, couer it wt another dishe, & shake it well together, the pouder draweth the golde vnto it and when it is colde agayne, open it, take the Mercury out, and put it in another dishe, the which you shall set vpon the fyer, that the Mercury maye go awaye in a smoke, and you shal fynde your Golde in the bottom.

A pouder to separate golde.

TAke salt Armoniacke, Verdet, of eche one parte, Saltpeter two partes, Antimonium as muche as all the rest together, make them into pouder, and do

do as before, and the Golde wyll go from the Copper.

To washe Golde from Copper.

TAke the Copper that is gilt, and weate it in water, and than put it in the fyer, and let it be whote and than quenche it in colde water, and the golde wil come of: rubbe it of with a brushe of Copper wyer, and it wyll goe of.

To get together the golde out of the threedes of cloth of golde.

BUrne the golden threedes into pouder, and braye the sayde pouder small vppon a Marble stone, and put it in a Basyn, than powre vppon this pouder some water of Tartre and quicke siluer, and do as before, and you shal haue fyne golde.

To gylde so that it shall not out with no water that is.

TAke two partes of Otre, two partes of a Pomise stone burned vntill it be whyte, Tartre the bignesse of a good walnut, braye the sayd colours together with oyle of Lyneseede, and fiue droppes of Mercur, straine them thorowe a linnen cloth, and you shal haue the substaunce to gylde withall.

To gather togither into one, the golde that is scraped of from letters and Images.

TAke the scrappynges and put them in a glasse full of water, vntill the chawlke where vppon the Golde was layed, bee thorowe sokte, washe it afterwarde betwene bothe your handes:

and seperate the best you can the chalke frō the gold: take the rest, and grinde it vpon a grinding stone. This done, put it againe into a glasse: than put some well brayed and smal, in a cuppe of copper, and powre the water vpon it: let it seeth well: and than powre the same water againe into the glasse vpon the substaunce scraped, puttinge into the water some quicke siluer, and shaking it and mouinge it together a good space. The quicke siluer draweth to it self al the gold: than powre out al the water, and put the quicke siluer in a peece of wylde Goates skinne, the which you shall bynde well aboue: than make a hole with a needle, whereby you shall wrynge and make the quicke-siluer to come out, and that which shall remaine within, shalbe fyne golde: and if the golde be not very faire, do vnto it as vnto the golde before.

To take gylte from a cuppe that is gylded within.

TAke Pyrethrum, and seeth it in stronge Vinaigre, so that there maye come no smoke nor breath out of it, than powre into a cuppe gylte within, and the golde will go of, and go to the bottome. For the proofe therof. Take a siluer ring gylte into it, and you shall fynde the experience.

To make golde softe after the melting.

TAke as manye wedges of gold, as you haue molten, & put them one night into a Fornayse of mor ter in a pot: let them be thorowe whote, but yet not so that they melte, and they wil be afterward very faire and softe.

For to giue a colour to the gold that it shalbe softe.

TAke salte Armoniacke fired with quicke Lyme, for it is very good, worketh very handsomely and finely: but it is better to take of Viride æris, prepared and

and than melt the gold, & so may you colour your gold. The Viride æris is thus prepared: delay it in Vinaigre, & straine it thorowe a felte, and let it congele, and whan it beginneth to ware thicke, put to it some salt Armoniacke, and let it harden a great whyle, or elles powre it vpō a cleane marble stone, and than melt your gold with it, and keepe it well: for it will serue you also for other thynges.

To boyle golde or syluer to make it receyue a fayre coloure.

TAke Tartre well brayed, and put to it some well water or raine water, and that whiche you shall boyle in it shalbe faire.

To geue a colour to golde.

TAke the heares of a man to ỹ bignesse of a fynger, and laye them vpon quicke coales, & holde youre golde ouer them with a paire of tongues.

TAke faire water, melte lead and put it into it dyuers tymes, the oftner the better, yea and it were twentye tymes. Than take [illegible] whiche you woulde make heauye, & beate it ten[illegible]e tymes, and quenche it in the sayde water, and you shall fynde it trewe.

For to make syluer fyne.

YOu shal put Siluer into a pot of earth, and to euery marke of Siluer put three vnces of Lead. Let it be molten together, vntill the flower of it ware red. That done, put it in another earthen pot, putting to it for euerye marke of siluer fyue vnces of Lead, and that powre it, or straine it, and it will be fyne.

To make syluer fayre and whyte.

YOu shal put salt and Tatre made in pouder, in a pan of Copper: put some raine water to it, and let it seeth well, for it will become whyte: but before you seeth them, you muste heate or enflame them, and beware there come no yron into the panne, for than the siluer wouldo become redde.

To knowe yf the syluer haue any golde in it or no.

DRaw a grosse or great streeke with your siluer vpon the touche stone, than take a dragme of Verdet or Spanishe greene well made into pouder wyth salte Armoniacke, mire them well with good Vinaigre, vntill they be all of one colour, weate the lyne or stryke made with your siluer with it, and yf the syluer haue any golde in it, the lyne or streeke wil remaine a whyle faire, and if there be none, the streeke wyll not remaine faire, but wil go out incontinent. Yf you wil haue a better proofe and more sure in stede of Vinaigre put aqua fortis: for that wil incontinent put out the line or streeke if there be no golde in it.

To mortifie or alay Mercury or quicke syluer.

PUt it in a morter of yron, and put to it some oyle olyue or oyle of bayes: this done, set it on a small fyer, and let it seeth therein, but take heede that the smoke of it hurte thee not, for it is vnwholesome, put often times some oyle into it, and also stronge Vinaigre distilled that it maye boyle in it. And by this meanes it will be mortified and killed. Than take it oute, for it is harde and wyll endure the hammer.

To gylte steele or yron.

TAke one part of Tartre, halfe as much of salt Armonicke, as much Verdet, and a litle Salt: seeth them in whyte wyne, and vernishe with it a harneste made euen, and let it drie. And than gylt it with golde

THE syxte Booke, touchyng the makynge of certayne oyles and waters and other substaunces whiche are of a merueylous vertue and operation.

To take Salamanders for to occupye or to serue a mans tourne.

WHan you see the Salamanders lye and sleepe in the Sunne, put on a paier of Gloues, and so go take them fayre and softlye before they caste theyr Uenime (whiche is yellowe) than put it in some vessell of glasse wherein there is mans bloode. Than it will serue your tourne very well.

To fyne golde with Salamanders.

TAke two pounde of fyled Brasse or Copper, a pot Goates mylke nyne Salamanders, put all this in a pot, wyde and large beneth and narrowe aboue, couer it with his couer fast and closse, but let the couer haue a hole in the toppe: digge the sayde pot into the moyste of the earth so deepe that nothing appeare but onely the couer where ẏ hole is, so that the Salamanders may haue ayre and not die. Leaue it so vntil the seuenth daye after noone. Than take your pot out and you shall fynde that the Salamanders constrayned by hunger shall haue eaten the Copper, and the great force of the poyson causeth the Copper to tourne into Golde. This done, make a hole as deepe as two fyngers into the which you shal put your pot with the Salamanders, than make aboute it a fyer of coales, whiche maye bourne aboue and beneth, yet lesse beneth than aboue: and the pot is set in the grounde because the copper shall not melte.

And whan you thincke that the Salamanders be burned to ashes, take the pot from the fier, and let it coole well. This done, put the Copper and the pouder into some vessell to washe it, and powre water vppon it, making cleane the Copper with the said pouder: than hang it in the smoke, and let it drye well, and you shal haue good golde, and you shal let a Goldsmith fyne it, and make it cleane.

The mother of all waters for to make all metalles liquifiable.

TAke a pounde of Sal nitrum, a pounde of Vitriol, stampe eche of them by it selfe, and than mingle them together in a morter, distille the sayde water, without addinge anye other water to it: Take an vnce of the sayde water, an vnce of wyne not distilled, put them together in a glasse, and they wyll bourne of them selues so that you maye light a candell at them: it is also the mother of all colours.

Also take three vnces of the sayde water, three vnces of Mercury, the fourth part of quicke Brimstone, put them all together to dissolue in a glasse. And whan they be dissolued, let the smoke come out, and you shal fynde the Mercury fixed verye redde. And so maye you fixe all the Spiritus.

If you wyll make this water all together stronge, adde to the seuen partes of all these thinges aforesaid Vitriol and Saltpeter, a pounde of eche, and distill them, puttinge the water into a glasse againe, and it will be so stronge that it wyll breake bothe yron and thinges made with forge.

To prepare common salte.

TAke whyte Salte, and powre vppon it some stale pysse wherein bathe bene (a whole daye) steeped some quicke Lyme: mire them well together fire tymes a daye, and let it repose the nighte, straine the pisse

pisse thorowe a felte, and put all that is within into a panne leaped within, mingling it well together vntil it become water. Than seeth it vpon coales vntill it be harde, and make it into a ponder, and put it in a Dre bladder bynding it well aboue, and than hang it in a caudron ful of whote water, leauing it there vntil the salt be tourned into water. Do this ten times, and at laste tyme let it burne so that it be a fyer and redde, than let it coole, and thus is common salt prepared.

To prepare salte Armoniacke.

Take ten pounde of prepared salt, and powre vpon it some warme pisse of a man that is in health, and hath not dronke but wyne, and let the salte dissolue in the saide pisse, and go to the bottome, than strain it thorowe a felte into a caudron, put to it some soute of a Bakers ouen, boyling it together: When this salte is dried powre vpon it some mans pisse, & do this so longe vntill the ten pots of wine be consumed in the ten pounde of salte.

You muste take heede, that the Caudron runne not ouer, when the Urine boyleth. If peraduenture it ryse so that there is greate dannger of runnynge ouer: You shall powre some cleare water vppon it, and mire all together vntyll all tourne into water, let it stande, and caste the cleare away, and seeth it so longe vntill it be dryed: the whiche beyng dryed, you shall take and put in a newe dyshe, and drye it in the Sunne: And than sublyme it in this wyse.

Take the sayde two pounde, and two pounde of fyled yron, and myngle them well together, and putte them into a vessell, that is called rotunda, lutynge it well with lutum sapientiæ: Than set it vppon a Urynet in a Fornayse of sublimation, makynge a good fyer vnder it one daye, durynge vntyll the vessel be thorow redde whote vnderneth.

T.ii. Than

Then let it coole againe in the nighte vntill the morning and then open it, and you shall finde vpō the vessell white salte, the which you shal take awaye, and putting to it asmuch common salt prepared, you shall bray them both well together the space of half a longe somer day, making a small and slowe fier vnder it, let it coole againe, and bray it againe, and sublime as before. This do you thre times, and then keepe it for it is good.

To make sal alkali.

TAke the ashes of leese of wine burned, quick lime, of eche equall quantitie, and put them into three stillitorie glasses one ouer another, to the intent that that which falleth frō the one may distill into the other: then power the water of the lower most into the vppermost, hauing a pot leaded vnderneth. Put often tymes the same lye thorowe it vntyll the ashes be no more bitter. Let the same lye stande a night, and seeth it in the morning in a pot leaded vntill the water consume awaye and become harde. Then let it coole, you shall finde a stone in it called Alkali, the which you shall beate in pouder, and fyll a newe pot with it half full, and couer it not, & put it in a forneise of calcination, makinge at the firste a little fier vntill it seeth: then a great fier vntill it begyn to melt like lead, then power it quickly into another pot, and let it coole, and it will be sal Alkali, which you must kepe in a glasse.

To make sal boras.

TAke tarter calcined in such sort as we wil declare afterwarde, the same beinge made in pouder, put some hote water vpon it vntill it dissolue, stirring it well with a sticke, then straine it thorowe a lynen cloth, & do as before, so long vntill the water be thicke and troubled, then straine it thorowe a bagge vntill it ware cleere, and hath taken the bytternes oute of the lee se

leese or tartre: which thinge you shall know when the leese pricketh no more vpon your tonge. Then take sal commune præparatum, & putting to it water of tartre, power them togyther into a pan of yron or frying panne seething them vntill they be thick, and then put them in a newe pot vntill they be harde. You shall turne often times the pot, & when the saide pot wouldе cleane or burne to let it coole, and open it, & you shall haue sal boras philosophorum, as good as the true borax.

Water of Mercurye.

TAke a quartren of sublimed and fired mercurie and asmuch of the stone galitsenstein: bray them togither vpõ a marble stone: then hauig put them in a linẽ bagge, make a hole in an horse dongehill, put them in a glasse into the same hole not touching the sides of the hole in any wise, to thintent it syle or sople not, make two founells, and hang the bagge with mercurie and galitsenstein ouer the glasse couerynge it with a good stronge linen cloth that nothinge fal into it: then laye donge ynough vpõ it, and leaue it so a fortnight togyther vntill the mercury be stilled as water oute of the bagge. If the water be not whyte ynough, braye it againe with the galitsenstein, and doe as before, continuing it vntill the water be good ad lunam faciendam.

Water of salt armoniack.

TAke salt armoniack asmuch as you will, asmuche of the yelkes of egges, mire them well togyther, putting to them a lytle vynegre, that it may dryp or ronne the better. Then hange it ouer a glasse in a dongehill as before is sayde of the water of mercurye, or elis set it vpon an euen stone smooth & slypperye in a moyst cellar, layenge the stone a litle at one side and settynge a glasse vnderneth with a founell, and morter at one side of the stone that it maye not ronne but into the founell. Then passe it thorow a felt, and kepe

it well. For it will serue your turne very aptly.

A water called aqua lactis virginis.

TAke Litarge made in pouder, and put it in a pan with good Vinaigre, seeth it with a litle fier, and passe it thorowe a whyte felt vntill it ware cleare and whyle it distilleth, put it euer in againe vntil it be cleare and whyte. Than take axungia vitri, made in pouder, and sifte it, and do with it, as with the Lytarge, and there wyll come also water out of it: Mire these two waters together, and they wyll be as whyte as mylke, and it is called lac virginis.

Water of salt alkali.

TAke salt Alkali, and yelkes of Egges, braye them with good Vinaigre, and do as is before sayde, of the water of Mercurye.

A water called aqua croci Martis.

MAke of the greene Galitsenstein stone into pouder: and fyll therewith a newe potte and steepe it well. Burne it euen in suche sorte as is, sayd afore of the Alome. When it is as redde as Vermilion it is inoughe.

Than put some good Vinaigre into a Limbecke and distill it in a Forneyse with a small fyer. Do thus thre tymes. Afterwardes put into it as muche as into the redde Galitsenstein stirringe them alwayes together with an yron three dayes longe. Put them agayne into a Limbecke, and fyll them as before. If the water bee not redde inoughe, put more of the sayde pouder vnto it, stirring it well together, and distillynge it as before, it wyll be verye good Crocus Martis to make Golde.

To calcyne Tartre.

Take

TAke Tartre of whyte wyne, washe it with whote water, and let it drye. Than fyll a pot of a quarte with the sayde Tartre, coueringe it well aboue, and set it in a Fornesse of calcination, and let it burne vntill there come out no maner of smoke. Than let it coole, and make it in pouder, and put it into another pot, luting it well with Lutum sapientiæ, than leaue it in a Fornesse of Calcination, wherein there is a good fyer, the space of three dayes or more, vntill the Tartre be as whyte as Salte, the whiche you shall keepe in some warme place.

To calcine egge shelles.

WAshe Egge shelles in lixiuio colatitio and let them drie: take awaye before or after the lytle skinne that is in them. Than put them in a greate pot vpon the fyer, and burne them to ashes stirringe them well. Than put them in a lytle pot, and doe as wyth the Tartre. When they bee burned as whyte as chaulke, they be calcined inough.

To calcine or burne Tutia.

REd Tutia or yellowe is the best: put the same into a meltynge pot, and set it vpon the fyer, and let it burne whote. Quenche it then in good Vinaigre. Doe so nine tymes, and than braye it small lyke vnto flower vpon a stone and keepe it.

A water called aqua lunaris.

TAke an hundred Henne egges, take out the yelke and beate the whyte, put it into a glasse, and stope it well aboue, & set it in Horse dung. xiiii. dayes, go to it euerye daye, and take the dung from aboute it with a sticke, leauinge it so a good houre that it maye haue the aire, than couer it agayne.

And

And whan it hath bene there a longe tyme, there wyll come out of it a water, the which you shal powre into another glasse and let it coole, & that which was congeled vpon the water cast awaye, and put into it some lyme of egges, that the water maye be aboue it foure fingers brode: mingle them together, and powre them in againe stoppynge it well, and set it againe in the horse dung, leauyng it so a long tyme as before, than take it oute, and put it in a meltynge pot, stirrynge it well, and set it vpon a whyte felte, and by the measure that it distilleth in, powre it againe vpon it, continuyng so vntill the water be cleare, cast out the lees and the water is good ad Lunam et Solem.

Aqua caustica.

TAke two pounde of the ashes of lees of wyne burned, a pounde of ashes of Walnut shelles burned, two pounde of the ashes of burned beane stalkes, a pounde of the ashes of the slippes or twigges of Vines: Mingle all these together, and powre water vpon them, and adde to it some quicke Lyme, for eche pounde of the saide substaunce, you muste haue two pounde of water, than let it seeth together one sethyng and let it stande and repose a day and a night, stirring it fire tymes a daye.

This done, powre that whiche is cleare into a caudron, & put to it an vnce of Arsnicke, an vnce of Reagall, an vnce of calcined Tartre, and a quarterne of Salt armoniacke, make all into pouder, and put it into water, and let it seeth vnto the halfe, let it coole agayne: and than put it in a Limbeck, and distil it as is sayde. And whan it wyll distill no more, let it coole, and open the limbecke, and powre it in agayne, and distill it thus fyue times, and kepe the water distilled. Mercurye is hardened and fired in the same water as we haue sayde in another place: keepe also the lees, for it is good for to harden Mercury as thus.

Take Mercurye, put it in a meltyng pot, and beate it, powre

powre the foresayde Lees into it, and mingle them together, and it wyll kyll the Mercury and make it hard and blacke, so that being colde againe, it is as hard as a stone, the which you may sublime.

A water callad aqua causeica.

TAke one parte of sal Alkali, one parte of common Alome, one part of alumen plumæ, one part of white Galitsenstein stone, one part of salt Armoniacke, two partes of common salte prepared, braye all these verye small and fyne vpon a grynostone, and weate them with Vinaigre, or verye whote water, and put them in a glasse, the which you shall digge and set in a dunghill, leavinge it there three weekes. All wyll be tourned into water, put the same water into a melting pot, & do as before you did wt the felte, distilling it thorowe the felt into another melting pot. Keepe it so in a glasse, for it is good to make siluer. The felt must be sharpe at the neither ende and broade aboue.

Aqua auri pigmenti.

TAke foure partes of orpiment, two partes of salt Armoniacke, one parte of calcined Egge shelles, and one part of common salt, braye these well vpon a marble stone, weate them with Vinaigre, and let them runne of from the stone into a glasse in a seller or set them vnder a dunghyll, vntill they be turned into water. Than distill it as you do aqua fortis. But in braying the orpiment, you muste stoppe your mouth and your nose, because of the smoke or fume of the water, which is hurtfull.

Water of common salte prepared.

TAke a pound of common salt, a quarterne of alome braye them vppon a Marble stone with Vinaigre, and let it runne from the stone as before is sayde, and

distill it thorowe a felte, and it is made.

Water of yelkes of Egges.

TAke yelkes of Egges sodden verye harde, stampe them and put them in a Limbecke, the first water whiche cõmeth out is whyte, the other redde and thicke: but whan it is colde, it is thinner and liquide. All that you rubbe with the same water, getteth alwayes a good colour of golde.

Oyle of Tartre.

TAke whyte Tartre calcined, braye it well vpon a Marble stone, and let it runne into a glasse, as is afore sayde of the salte Armoniack, and of the crocus martis. And whan all is runne into the glasse, passe it thorowe a felte so often vntyll it be cleare. And kepe it in a cleane glasse.

An oyle called oleum Laterinum or Petroleum.

TAke a newe tyle whereon there hath bene no maner of water, make it whote, and laye it in oyle of Walnuts, vntill it soke or drinke no more: Than make it into pouder, and put it in a Limbecke and distill it. And whan it wyll distill no more, caste it oute, and put in other, and do as before thre tymes, and you shall haue your oyle.

Oleum benedictum.

TAke oyle Olyue in steede of oyle of Walnuts, and doe as before.

Oyle of Brymstone.

Take

TAke a pounde of Brimstone well made in pouder, a pounde of oyle of Lyneseede: put them in a pot leaded, and boyle them together vntill there rise a redde frothe or skymme vpon them. Put Vinaigre into it, and the oyle wyll beginne to rise vp, and taking of the frothe or skimme, keepe it, and keepe the oyle neate and cleane. Than washe your Brymstone verye cleane, and powre some oyle of Walnuts vpon it, and let it seeth as before, and whan it wareth redde as before, powre againe some Vinaigre vpon it, and skym of the oyle, and kepe it with the first. Do this so longe vntill the Brymstone smoke no more, wheather it be set vpon whote coales or vpon a whote plate. Than washe it in whote water, & let it drie. Than put it into a thicke bagge, and bynde it so that the Brymstone maye spreade abrode in it. Put into a pot some quicke lyme foure fingers thicke, and lay the bagge with the Brymstone abroade vpon it: Than powre some good Vinaigre into it that it may be a handful high aboue the lyme, and let it seeth a whole daye. Than take the Brymstone oute of the bagge, and washe it well in whote water, powre out the water and let it drye, and it wyll be Sulphur purgatum & præparatum.

A note.

TAKE that whiche before you haue gathered together, and make a stronge Lie of it, with quycke Lyme and Ashes of wyne Lees burned, take twyse as muche of the same Lie, and seeth them together vntill they be as it were Sope. Put the skymme or frothe of the same into a glasse, whiche you shall set in a dunghill ten dayes. Than braye it, and put it in a Limbecke, and distill it as before is saide, and that whiche remaineth in the Limbecke is oleum fixum sulphuris, with this oyle you may fixe all thinges.

To purge Brymstone.

TAke commom Brimstone, stampe it verye small, and sift it: put it in a pot leaded with three feete, and powre into it some good Vinaigre, let it seeth slowly a daye and a night, skymme it with a wodden spone full of lytle holes lyke a skymmer. When the Vinaigre hath thus boyled with it a day and a night, put to it stale pisse that is well sodden and well skymmed and passed thorowe a felt. Let it so seeth with the pisse two dayes and two nightes, and skimme it as before, and passe it so often thorowe the felte vntill the water be cleare. Than let it drye in the Sunne, and it is purged.

To sublyme Brymstone.

TAke purged Brimstone, as I haue taught you before in the chapter of oyle of Brymstone, of the which you wyll: Take thereof a pounde of Brimstone calcined, as is saide in the chapter before, a poũd of offall of yron, yron brused small a quartene, braye them well and sifte them, than put them into a Lymbecke, whiche hath a hole aboue, the whiche you shall stoppe with a peece of yron plate, lute well with claye the sublimatorie that no breathe go oute, and set it in a Fornepse to sublime, makinge a litle fier vnderneth it, looke nowe and than vnder the peece of yron plate: the which whan it is no more moyste, stop the hole w lutum sapientiæ, and make the fier a litle greater, and leaue it so fire houres. Than take it of, and that whiche sticketh fast aboue vpon it, rubbe it of with an Hares foote. Stirre it againe with the lees that remaineth vnder, and set it in againe & sublime it as before. Doe thus three tymes, and allwayes rubbe of that, whiche you synde aboue vppon it, and keepe it, and braye the lees by it selfe, and do as before, vntyll they smoke no more vpon the fyer: Than caste them oute, and take one parte of this sublimed Brymstone, two partes

partes of commem salt prepared, braye them well together, and sublime them as before, laying first a plate vpon the hole. Hauinge done this fyue tymes, take of the Brymstone before sublimed, and braye it with twyse as muche common salte prepared. And sublime it so often that the Brymstone be as whyte as Snow and than there wilbe inough. Keepe it.

Oyle of Egges.

TAke Egge shelles stamped, hauinge the litle skyn within taken away, keepe them. Than take the yelks of Egges, and beate them wel in a pot, and set a glasse of them vnder a dung hill of whote horse dung the space of eyght dayes together. Than take it oute, and put the saide Egges into a Limbecke, and lute it well, and distill them thus three tymes, and there wyll come Oleum ouorum.

Oleum auri pigmenti.

TAke auri pigmentum, and bruse it small, and seeth it with oleum lunare in a litle pot leaded. And whan it is halfe consumed, put it in a Limbecke and distill it: Than take the Lees, and bray them vpon a Marble stone, and put them again into ỹ Limbeck, and powre againe vpon it the same oyle: do thus three tymes and keepe it, for it is good ad fixationem.

Oleum lunare.

TAke as muche of aqua lunaris described before, as you wyll, distill it in a Limbecke vntill it ware dry, and you shall haue your Oyle, wherewith you may fyre all kyndes, and harden also Mercury.

Oyle of Brymstone.

BRay Brymstone with Tartre in maner of pappe, put it in a glasse vpō a fier of quick coales. iii. daies than bray it again, and distill it in a Limbecke, and that is called oleum sulphuris.

To sublyme Mercurye.

TAke a pounde of Mercury, a quarterne of salt armoniacke, powre vpon it good vinaigre, that the maye be liquide: mingle them together, and let them so stande vntill the nexte morow. Bray them wel vpō a Marble stone, for all must be brought into pouder before you put the vinaigre to them. When you haue thus braied them that the Mercury appeareth no more, let it drie, and braye it well so drie without vinaigre, Than put it in a Limbeck, and sublime it in a fourme of sublimation, as before is sayde of the ỹ Brymstone: bynde fast the felte about the Limbecke that nothinge breathe out. The first .ii. houres you shal make a smale fier vnder it, vntill the moysture come out above, whiche you shal know by the vapour that is vpō the peece of plate: than stoppe the hole, and make a greater fyer vnder it two houres long: than encrease the fyer foure houres longe: than let it coole by litle and litle, and than open it and you shal fynde the Mercury as whyte as a Lylly above, and that which sticketh on the syde, and lyeth vppon the lees, rubbe it of with a feather, and braye it with the lees and stronge vinaigre as before, let it drie and sublime it as before. This doe so long vntill the lees smoke no more vpon the coales. Than take the Mercury sublimed, and twyse as much common salte prepared, mingle them together, and sublime them in a Limbecke as before. Do this three times. Sublime the lees as is sayde vntill they smoke no more vpon the coales, than cast them away. And yf the Mercury be not as whyte as Snowe, take other common Salte prepared, and sublyme it againe, vntyll it be whyte inough.

FINIS.

A necessary Table conteynyng the summaries of all the receyptes, and medicines, treated of in this present volume.

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To take spots of grease or oyle out of all sorts of cloth or other things. idem
Another. idem
To take spots of wyne out of all maner of cloth. idem
To take all maner of spots out of silke. idem
To take all spots out of crymsen veluet. fol.59
A water take all spots out of gold & veluet. idem
To make a Sope that taketh out all spots. idem
To take spots of blacke incke or other things. &c. idem
To take spots out of scarlet or veluet of colours wōut hurting any thing at al the colour. idem
To take spots of oyle frō parchment or white paper. 60
To die threde, yarne or linen cloth into a. &c. idem
To die threde or linnen cloth blew. idem
A blewe colour to dye all thinges. idem
Another way to dye blewe. idem
To dye redde. fol.61
Another waye. idem
To make fayre roset. idem
To die wodde, bones and horne into greene. idem
Another greene. idem
To die, horne, bone, and wodde into redde. idem
To dye yellowe. fol.62
To die blacke. idem
To make horne softe. idem
To mollifie or soften horne so that you shall imprynte or make any figures in it. idem
Another waye. idem
To cast hornes in a molde lyke leade. idem
To make cleare stones of amber. idem
Another. fol.63
To polish & to glue a glosse vnto precious stones. idem
To make a stone that shal glue fier and burne of it self if you weate it with your finger. idem
To mollifie or soften Christall and precious stones so

that you maye cut them lyke cheese, and that beyng put in a mould they shalbe harde againe. idem
To counterfeyt pratties which shalbe verye faire, and as they were naturall and trewe. idem
To prepare Mercury, & so to harden it, that you maye make it liquide and worke it. fol. 64.
A substance made of paper or other things, to expresse or set out any maner of figure ỳ you wil vpõ. &c. idem
How to bray gold for to gilt with. fol. 65
To gylt copper. idem
To gilt yron. idem
To take of the gold from siluer that is gilt, so that the siluer shal remaine whole and sound. idem
To seperat siluer frõ copper, be it money or. &c. idem
A pouder which being layng vpon any thing siluered wil take of the siluer from it. idem
To conuert and turne copper into brasse. fol. 66
To melt al metall perfitly. idem
For to giue a colour of gold vpon copper. idem
To make verdet or spanishe greene. idem
To make a whyte colour of lead. idem
To make Lutum sapientie. fol. 67
To lute or dawbe pottes with a linnen cloth that wil not burne. idem
To soder glasses. idem
Another lutum sapientie. idem
To seperat golde from siluer. fol. 68
Another waye. idem
To seperat gold or siluer wout fier or aqua fortis. idẽ
To seperat golde from siluer wt a pouder. idem
To make golde softer. idem
Another waye. fol. 69
To make golde and siluer softer. idem
To soften all metalls, and other thinges that are not soft, so that thei shalbe soft & gentle to be wrought vpon or forged. idem
An oyle that maketh all metalles soft. idem
To seperat golde from copper. idem
Another way. idem

A pouder